



14 - 15 Feb 2026
Fujairah - UAE

Agenda

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Welcome Message

We are delighted to extend a warm and heartfelt welcome to every one of you as we gather for the **9th year of Big Sky Cardiology Update Conference 2026**. This milestone marks another year of dedicated commitment to advancing the field of cardiology and cardiovascular medicine.

Over the past eight years, our conference has evolved into a platform for innovation, collaboration, and knowledge sharing. It is thanks to the unwavering support and enthusiasm of our participants, speakers, sponsors, and organizers that this event continues to thrive.

This year's conference promises to be exceptional, with a diverse array of expert speakers, engaging sessions, and opportunities for networking. We are proud to host an event that brings together leading minds in cardiology, fostering an environment for the exchange of cutting-edge research, clinical insights, and best practices.

As we gather here, let us remember the importance of our work – improving the health and well-being of countless individuals around the world. The dedication and passion of the cardiology community play a pivotal role in saving lives and enhancing the quality of life for so many.

We encourage you to take full advantage of this unique opportunity to connect, learn, and grow. Ask questions, share your experiences, and, most importantly, forge new friendships and collaborations that will drive our field forward.

Thank you for being a part of this incredible journey. We look forward to the valuable contributions and discussions that will undoubtedly shape the future of cardiology.

Welcome to the **9th Big Sky Cardiology Update Conference 2026**. Let's embark on this exciting two-day journey together!



Anwar AL-Zaabi

Conference Co-Chairman
Consultant Cardiologist
Chief Executive Officer
Sheikh Khalifa Hospital Fujairah
UAE



Hani Sabbour

Conference Co-Chairman
Consultant Cardiologist/Cardiac
Electrophysiology
Mediclinic Airport Road Hospital
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Scientific Program

Plenary Hall, Saturday 14th February 2026

Dahlia Ballroom

TIME		Topic
7:30 AM	8:30 AM	Registration
8:30 AM	9:40 AM	Session 1: Ischemic Heart Diseases, Meet the Experts
		Moderators: Tarik Salim, Abdul Nasser Oudeh, Bassam Al Baba
8:30 AM	8:45 AM	Challenges in Antiplatelets therapy in Acute coronary syndrome: Top tips for choosing wisely Tarik Salim
8:45 AM	9:00 AM	DCB: No Metal, No problem Thair Khuziem
9:00 AM	9:15 AM	Intracoronary imaging: Fancy pictures or Favourable outcome? Zaidoun Hajali
9:15 AM	9:30 AM	Cronary Bypass Surgery of the Future Ajit Asok
9:30 AM	9:40 AM	Panel Discussion
9:40 AM	10:00 AM	Keynote Lecture 1: Raising the challenge Cardio – Metabolic diseases in 21 st Century: How to translate the benefits of CVOT into better patient care. From focusing on lab values to preventing end organ damage Moderators: Baha Zayed, Thair Khuziem Speaker: Stephan Jacob
10:00 AM	10:20 AM	Industry Symposium 1 - Boston: 15+ years of reliability and longevity Speaker: Hani Sabbour
10:20 AM	10:25 AM	Opening Remarks
10:25 AM	10:40 AM	Coffee Break
10:40 AM	11:50 AM	Session 2 : Latest ESC AND ACC Guidelines
		Moderators: Juwairia Alali, Mohamed Salah
10:40 AM	10:55 AM	2025 ESC Guidelines for management of dyslipidemia Alberto Zambon
10:55 AM	11:10 AM	2025 ESC/EACTS Guidelines for the management of valvular heart disease Abdul Nasser Oudeh
11:10 AM	11:25 AM	2025 ESC Guidelines for the management of cardiovascular disease and pregnancy Dima Quraini
11:25 AM	11:40 AM	2025 ESC Guidelines for the management of myocarditis and pericarditis Amrish Agrawal
11:40 AM	11:50 AM	Panel Discussion
11:50 AM	12:15 PM	Industry Symposium 2 - Pfizer: The path to optimal outcomes in Cardiac Amyloidosis Speaker: Hani Sabbour
12:15 PM	1:25 PM	Session 3: Arrhythmia Session
		Moderators: Moutaz El Kadri, Salim El Kabi
12:15 PM	12:30 PM	Modern trends and advances in AF ablation Moutaz El Kadri
12:30 PM	12:45 PM	S-ICD for young patients Marta Acena Ramos
12:45 PM	1:00 PM	Pulsed Field Ablation: Cutting edge AF therapy. Transformative Cases Omar Alfalasi
1:00 PM	1:15 PM	Conduction System Pacing Mohamed Magdy
1:15 PM	1:30 PM	From Mapping to Ablation: Inside the VARIPULSE AF Workflow Khaled Awad
1:30 PM	1:40 PM	Panel Discussion

Scientific Program

Plenary Hall, Saturday 14th February 2026

Dahlia Ballroom

TIME		Topic
1:40 PM	2:40 PM	Lunch Industry Symposium 3 - Clearly Health Seeing More of What Matters: AI-QCT for End-to-End CAD Diagnosis, Prognosis & PCI Planning Speaker: Ahmed Abuzaid, Mohammad Al-Akchar
2:40 PM	3:00 PM	Keynote Lecture 2: Diabetes and Ramadan Moderators: Aseilah Al Qaydi, Walid Saleh Speaker: Mohamed Hassanin
3:00 PM	4:10 PM	Session 4: Joint Session with Hypertension International Societies Moderators: Abdulla Shehab, Anwar Al Zaabi, Gianfranco Parati
3:00 PM	3:15 PM	Hypertension – European vs American Guidelines on BP: Evaluation and Levels But Are We Properly Identifying and Following the Affected? Abdulla Shehab
3:15 PM	3:30 PM	Management of hypertensive patient with CARDIO-METABOLIC co morbidities: Which drug to select and which to avoid : Case Based Approach Bader Almustafa
3:30 PM	3:45 PM	Impact of obstructive sleep apnea on hypertension and cardiovascular disease Gianfranco Parati
3:45 PM	4:00 PM	Resistant Hypertension Mohammad Sherif
4:00 PM	4:10 PM	Panel Discussion
4:10 PM	4:30 PM	Harm Reduction in CVD and Healthcare Speaker: David Khayat
4:30 PM	4:50 PM	Keynote Lecture 3: Cardio-oncology: Latest Advances. Cardio -oncology Rapid fire Case Moderator: Abdul Rahman El Kinge Speaker: Anwar Al Zaabi
4:50 PM	5:10 PM	Industry Symposium 5 - Sanofi: Protection Beyond FLU Speaker: Abdulla Shehab
5:10 PM	5:25 PM	Coffee Break
5:25 PM	5:45 PM	Industry Symposium 6 - Boehringer Ingelheim: Role of SGLT2-I in management of Cardio Renal Metabolic patient Speaker: Walid Saleh
5:45 PM	6:40 PM	Session 5: Eagle's Eye View Session 1 Moderators: Gamal Hewidi, Wahid Farid, Mohamed Ibrahim
5:45 PM	6:00 PM	Genetics and Cardio Vascular Disease Ghadeera Almansoori
6:00 PM	6:15 PM	VA ECMO as a Lifesaving Therapy Vivek Kakar
6:15 PM	6:25 PM	Prevention of Cardio Vascular Disease in 2026 Sherif Bakir
6:25 PM	6:35 PM	Management of multivessel Coronary artery Diseases in Acute coronary syndrome : implications from latest guidelines Amr El Faramawy
6:35 PM	6:40 PM	Panel Discussion

Scientific Program

Plenary Hall, Sunday 15th February 2026

Dahlia Ballroom

TIME		Topic	
7:30 AM	8:30 AM	Registration	
8:30 AM	9:00 AM	Keynote Lecture 4 (International Atherosclerosis Society): Big Advances in Lipo Protein (a) and bempedoic acid therapies - trigly cerid trouble: addressing another lipid risk Moderator: Mohamed Salah Speaker: Dirk Blom	
9:00 AM	9:55 AM	Session 6: Advanced Heart Failure Moderator: Safaa Al Mohdar, Zaidoun Hajali	
9:00 AM	9:15 AM	State of Art Recognizing Advanced Heart Failure: The right timing and the right patients to refer Nadya Almatrooshi	
9:15 AM	9:30 AM	Evolving Pharmacology for HFREF HFMREF VS HFPEF Phenotypes Mohamed ElHarari	
9:30 AM	9:45 AM	Optimizing Cardiovascular Health in Cancer Survivors Hadi Skouri	
9:45 AM	9:55 AM	Panel Discussion	
9:55 AM	10:15 AM	Industry Symposium 7 - Amgen: Lowest Is Best: Intensive LDL-C Reduction and Cardiovascular Outcomes Speaker: Alberto Zambon	
10:15 AM	10:30 AM	Coffee Break	
10:30 AM	11:40 AM	Session 7: Cardio Metabolic Innovation Moderators: Ramadan Arafa, Dawlet Hussain, Amrish Agrawal	
10:30 AM	10:45 AM	CV-kidney-metabolic axis may improve outcomes in patients with T2D and CKD by addressing interconnected metabolic, kidney, and CV risks Muhammed Al Rohani	
10:45 AM	11:00 AM	Technology in the management of diabetes: Adressing its role in comorbidities Khadija Hafidh	
11:00 AM	11:15 AM	The Future of cardiometabolic care: From research to practice P C Manoria (Virtual)	
11:15 AM	11:30 AM	Tackling the obesity tsunami, Lessons from SGLT2i and GGLP-1 RA trials Alaaeldin Bashier	
11:30 AM	11:40 AM	Panel Discussion	
11:40 AM	11:55 AM	Industry Symposium 8 - Novartis: Entresto in Hypertension the sooner the better Speaker: Hani Sabour	
11:55 AM	1:05 PM	Session 8: Eagle's Eye View Session 2 Moderators: Thair Khuziem, Waleed Kadro, Anass Qasem	
11:55 AM	12:10 PM	Structure Heart Disease in 2026: Where We Stand Waleed Kadro	
12:10 PM	12:25 PM	Reframing Cardiometabolic Care: How Correcting Misconceptions Improves Outcomes Mahmoud Korashy	
12:25 PM	12:40 PM	Sympathetic Over Drive in Hypertension: Conquer your Heart Mohamed Salah	
12:40 PM	12:55 PM	Aortic Valve Anatomy and Its Imaging Implications: Insights from 4D TEE Shady Hamouda	
12:55 PM	1:05 PM	Panel Discussion	

Scientific Program
Plenary Hall, Sunday 15th February 2026

Dahlia Ballroom

TIME		Topic	
1:05 PM	2:00 PM	Lunch Symposium	
1:05 PM	1:20 PM	Industry Symposium 9 - Novartis: Redefining Dyslipidaemia Management: For Achieving Targets to Long-Term LDL-C Control is related to Hypertension? Speaker: Mohamed Salah	
1:20 PM	1:40 PM	Industry Symposium 10 - Newbridge: Evolving Standards of Care in ATTR Amyloidosis: RNAi in ATTR -CM Speaker: Hani Sabbour	
1:40 PM	2:00 PM	Industry Symposium 14 Viatris: Role of SGLT 1/2 in acute heart failure management Speaker: Amrish Agarwal	
2:00 PM	3:10 PM	Session 9: Role of Cardiac Imaging in Everyday Practice Moderators: Safaa Al Mohdar, Firas Al Badarin	
2:00 PM	2:15 PM	Imaging in phenotyping patient with HFpEF Firas Al Badarin	
2:15 PM	2:30 PM	Imaging Modalities for Assessment of Structural Heart Disease Krasimira Hristova	
2:30 PM	2:45 PM	Human vs AI imaging in 2030- Who wins the Heart? Walid El Tahlawy	
2:45 PM	3:00 PM	Imaging in predicting cardiovascular risk Ahmad Takideen	
3:00 PM	3:10 PM	Panel Discussion	
3:10 PM	3:30 PM	Industry Symposium 12 - AstraZeneca: Mixed Phenotypes: When the Findings Tells More Than One Story Speaker: Hani Sabbour	
3:30 PM	4:25 PM	Session 10: Preventive sessions Moderators: Umaira Aziz, Tamer Taha	
3:30 PM	3:45 PM	Targeting Inflammatory Risk: Fighting 'Fire' With New Formulations Hosam Zaky	
3:45 PM	4:00 PM	Cardio Myopathy: classification and latest trend in management Monthir Alfeatlawi	
4:00 PM	4:15 PM	Prevalence of HTN Among Type 2 DM Patients in Northern Emirates Sojoud Alsheraifi	
4:15 PM	4:25 PM	Panel Discussion	
4:25 PM	4:45 PM	Industry Symposium 13 - MPC: Innovative Approach In Stroke Management With DOAC Speaker: Mohamed Salah	
4:45 PM	5:00 PM	Coffee Break	
5:00 PM	5:20 PM	Industry Symposium 11 - Servier: Targeting the Endothelium: Optimizing Hypertension Management Speaker: Hussain Heshmat	
5:20 PM	6:10 PM	Session 11: Emerging Session Moderators: Amr El Faramawy, Ashraf Mostagir	
5:20 PM	5:30 PM	Novel Antisobesity Drug: Paradigm Shift for Disease Prevention Aisha Baloch	
5:30 PM	5:40 PM	MINOCA-INOCA: How to diagnose? What to do? Adnan Mostafa	
5:40 PM	5:50 PM	Critical Care Management of Cardiac Patient Mohamed Badr	
5:50 PM	6:00 PM	Pregnancy: a window in the future of cardiovascular risk Fatma Sulieman	
6:00 PM	6:10 PM	Panel Discussion	
6:10 PM	6:20 PM	Conference Wrapping	

Scientific Program

Hayl Meeting Room, Saturday 14th February 2026

From	To	Topic
10:30 AM	12:00 PM	Workshop 1: Heart-Healthy Lifestyle Change: Assessment, Readiness, and Practical Implementation Lifestyle counselling, exercise guidance, patient readiness assessment, and behaviour-change strategies <ul style="list-style-type: none"> • Patient Assessment • Risk Profile • Current Lifestyle Habits • Readiness Assessment • Behavioural Changes Strategies • Case-based Discussion
		Faculty: Bader Al Mustafa, Nada Al Faraj
3:30 PM	5:00 PM	Workshop 2: Echocardiography Workshop - 3D TOE Simulator Workshops: Hands On Mitral Valve (30 minutes) Presentation (3-4 slides 10 min) <ul style="list-style-type: none"> • Mitral valve anatomy • Leaflets & scallops • Basic function Practical / Simulator (20 min) <ul style="list-style-type: none"> • Echo views: PLAX, PSAX, Apical 4-chamber • 3D simulator: • En-face mitral valve view • Leaflet motion & scallop identification Aortic & Pulmonary Valves (30 minutes) Presentation (3-4 slides 10 min) <ul style="list-style-type: none"> • Aortic valve anatomy (3 cusps) • Opening/closing mechanics Simulator (10 min) <ul style="list-style-type: none"> • PLAX, PSAX (Mercedes sign), Apical 5-chamber • 3D en-face aortic valve view • Pulmonary Valve (Quick Demo 10 min) • Brief anatomy • PSAX (RVOT) view • How to analyse valve motion on simulator Tricuspid Valve & Integration (30 minutes) Presentation (3-4 slides 10 min) <ul style="list-style-type: none"> • Tricuspid valve anatomy • Difference from mitral valve Simulator (15 min) <ul style="list-style-type: none"> • Apical 4-chamber (RV focus) • Subcostal view • 3D valve motion Wrap-Up (5 min) <ul style="list-style-type: none"> • Compare all four valves • Key echo views recap
		Faculty: Krasimira Hristova, Shady Hamouda

Hayl Meeting Room, Sunday 15th February 2026

From	To	Topic
10:30 AM	12:00 PM	Workshop 3: Hands-On Blood Pressure Measurement and Clinical Application Workshop Techniques, accurate measurement, interpretation, and practical use in clinical practice: <ul style="list-style-type: none"> • Pre-Test • Blood Pressure Measurement Devices • Cuff Selection and Application • Patient Preparation and Measurement • Pitfalls in Blood Pressure Measurement • Blood Pressure Measurement Recommendation • Post-Test
		Faculty: Bader Al Mustafa, Ammar Abu Zuheira



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