Springpod®

Springpod Big Work Experience Challenge

We hope you have a great time exploring Springpod!

Every time you engage with **Springpod**, you will earn **Rockets**! Read all about them **here**. Put simply Rockets unlock **opportunities**, **rewards** and **prizes**!

Try to finish all the **experiences** and **Extra Challenge tasks**, but feel free to manage your time and choose the ones that interest you the most.

Your teachers will **keep track of your progress** and **celebrate** your achievements at the end of the week. Good luck from the Springpod and let's start earning those Rockets!

SKILLS FOR LIFE   amazon   ROLLS ROYCE   BARCLAYS

Session 1

Getting started

✦ Introduction to **Springpod**

- *View **slides** or watch the **video** or our short animation **here***
- *Create your Springpod account **here** and explore the experiences available **here**.*
- *View **slides** or watch this **video** for a guide to creating your account.*

Session 4

Employer Focus and Digital Skills

✦ Time for a tour of a **real workplace!**
Choose an Amazon Career Tour here *(1 hour) to explore real tech and business roles, meet employees, and discover a wide range of career paths at Amazon.*

- **You can choose from Robotics Fulfilment Centre, Prime Video or Cloud Computing**

🎯 **Extra Challenge**
☑ **Unexpected role:** Identify one job you didn't expect to see in this workplace. **Would this suit me?** One reason this workplace appeals to you, and one reason it might not.

Amazon Digital Skills Programmes (1 hour each)

✦ Build essential digital skills for school, college, work and life from communication and online safety to data and cloud tools.
Choose one or more:
- **AI and AI Literacy**
- **Data Analysis and Storytelling**
- **Research**
- **Digital Communication**
- **Cyber Security**

🎯 **Extra Challenge**
☑ **Digital confidence check:** Which digital skill do you feel most confident in, and which do you want to improve? **Future-proofing:** What's one skill you think will be more important in 5 years than it is now?

Session 2

Future Pathways

✦ Let's start with researching future pathways. For a quick overview, visit **Skills for Life**. Then choose one or more of the following Springpod programmes (1 hour):

- *Skills for Life: An Introduction to Apprenticeships*
- *Skills for Life: An Introduction to T Levels*
- *Skills for Life: An Introduction to Higher Technical Qualifications*

🎯 **Extra Challenge**
☑ **One-pathway deep dive:** Pick **one** option (college, apprenticeship, job, gap year, etc.) and list one pro, one con, and one question you still have.

☑ **Advice to a friend:** If a friend had your interests and skills, what option would you recommend and why?

☑ **Write down at least 3 actions** that you will take to continue your research into your next steps

Session 5

Reflections and Actions

✦ Complete any outstanding experiences

- **One-year letter :** *Write a short note from your future self one year after leaving school. What choice did you make? How do you feel about it?*
- **Biggest shift:** *One thing you think differently about now compared to before the programme.*
- **Next step promise :** *Write one realistic action you'll take in the next month.*
- **Confidence snapshot :** *On a scale of 1–10, how confident do you feel about your next steps and why?*

Session 3

Building Skills

You have two options. Choose one or do both!

✦ **Option A**
Find the Barclays Lifeskills programme **here** and click **START NOW. Approx 6 to 8 hours total)**

✦ **Option B**
Put together your own programme with **Rolls Royce.** Choose one or more **Future Ready Skills** and/or **Employability Skills** Programmes. These are all shorter 1 hour programmes.

🎯 **Extra Challenge**
☑ Pick one task from your **Springpod programme** and explain how that skill could be used in a different job.

✦ Take a break and find your programme to continue on your dashboard **'My Virtual Work Experience'**

MY VIRTUAL WORK EXPERIENCE

Building Experience

1- Log back into your account **here**.

2- Go to **My Virtual Work Experience** and continue with **any programmes you have already started.**

3- When you complete, choose another programme of your choice **here**. If you know which sector interests you, use our **Job Sector Collections** to find one that matches your interests.

🎯 **Extra Challenge**
☑ **Employer lens:** If you were the employer, what would impress you most about a student who has completed the programme you chose?