



14 - 15 Feb 2026  
Fujairah - UAE

# Agenda

STRATEGIC PARTNER



EHS | Emirates Health Services



INTERNATIONAL  
ATHEROSCLEROSIS  
SOCIETY

ENDORSED BY



World  
Hypertension  
League



# Welcome Message

We are delighted to extend a warm and heartfelt welcome to every one of you as we gather for the **9th year of Big Sky Cardiology Update Conference 2026**. This milestone marks another year of dedicated commitment to advancing the field of cardiology and cardiovascular medicine.

Over the past eight years, our conference has evolved into a platform for innovation, collaboration, and knowledge sharing. It is thanks to the unwavering support and enthusiasm of our participants, speakers, sponsors, and organizers that this event continues to thrive.

This year's conference promises to be exceptional, with a diverse array of expert speakers, engaging sessions, and opportunities for networking. We are proud to host an event that brings together leading minds in cardiology, fostering an environment for the exchange of cutting-edge research, clinical insights, and best practices.

As we gather here, let us remember the importance of our work – improving the health and well-being of countless individuals around the world. The dedication and passion of the cardiology community play a pivotal role in saving lives and enhancing the quality of life for so many.

We encourage you to take full advantage of this unique opportunity to connect, learn, and grow. Ask questions, share your experiences, and, most importantly, forge new friendships and collaborations that will drive our field forward.

Thank you for being a part of this incredible journey. We look forward to the valuable contributions and discussions that will undoubtedly shape the future of cardiology.

Welcome to the **9th Big Sky Cardiology Update Conference 2026**. Let's embark on this exciting two-day journey together!



**Anwar AL-Zaabi**

Conference Co-Chairman  
Consultant Cardiologist  
Chief Executive Officer  
Sheikh Khalifa Hospital Fujairah  
UAE



**Hani Sabbour**

Conference Co-Chairman  
Consultant Cardiologist/Cardiac  
Electrophysiology  
Mediclinic Airport Road Hospital  
UAE

## Scientific Program

**Plenary Hall, Saturday 14<sup>th</sup> February 2026**

**Dahlia Ballroom**

TIME		Topic	
7:30 AM	8:30 AM	Registration	
8:30 AM	9:40 AM	<b>Session 1: Ischemic Heart Diseases, Meet the Experts</b>	
		Moderators: Tarik Salim, Abdul Nasser Oudeh, Bassam Al Baba	
8:30 AM	8:45 AM	Challenges in Antiplatelets therapy in Acute coronary syndrome: Top tips for choosing wisely Tarik Salim	
8:45 AM	9:00 AM	DCB: No Metal, No problem Thair Khuziem	
9:00 AM	9:15 AM	Intracoronary imaging: Fancy pictures or Favourable outcome? Zaidoun Hajali	
9:15 AM	9:30 AM	Coronary Bypass Surgery of the Future Ajit Asok	
9:30 AM	9:40 AM	<b>Panel Discussion</b>	
9:40 AM	10:00 AM	Keynote Lecture 1: Raising the challenge Cardio – Metabolic diseases in 21 <sup>st</sup> Century: How to translate the benefits of CVOT into better patient care. From focusing on lab values to preventing end organ damage Moderators: Baha Zayed, Thair Khuziem Speaker: Stephan Jacob	
10:00 AM	10:20 AM	Industry Symposium 1 - Boston: 15+ years of reliability and longevity Speaker: Hani Sabbour	
10:20 AM	10:25 AM	<b>Opening Remarks</b>	
10:25 AM	10:40 AM	<b>Coffee Break</b>	
10:40 AM	11:50 AM	<b>Session 2 : Latest ESC AND ACC Guidelines</b>	
		Moderators: Juwairia Alali, Mohamed Salah	
10:40 AM	10:55 AM	2025 ESC Guidelines for management of dyslipidemia Alberto Zambon	
10:55 AM	11:10 AM	2025 ESC/EACTS Guidelines for the management of valvular heart disease Abdul Nasser Oudeh	
11:10 AM	11:25 AM	2025 ESC Guidelines for the management of cardiovascular disease and pregnancy Dima Quraini	
11:25 AM	11:40 AM	2025 ESC Guidelines for the management of myocarditis and pericarditis Amrishi Agrawal	
11:40 AM	11:50 AM	<b>Panel Discussion</b>	
11:50 AM	12:15 PM	Industry Symposium 2 - Pfizer: The path to optimal outcomes in Cardiac Amyloidosis Speaker: Hani Sabbour	
12:15 PM	1:10 PM	<b>Session 3: Arrhythmia Session</b>	
		Moderators: Salem AlKaabi	
12:15 PM	12:30 PM	S-ICD for young patients Marta Acena Ramos	
12:30 PM	12:45 PM	Pulsed Field Ablation: Cutting edge AF therapy. Transformative Cases Omar Alfares	
12:45 PM	1:00 PM	Conduction System Pacing Mohamed Magdy	
1:00 PM	1:10 PM	<b>Panel Discussion</b>	

## Scientific Program

**Plenary Hall, Saturday 14<sup>th</sup> February 2026**

**Dahlia Ballroom**

TIME		Topic
1:10 PM	2:10 PM	<b>Lunch Industry Symposium 3 - Clearly Health Seeing More of What Matters: AI-QCT for End-to-End CAD Diagnosis, Prognosis &amp; PCI Planning</b> <b>Speaker: Ahmed Abuzaid, Mohammad Al-Akchar</b>
2:10 PM	2:30 PM	<b>Keynote Lecture 2: Diabetes and Ramadan</b> <b>Moderators: Aseilah Al Qaydi, Walid Saleh</b> <b>Speaker: Mohamed Hassanin</b>
2:30 PM	3:40 PM	<b>Session 4: Joint Session with Hypertension International Societies</b> <b>Moderators: Abdulla Shehab, Anwar Al Zaabi, Gianfranco Parati</b>
2:30 PM	2:45 PM	<b>Hypertension – European vs American Guidelines on BP: Evaluation and Levels But Are We Properly Identifying and Following the Affected?</b> <b>Abdulla Shehab</b>
2:45 PM	3:00 PM	<b>Management of hypertensive patient with CARDIO-METABOLIC co morbidities: Which drug to select and which to avoid : Case Based Approach</b> <b>Bader Almustafa</b>
3:00 PM	3:15 PM	<b>Impact of obstructive sleep apnea on hypertension and cardiovascular disease</b> <b>Gianfranco Parati</b>
3:15 PM	3:30 PM	<b>Resistant Hypertension</b> <b>Mohammad Sherif</b>
3:30 PM	3:40 PM	<b>Panel Discussion</b>
3:40 PM	4:00 PM	<b>Healths Myths and Misinformation: Barrier to Harm Reduction</b> <b>Speaker: David Khayat</b>
4:00 PM	4:20 PM	<b>Keynote Lecture 3: Cardio-oncology: Latest Advances. Cardio -oncolgy Rapid fire Case</b> <b>Moderator: Abdul Rahman El Kinge</b> <b>Speaker: Anwar Al Zaabi</b>
4:20 PM	4:40 PM	<b>Industry Symposium 4 - Sanofi: Protection Beyond FLU</b> <b>Speaker: Abdulla Shehab</b>
4:40 PM	4:55 PM	<b>Coffee Break</b>
4:55 PM	5:15 PM	<b>Industry Symposium 5 - Boehringer Ingelheim: Role of SGL2-I in management of Cardio Renal Metabolic patient</b> <b>Speaker: Walid Saleh</b>
5:15 PM	6:10 PM	<b>Session 5: Eagle's Eye View Session 1</b> <b>Moderators: Gamal Hewidi, Wahid Farid, Mohamed Ibrahim</b>
5:15 PM	5:30 PM	<b>Genetics and Cardio Vascular Disease</b> <b>Ghadeera Almansoori</b>
5:30 PM	5:45 PM	<b>VA ECMO as a Lifesaving Therapy</b> <b>Vivek Kakar</b>
5:45 PM	5:55 PM	<b>Prevention of Cardio Vascular Disease in 2026</b> <b>Sherif Bakir</b>
5:55 PM	6:05 PM	<b>Management of multivessel Coronary artery Diseases in Acute coronary syndrome : implications from latest guidelines</b> <b>Amr El Faramawy</b>
6:05 PM	6:10 PM	<b>Panel Discussion</b>

## Scientific Program

**Plenary Hall, Sunday 15<sup>th</sup> February 2026**

**Dahlia Ballroom**

TIME		Topic	
7:30 AM	8:30 AM	<b>Registration</b>	
8:30 AM	9:00 AM	<b>Keynote Lecture 4 (International Atherosclerosis Society): Big Advances in Lipoprotein (a) and bempedoic acid therapies - triglyceride trouble: addressing another lipid risk</b> Moderator: Mohamed Salah Speaker: Dirk Blom	
9:00 AM	9:55 AM	<b>Session 6: Advanced Heart Failure</b>	
		<b>Moderator: Safaa Al Mohdar, Zaidoun Hajali</b>	
9:00 AM	9:15 AM	<b>State of Art Recognizing Advanced Heart Failure: The right timing and the right patients to refer</b> Nadya Almatrooshi	
9:15 AM	9:30 AM	<b>Evolving Pharmacology for HFREF HFMREF VS HFPEF Phenotypes</b> Mohamed ElHarari	
9:30 AM	9:45 AM	<b>Optimizing Cardiovascular Health in Cancer Survivors</b> Hadi Skouri	
9:45 AM	9:55 AM	<b>Panel Discussion</b>	
9:55 AM	10:15 AM	<b>Industry Symposium 6 - Amgen: Lowest Is Best: Intensive LDL-C Reduction and Cardiovascular Outcomes</b> Speaker: Alberto Zambon	
10:15 AM	10:30 AM	<b>Coffee Break</b>	
10:30 AM	11:40 AM	<b>Session 7: Cardio Metabolic Innovation</b>	
		<b>Moderators: Ramadan Arafa, Dawlet Hussain, Amrish Agrawal</b>	
10:30 AM	10:45 AM	<b>CV-kidney-metabolic axis may improve outcomes in patients with T2D and CKD by addressing interconnected metabolic, kidney, and CV risks</b> Muhammed Al Rohani	
10:45 AM	11:00 AM	<b>Technology in the management of diabetes: Addressing its role in comorbidities</b> Khadija Hafidh	
11:00 AM	11:15 AM	<b>The Future of cardiometabolic care: From research to practice</b> P C Manoria (Virtual)	
11:15 AM	11:30 AM	<b>Tackling the obesity tsunami, Lessons from SGLT2i and GGLP-1 RA trials</b> Alaaeldin Bashier	
11:30 AM	11:40 AM	<b>Panel Discussion</b>	
11:40 AM	11:55 AM	<b>Industry Symposium 7 - Novartis: Entresto in Hypertension the sooner the better</b> Speaker: Hani Sabour	
11:55 AM	1:05 PM	<b>Session 8: Eagle's Eye View Session 2</b>	
		<b>Moderators: Thair Khuziem, Waleed Kadro, Anass Qasem</b>	
11:55 AM	12:10 PM	<b>Structure Heart Disease in 2026: Where We Stand</b> Waleed Kadro	
12:10 PM	12:25 PM	<b>Reframing Cardiometabolic Care: How Correcting Misconceptions Improves Outcomes</b> Mahmoud Korashy	
12:25 PM	12:40 PM	<b>Sympathetic Over Drive in Hypertension: Conquer your Heart</b> Mohamed Salah	
12:40 PM	12:55 PM	<b>Aortic Valve Anatomy and Its Imaging Implications: Insights from 4D TEE</b> Shady Hamouda	
12:55 PM	1:05 PM	<b>Panel Discussion</b>	

**Scientific Program**  
**Plenary Hall, Sunday 15<sup>th</sup> February 2026**

**Dahlia Ballroom**

TIME		Topic
1:05 PM		Lunch Symposium
1:05 PM	1:20 PM	Industry Symposium 8 - Novartis: Redefining Dyslipidaemia Management: For Achieving Targets to Long-Term LDL-C Control is related to Hypertension? Speaker: Mohamed Salah
1:20 PM	1:40 PM	Industry Symposium 9 - Newbridge: Evolving Standards of Care in ATTR Amyloidosis: RNAi in ATTR -CM Speaker: Hani Sabbour
1:40 PM	2:00 PM	Industry Symposium 10 Viatris: Role of SGLT 1/2 in acute heart failure management Speaker: Amrish Agarwal
2:00 PM	3:10 PM	Session 9: Role of Cardiac Imaging in Everyday Practice
		Moderators: Safaa Al Mohdar, Firas Al Badarin
2:00 PM	2:15 PM	Imaging in phenotyping patient with HFpEF Firas Al Badarin
2:15 PM	2:30 PM	Imaging Modalities for Assessment of Structural Heart Disease Krasimira Hristova
2:30 PM	2:45 PM	Human vs AI imaging in 2030- Who wins the Heart? Walid El Tahlawy
2:45 PM	3:00 PM	Imaging in predicting cardiovascular risk Ahmad Takideen
3:00 PM	3:10 PM	Panel Discussion
3:10 PM	3:30 PM	Industry Symposium 11 - AstraZeneca: Mixed Phenotypes: When the Findings Tells More Than One Story Speaker: Hani Sabbour
3:30 PM	3:50 PM	Industry Symposium 12 - Servier: Targeting the Endothelium: Optimizing Hypertension Management Speaker: Hussien Hishmat
3:50 PM	4:45 PM	Session 10: Preventive sessions
		Moderators: Umaira Aziz, Tamer Taha
3:50 PM	4:05 PM	Targeting Inflammatory Risk: Fighting 'Fire' With New Formulations Hosam Zaky
4:05 PM	4:20 PM	Cardio Myopathy: classification and latest trend in management Monthir Alftetawi
4:20 PM	4:35 PM	Prevalence of HTN Among Type 2 DM Patients in Northern Emirates Sojoud Alsheraifi
4:35 PM	4:45 PM	Panel Discussion
4:45 PM	5:05 PM	Industry Symposium 13 - MPC: Innovative Approach In Stroke Management With DOAC Speaker: Mohamed Salah
5:05 PM	5:20 PM	Coffee Break
5:20 PM	6:10 PM	Session 11: Emerging Session
		Moderators: Amr El Faramawy, Ashraf Mostagir
5:20 PM	5:30 PM	Novel Antisobesity Drug: Paradigm Shift for Disease Prevention Aisha Baloch
5:30 PM	5:40 PM	MINOCA-INOCA: How to diagnose? What to do? Adnan Mostafa
5:40 PM	5:50 PM	Critical Care Management of Cardiac Patient Mohamed Badr
5:50 PM	6:00 PM	Pregnancy: a window in the future of cardiovascular risk Fatma Sulieman
6:00 PM	6:10 PM	Panel Discussion
6:10 PM	6:20 PM	Conference Wrapping

## Scientific Program

### Hayl Meeting Room, Saturday 14<sup>th</sup> February 2026

From	To	Topic
10:30 AM	12:00 PM	<b>Workshop 1: Heart-Healthy Lifestyle Change: Assessment, Readiness, and Practical Implementation</b>
		<b>Lifestyle counselling, exercise guidance, patient readiness assessment, and behaviour-change strategies</b> <ul style="list-style-type: none"> <li>• Patient Assessment</li> <li>• Risk Profile</li> <li>• Current Lifestyle Habits</li> <li>• Readiness Assessment</li> <li>• Behavioural Changes Strategies</li> <li>• Case-based Discussion</li> </ul>
		<b>Faculty:</b> Bader Al Mustafa, Nada Al Faraj
3:30 PM	5:00 PM	<b>Workshop 2: Advanced 3D TOE Simulator Masterclass</b>
		<p><b>Focus:</b> Probe Manipulation, Multiplanar Reconstruction (MPR), and Surgical Perspectives.</p> <p><b>Session 1:</b> The Mitrail Valve – The "Surgeon's View"</p> <p><b>Lead:</b> Dr. Krasimira Hristova (30 minutes)</p> <ul style="list-style-type: none"> <li>• Presentation (10 min): * Anatomy of the Mitrail complex from the atrial perspective.</li> <li>◦ Carpenter's nomenclature (P1-P3, A1-A3) and commissures.</li> <li>• Practical / Simulator (20 min):           <ul style="list-style-type: none"> <li>◦ Core TOE Views: Mid-esophageal (ME) 4-chamber, 2-chamber, and Long Axis (LAX) views.</li> <li>◦ 3D Acquisition: Creating the "En-face" surgical view.</li> <li>▪ Using 3D Zoom and Live 3D for real-time leaflet assessment.</li> <li>▪ Identification of prolapse vs. flail segments using the simulator.</li> </ul> </li> </ul> <p><b>Session 2: Aortic &amp; Pulmonary Valves – Transesophageal Access</b></p> <p><b>Lead:</b> Dr. Shady Hamouda (30 minutes)</p> <ul style="list-style-type: none"> <li>• Aortic Valve (20 min):           <ul style="list-style-type: none"> <li>◦ Presentation: 3D anatomy of the Aortic Root and Coronary Ostia.</li> <li>◦ Simulator Skills: ME AV Short Axis (obtaining the "Mercedes Sign" via TOE).</li> <li>▪ ME AV Long Axis for annulus sizing and LVOAT assessment.</li> <li>▪ 3D Focus: Cropping the 3D volume to assess cusp coaptation and plan for TAVI/TAVR.</li> </ul> </li> <li>• Pulmonary Valve (10 min):           <ul style="list-style-type: none"> <li>◦ Deep Maneuvers: High-esophageal (HE) RVOT view and the "Deep Transgastric" approach.</li> <li>◦ Simulator: Navigating the probe to capture the elusive PV in 3D.</li> </ul> </li> </ul> <p><b>Session 3: The Tricuspid Valve &amp; Structural Integration</b></p> <p><b>Lead:</b> Dr. Abdallah Almaghraby (30 minutes)</p> <ul style="list-style-type: none"> <li>• Presentation (10 min): The "Forgotten Valve": Complex 3D geometry of the Tricuspid annulus.</li> <li>◦ Unique TOE challenges (shadowing and distance).</li> <li>• Practical / Simulator (15 min):           <ul style="list-style-type: none"> <li>◦ TOE Views: ME TV focus, RV Inflow-Outflow, and Transgastric TV Short Axis (essential for leaflet identification).</li> <li>◦ 3D Integration: Simultaneous Multi-Plane (xPlane) imaging for lead placement or clip assessment.</li> </ul> </li> <li>• Wrap-Up (5 min):           <ul style="list-style-type: none"> <li>◦ The "Full Sweep": Moving from ME to Transgastric levels.</li> <li>◦ Summary of 3D knobology and volume rendering tips.</li> </ul> </li> </ul>
		<b>Faculty:</b> Krasimira Hristova, Shady Hamouda, Abdallah Almaghraby

### Hayl Meeting Room, Sunday 15<sup>th</sup> February 2026

From	To	Topic
10:30 AM	12:00 PM	<b>Workshop 3: Hands-On Blood Pressure Measurement and Clinical Application Workshop</b>
		<b>Techniques, accurate measurement, interpretation, and practical use in clinical practice:</b> <ul style="list-style-type: none"> <li>• Pre-Test</li> <li>• Blood Pressure Measurement Devices</li> <li>• Cuff Selection and Application</li> <li>• Patient Preparation and Measurement</li> <li>• Pitfalls in Blood Pressure Measurement</li> <li>• Blood Pressure Measurement Recommendation</li> <li>• Post-Test</li> </ul>
		<b>Faculty:</b> Bader Al Mustafa, Ammar Abu Zuheira



 Meeting Minds Experts: Office 508 & 509,  
DSC Tower Building, Dubai Studio City

 [+971 4 2761444](tel:+97142761444)

 [bigsy-cardiology@meetingmindsexperts.com](mailto:bigsy-cardiology@meetingmindsexperts.com)



meeting minds  
EXPERTS