

Work Attire Guidelines



Hair restraints Wear a clean hat or other hair restraint when in a food prep area. Do **NOT** wear hair accessories that could become physical contaminants. Hair accessories should be limited to items that keep hands out of hair, and hair out of food. False eyelashes can become physical contaminants and should **NOT** be worn. Food handlers with facial hair should also wear a beard restraint.



Clean clothing Wear clean clothing daily. If possible, change into work clothes at work. Store street clothing and personal belongings in designated areas. Dirty clothing that is stored in the operation must be kept away from food and prep areas. You can do this by placing them in nonabsorbent containers or washable laundry bags. This includes dirty aprons, chef coats, and other uniforms.



Aprons Remove aprons when leaving prep areas. For example, aprons should be removed and stored before taking out garbage or using the restroom.

NEVER wipe your hands on your apron.



Jewelry Remove jewelry from hands and arms before prepping food or when working around prep areas. Food handlers cannot wear any of the following.

- Rings, except for a plain band
- Bracelets, including medical bracelets
- Watches

Your company may also require you to remove other types of jewelry. This may include earrings, necklaces, and facial jewelry. These items can fall off and become a physical contaminant. Ornate jewelry can be difficult to clean and can hold pathogens. Servers may wear jewelry if allowed by company policy.

Check your local regulatory requirements.