

EMPLOYEE ASSISTANCE PROGRAM

Life can be full of challenges. That's why Kimball International has an **Employee Assistance Program available to help you and your family when you need it most**. The ComPsych EAP program is free and offers a wide range of support services and resources.

EAP SERVICES:



CONFIDENTIAL COUNSELING

- Anxiety, depression, stress
- Grief, loss, life adjustments
- Relationship/marital conflicts



WORK AND LIFESTYLE SUPPORT

- Child, elder, and pet care
- Moving and relocation
- Shelters, government assistance



LEGAL GUIDANCE

- Divorce, adoption, family law
- Wills, trusts, estate planning
- Free consultation and discounted local representation



FINANCIAL RESOURCES

- Financial planning, retirement, taxes
- Relocation, mortgages, insurance
- Budgeting, debt, bankruptcy



DIGITAL TOOLS AND SUPPORT

- Immediate connection to counseling, work-life support, and more
- Personalized guided behavioral health and well-being programs
- Interactive articles, videos, on-demand trainings, digital self-care tools
- Accessible resources for anxiety, stress, mindfulness, sleep, and more

CONFIDENTIAL 24/7 SUPPORT, WHEN AND WHERE YOU NEED IT.

- Call 866-899-1367 to speak to a highly trained, caring professional.
- Go to guidanceresources.com and enter your company ID: MAP4HNI
- Assistance is always confidential. View the privacy notice at guidanceresources.com/privacy

SCAN THE QR CODE FOR MORE RESOURCES:

