

Quest

Guidance for Children

These assessments are all about doing your best. Don't worry about taking them, they're not trying to trick you!

Quest Assessments are just a way to see what you can do and figure out if the school is a good fit for you. You will use what you have learned in school to answer the questions. Some questions might be challenging, so take your time and think about how to use what you already know to help you.

Quest top tips!

A few weeks before the exam:



Practice little and often

Do short bursts of learning every day instead of cramming. Focus on areas where you need the most improvement.



Get used to timed questions

Practice answering questions under time pressure to get a feel for the pace you'll need.



Work on topics you find tricky

If you struggle with a certain type of question, spend extra time improving those skills.



Read, read, read!

Reading books, newspapers, and articles will improve your vocabulary and comprehension skills.



Stay balanced

Make sure you keep a balance of learning and fun in your schedule.

The night before the exam:



Get everything ready

Pack anything you need so you have a calm morning!



Relax!

Avoid last-minute cramming. Instead, do something enjoyable like reading or listening to music.



Go to bed early

A good night's sleep will help you stay focused and alert.

On the day of the exam:



Eat a healthy breakfast

Fuel your brain with a good meal, but avoid anything too sugary that could make you feel sluggish later.



Stay calm and focused

Take deep breaths if you feel nervous. Remind yourself that you've prepared well.



Read questions carefully

Make sure you understand what's being asked before answering.



Check your work

Review your answers before pressing 'finish'. Most importantly — believe in yourself and do your best!

Should I try and answer all the questions?

Try to answer all the questions! You will not lose any points for answering incorrectly so if you don't know the answer to a question, try your best and then move on to the next question. If you have time left at the end, go back and have another go at any questions you found tricky or that you missed out. You can go back and check your answers at the end.

How can I select my answer?

You'll select your answer on a special sheet (called an OMR) by drawing a line clearly through a box. This is how you should select an answer:

1	
A	☒
B	☐
C	☐
D	☐
E	☐

A horizontal line like this is the **only** way to mark your chosen answer.

- **Do not** shade in the whole rectangle
- **Do not** tick the box
- **Do not** put a cross through the box

It's a good idea to **practise** filling in an OMR before your assessment so you feel confident.