



# Springpod Big Work Experience Challenge – Student Worksheet



## Key Messages

★ Earn Rockets as you go!

🎯 Choose what interests you most

🏆 Your progress will be celebrated



## REMEMBER

- ✓ Take your time
- ✓ Try your best
- ✓ Choose what you enjoy
- ✓ Have fun learning



## Key Links

📌 Create your Springpod account here:

<https://space.springpod.com/sign-up>

📌 Sign in to your Springpod account here:

<https://space.springpod.com/sign-in>

📌 If you need help, email [hello@springpod.com](mailto:hello@springpod.com)





## Session 1: Getting Started

### Learn about Springpod

✓ Have you completed the following?

Watched the intro video

Created your account

Explored Springpod

How confident do you feel before starting when making decisions about your future? (1-10): \_\_\_\_\_ Why?

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## Session 2: Future Pathways

### Explore your options

Which pathway did you explore (Apprenticeships, T Levels or Higher Technical Qualifications)?

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One PRO 	
One CON 	
One QUESTION 	

What pathway do you think suits you most? Why?

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Write 3 actions you will take next to explore your future pathway:

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### Session 3: Building Skills

Which programme(s) did you complete? (Barclays Lifeskills or Rolls-Royce)

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What skill did you learn?

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How could this skill be used in your future career?

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## Building Experience and Networks

Which additional programmes did you choose?

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If you were an employer, what would impress you most about a student who has completed this programme?

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Which Networks did you join?

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## Session 4: Employer Focus & Digital Skills

### Explore a workplace

What Amazon Career Tour did you explore?

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A job that surprised you:

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Would you enjoy working there? Why / why not?

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Which Digital Skill programme (s) did you complete?

- AI and AI Literacy
- Data Analysis
- Research
- Digital Communication
- Cybersecurity

What do you think is your strongest digital skill now?

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What is a skill you would like to improve?

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## Session 5: Reflection & Actions

### Think about your future

Write a short message from your future self (1 year later):

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Since completing these programmes, what has changed in how you think about your future?

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One action you will take next month:

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How confident do you now feel when making decisions about your future? (1-10): \_\_\_\_\_ Why?

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