



Springpod Big Work Experience Challenge – Student Worksheet



Key Messages

★ Earn Rockets as you go!

🎯 Choose what interests you most

🏆 Your progress will be celebrated



REMEMBER

- ✓ Take your time
- ✓ Try your best
- ✓ Choose what you enjoy
- ✓ Have fun learning



Key Links

📌 Create your Springpod account here:

<https://space.springpod.com/sign-up>

📌 Sign in to your Springpod account here:

<https://space.springpod.com/sign-in>

📌 If you need help, email hello@springpod.com



Session 1: Getting Started

Learn about Springpod

✓ Have you completed the following?

Watched the intro video

Created your account

Explored Springpod

Session 2: Future Pathways

Explore your options

Which pathway did you explore (Apprenticeships, T Levels or Higher Technical Qualifications)?

One PRO 	
One CON 	
One QUESTION 	





What pathway do you think suits you most? Why?

Write 3 actions you will take next to explore your future pathway:

Session 3: Building Skills

Which programme(s) did you complete? (Barclays Lifeskills or Rolls-Royce)





What skill did you learn?

How could this skill be used in your future career?

Session 4: Employer & Digital Skills

Explore a workplace

What Amazon Career Tour did you explore?

A job that surprised you:





Would you enjoy working there? Why / why not?

Which Digital Skill programme (s) did you complete?

- AI and AI Literacy
- Data Analysis
- Research
- Digital Communication
- Cybersecurity

What do you think is your strongest digital skill now?

What is a skill you would like to improve:





Session 5: Building Experience

What programme did you complete?

If you were an employer, what would impress you most about a student who has completed this programme?

Session 6: Reflection & Next Steps

 **Think about your future**

Write a short message from your future self (1 year later):





Since completing these programmes, what has changed in how you think about your future?

One action you will take next month:

How confident do you now feel when making decisions about your future? (1-10): _____ Why?

