

Citadel

40TH
ANNIVERSARY

ANNUAL REPORT **2020**



The Citadel Youth Centre has been helping children and young people in Leith since 1980. Our youth clubs offer a wide range of social, recreational and educational activities, and are open to any child or young person in the community. We also provide extra support for children and young people who need it most, including specialist projects for unemployed young people, young mothers and young people who are struggling at school. Increasingly, the Citadel is not just for young people, as we open our doors for a weekly Intergenerational Café, a Parent's Drop In, Family Days and a host of other community events.



@CitadelYCLEith



@CitadelYCLEith



www.facebook.com/FriendsofCitadel

A NOTE FROM THE CHAIR...

The Citadel Youth Centre Annual Report is the perfect opportunity to look back on what has been achieved over the last year but it's also hard to imagine what life was like before Covid-19 changed all our lives. But I can assure you that during the time period of 2019/20 annual report, we continued to deliver high quality, community based universal youth work for children and young people in Leith - the following pages will give you plenty of examples to help remind you there was life before Covid-19.

The Citadel continues to be the solid foundation for our work, with a range of youth groups, young mums, children and families, the intergenerational work taking place within the building and our games club goes from strength to strength. But we also deliver a wide range of services with our partners and we have continued to work in partnership with local schools through the Pupil Equity Fund, with continued positive feedback from everyone involved.

I know I say this every year but none of the work that we do can be delivered without the fantastic support from our funders, all of whom continue to see the real value and impact of our work here in Citadel, particularly City of Edinburgh Council, Big Lottery, Volant, Cattnach Trust, KPE4, Leith Chooses and also our Friends of the Citadel who continue to support the work that we do. I would also want to thank the staff and volunteers who consistently go above and beyond to deliver high quality work to children and young people in Leith. And finally, a huge thank you to the Board of Trustees who willingly give up their time to support the work of Citadel, both on the Board but also through direct involvement in supporting the management and staff team, which I know is greatly appreciated.

Allister



PROJECT HIGHLIGHTS, ACHIEVEMENTS + STATISTICS:

Young Mums & Young Mums and Babies

15 Young Mums sessions and **14** Young Mums and Babies sessions

We had a fun filled baby friendly Halloween Party

We worked in partnership with YDance as part of their Me and You project to deliver imaginative movement and play sessions

From January we started to develop a "Business in a box" idea, making and selling wax melts under the name "Not Just a Mummy"



'I love the group
thank you
(Young Person)

Children's Work

18 Junior Club sessions

17 Inter Club sessions

15 Junior Group sessions

69 people attended Christmas Family Day

10-16 year olds

50 young people attended Christmas Disco

In the first half of the year our weekly groups continued to support the local community providing a wide range of activities, advice and support.

Intergenerational Work

SomeCampEU

In December 2019 we were invited to deliver a workshop at the SomecampEU conference www.somecamp.eu in Talin, Estonia. Organised by the Estonian Youth Centre (ENTK) and the Finish Digital Youth Work agency Verke, the event brought together practitioners from across the EU specialising in digital youth work. Our workshop utilised Old's Cool examples, to highlight how a digital youth work approach can be used to support both young and older people to become more confident in how they engage with digital content, social media and technology.

Children in Scotland magazine

We contributed the following article to the Children in Scotland magazine to highlight our Old's Cool model, which can be read on (p.28): https://childreninscotland.org.uk/wp-content/uploads/2019/12/CiS195_DECJAN.pdf

Generations Working Together (GWT) Awards

On March 4th 2020 at the GWT annual conference, we won the award for Promoting Achievement and Attainment in Education. This award recognises and celebrates achievement for outstanding practice in intergenerational work across Scotland. One of our New Spin volunteers (Kev) also received a certificate of merit for Intergenerational Volunteer of the Year, for their support in delivering the project.

Action based video project

For our first school group we worked in partnership with 3 organisations – Cinetopia, Screen Memories and the Leith Theatre Trust to create an action based video project exploring the power of cinema and to engage members of the local community in the public space of the Leith Theatre. Our young people decided to create a film which acted as the presentation aspect of this group: <https://vimeo.com/436755376/6e16b2fe28> In the creation of this film the young people learned valuable skills in exploring archive film footage and recording audio and visual skills. (This film was also showed for the first time to the Trinity pupils who took part post covid19.



'I enjoyed being
with the
young ones'
(Older Person)



PROJECT HIGHLIGHTS, ACHIEVEMENTS + STATISTICS:



'My favourite thing
about Old's Cool was
meeting the older
people and getting to
know everyone'
(Young Person)

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PROJECT HIGHLIGHTS, ACHIEVEMENTS + STATISTICS:

Family Work

31 Citadel parents/carers received 1:1 telephone support over lockdown. You could probably add another 15-20 on to that if you include school parents/carers without Citadel children (3-4 per school x 5 schools).

48 Citadel kids received STEM activity packs, from Goodtrees Neighbourhood Centre and The Royal Observatory, to keep them busy during lockdown

53 Citadel kids received outdoor activity packs to encourage them to play outside over the summer.

We received **45** art packs from the Fringe in place of our usual Fringe tickets. Delivered **38**

13 parents regularly attended the PDI outside over the past 11 weeks

Edinburgh Health and Social Care Partnership, through NHS Lothian, provided us with **118** "Bags of Thrive", these included crafting materials, self-care treats and activities.

47 adult bags (13 male, 34 female)

71 childrens bags (9 13-16 yrs, 46 6-12 yrs, 16 under 5s)



*Just to say a big
thank you for the
games bag. He is
loving them'
(Parent/Carer)*



Games Club

We had **40** young people on the register that attended Games Club between October 2019 – March 2020. In December 2020, two members of Citadel staff were able to attend the SomeCamp EU conference on Digital Youth Work in Estonia, and develop digital youth work skills to bring back to Games Club.

Citadel Connect

We supported **14** young people to take part in employability activities between October 2019 – March 2020. This included taster volunteering with Water of Leith Conservation Trust and workshops with Youth Scotland, as well as doing Money for Life and Dynamic Youth Awards (SCQF 3).

Duke of Edinburgh Award

We had a high number of achievements of full Bronze Awards, with **4** young people gaining these. We also had our first young person achieve their Gold Award.

PROJECT HIGHLIGHTS, ACHIEVEMENTS + STATISTICS:



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MARCH

23



As we worked our way through March 2020 we realised that things were about to change. When we arrived at work on 16th we soon realised that we had until the end of the week to prepare ourselves for a 'lockdown' and that we were not going to back in the Citadel building for the foreseeable future. We organised laptops, set up I.T. systems like Teams, WhatsApp and Zoom realising that we were about to experience a steep learning curve. The final team meeting on Friday 20th March was eerily strange. We sat together sipping coffee and tea, eating biscuits quietly – each of us unsure of what lay ahead. What was paramount on everyone's mind was how were we going to continue to offer support and services to the children, young people and families who rely on the Citadel.

Meals to families:

It soon became apparent in the first few days of lockdown that many families were going to need practical support in terms of accessing food and nutritious meals. With children not going to school where they could get free school meals and food shortages in supermarkets, we decided to look at ways we could offer support. Help was not far away when we were approached by two chefs, Roisin and Matthias Llorente who owned Bia Bistrot. Roisin and Matt wanted to cook for us if we could cover costs of ingredients, and with the support of an amazing #Friendof Citadel who offered to underwrite those costs we were up and running. All we needed now was a way to deliver them! Again help was close by when we met up with the Team Captain (Jamie) of Leith Rugby Club. Within days we had a full squad of volunteers with vehicles and our first meals went out to 43 families (112 meals) on 03/04/20.



We delivered meals every Monday, Wednesday and Friday for 15 full weeks from 3rd April – 10th July

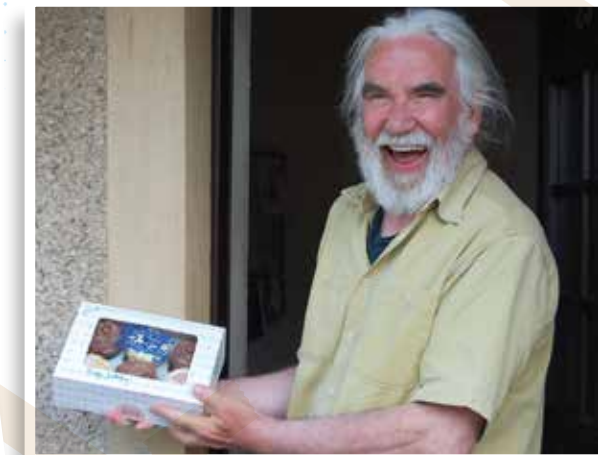
We delivered between 440 – 464 meals per week to up to 43 addresses

Meals met dietary requirements including gluten free and Halal. As well as meals, we delivered fresh bread, fresh fruit and occasional treats

We delivered surprise birthday cakes to over 20 lockdown birthdays

Meals went to young mums, families with children and teenagers, young people living on their own and pensioners in the community

We had a team of 17 volunteers and 4 staff who delivered 6404 meals driving a total of 2715 miles!



POST COVID19:

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Ryan McKay shares his experience of working at The Citadel Youth Centre and how our service has adapted to support those most in need during the current public health crisis.

WORKING REMOTELY

Like the vast majority of workers across the country our staff are now in lockdown and are adapting to working remotely. With the closure of our building, the need for us to continue providing support remotely during this unprecedented time has been vital. For a service primarily focussed on delivering direct face to face support, this transition has been challenging; but equally transformative. In the words of Karen Salmansohn:

“The most challenging times bring us the most empowering lessons.”

My colleagues and fellow practitioners are incredibly adaptable – Their response in recent weeks has been nothing short of remarkable. I have been amazed at the sectors willingness to

embrace the current challenge. Wherever possible digital solutions have been found for delivering direct services. Real critical engagement has taken place with practitioners across the country coming together to share best practice. This adaptability makes me confident we will be able to support as many local people as possible.

Our shift to remote working has not been without its difficulties, yet I feel overall the experience has undoubtedly improved The Citadel as an organisation and my experience as a practitioner. Ironically the current health crisis may have been the shock our sector needed to bring us closer together and to place service users at the centre.



Family Work

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Intergenerational Work

Age Friendly Living Ecosystem Project (AFLE) - During the current health crisis we have been involved in the AFLE Project, which has explored intergenerational place making - <https://epale.ec.europa.eu/en/content/age-friendly-living-ecosystem>. This activity has enabled us to share our experience of delivering Old’s Cool and New Spin with a wide range of organisations.

Meal delivery short film

-<https://www.facebook.com/FriendsofCitadel/videos/2331868720447286/>

New Spin newsletter

Alongside young and old New Spinners we created a new New Spin newsletter .

New Spin newsletter

We have successfully brought together young and older people online to take part in New Spin digital sessions.



Games Club

16 young people engaged in Games Club through Discord, using the chat, attending remote workshops and playing games online.

Citadel Connect

We ran a number of online workshops for **6** young people including Be Internet Citizens, Conflict Resolution by Cyrenians and Money for Life.

Duke of Edinburgh Award

We had our second Gold Award completion in March 2020, followed by another Bronze completion and another young person completed three sections of Silver and received a Certificate of Achievement from DofE. We also had **6** young people take part in “covid alternative” Silver DofE Practice expeditions in October 2020. We also had **2** young people complete sectionals for their Bronze and Gold Awards.

Children’s Work

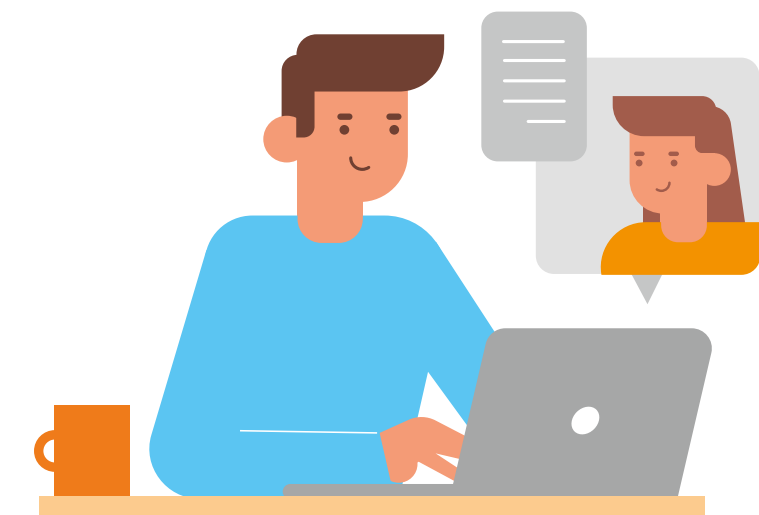
14 Junior Group and Junior Club Stars Messenger sessions.

“Thank you I liked the quiz”
(Young Person)

PROJECT WORK POST COVID19:



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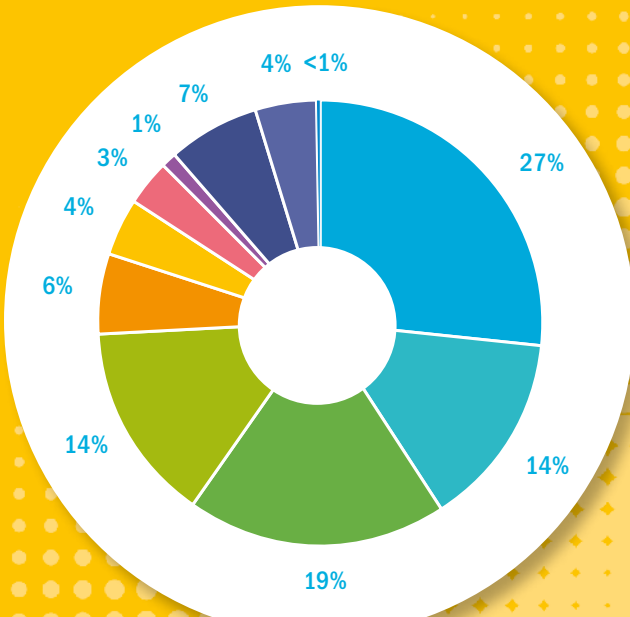


PICS FROM THE PAST

THE NUMBERS

INCOME 2019/20

FUNDING CATEGORY	TOTAL
Core Youth Work	£169,070
Families Project	£89,033
Schools Work	£121,013
Employability	£90,793
Intergenerational	£38,442
Young Mums	£26,455
Single Gender Work	£21,434
Student Fees	£6,372
Donations ('Friends of Citadel')	£41,926
Other Grants	£25,252
Other Income	£2,970
TOTAL INCOME	£632,760



STATISTICS BY AGE RANGE

Under2s Under 5s	Mums & Babies Group Creche	9 22	31	
5-7 7-9 5-11	Junior Group Junior Club School Based Children's Work	12 50 25	87	
10-12 11-14 11-14	Inter Club Girls Club Boys Club	49 22 19	90	
11-18 13-18 11-18	School Based Youth Work Senior Club Games Club	68 76 42	186	
15-19 16-17 16-19 16-21	Citadel Connect Activity Agreements Futureheads Young Mums	25 33 64 38	160	
21+ 21+	Families Projects Parents Primary School Family Support	55 70	125	
60+ 60+	Old's Cool New Spin	5 20	25	

DONORS

Cllr. Adam McVey
Alexander Davidson Sproul
Allison Forrester
Ally Handyside
Angus Thomson
Anthony Stewart
Antonia Lee-Bapty
AR Gray
Aspire
Bank of Scotland
Best One, Portland Place
Bethany
Bridget Linton
Chanan Tej
Cllr. Chas Booth
Scott Coppola Ben Nevis Climb
David Thomas
Didem Kaner
Diane & Donald Hamilton
Dynamic Earth Brenda Learning Centre
Ewan Aitken
Filming Scotland
Fraser Clark
Global Art Supplies
Hibernian FC
Heather White

Ian Colgan & Heather Ferguson
Isabel Kane
Jemma Neville
Gerry & Zsuzsa Farrell
Jim Sherval
Sir John Elvidge
John McMurdo
Joyce McAree
Kevin and Caroline Hall
Kate Smith
Laurie Dool
Lindsey Stroud
Leith Job Centre Sports & Social Club
Maddie Malone
Margaret & Dick Allan
Mike O'Connor Scottish Post-Punk
Monica Millar
Ocean Play
Parsley Box
Pat & Julian Graham
Pizza Express
Port O Leith Bar Staff & Customers
Rachel Barr
Rachel Sartain
Rick Stirling
Val & Bob Payne

Rona Dunbar
Sam Moody
Sarah Erskine
Sinaid Ashford
Smith Scott Mullan
Standard Life
Steven Paton
The Pond Bar Staff & Customers
Tom Davy
Tom Payne
Tracey Bibb
Trans Alba (Cyclists)
Transgression Park
Ultra Installations
Training for Warriors
Jane and Tony Grahame
Jamie Drummond and Family
Julie and Andrew Vickers
Vue Cinema
Leith RFC
Bia Bistrot
La Barantine
Waitrose
The Watson Family
Wonderworld Soft Play

FUNDERS

Aberlour Urgent Assistance Fund
Agnes Hunter Trust
Baillie Gifford Community Award
Black Rock/Tides Foundation
Calton Trust
Capital City Partnership
Cashback for Communities
Cattanach Trust
Chance To Succeed
Charles Neil Sharp Charity Trust
City of Edinburgh Council
DM Thomas Foundation for Young People
DoE Diamond Fund
Dr Guthrie's Association
Edinburgh Children's Holiday Fund
EVOC – Edinburgh & Lothian Trust Fund
Gannochy Trust
Henry Smith Charity
KPE4 Charitable Trust
Leith Benevolent Association

Leith Rotary Club
Leith Chooses
Nairn Family Foundation
Nancie Massey Charitable Trust
National Lottery Community Fund
North Leith Parish Church
Plan UK – Stand With Girls
Pleasance Trust
Port of Leith Housing Association
Plum Trust
Ponton House Trust
Robertson Trust
RS Macdonald Charitable Trust
Soil Association
Starcatchers
STV Appeal
Volant Trust
Young Start

PARTNERS

Bare Branding
Children in Scotland
(Heritage Hunters -YM BOOK)
Community Job Scotland
Edinburgh Science Festival
Estonian Youth Work Centre
Generations Working Together
Granton Information Centre
Pillars Guest House
Pilmeny Development Project
Projekt 42
The Young Foundation
Robert Gordon University
University of Dundee
University of Edinburgh
Drummond Community High School
Leith Academy
Leith Primary School
Lorne Primary School
Trinity Academy
Trinity Primary School
St Mary's RC (Leith) Primary School
Victoria Primary School

... and the many other 'Friends of Citadel' **THANK YOU!**

THE CITADEL TEAM OVER THE LAST YEAR:

VOLUNTEERS

Kirsty Simpson, Kevin Mongan, Anna McKeever, Angus Thomson, Gerard McCutcheon, Andrew Johnstone, Mary McGuire, Jane Ryder, Naomi Paton, Paula Arthur, Kat Main, David Catherine, Phil Attridge, Tamsin Williams, Mira Tapaninen, Claire Gibson, Victoria Barker, Maddie Malone, Caz Mcintee, Amy Kirk, Matt Quinn, Kevin Hall, Ronan Joyce, Michael Pollington, Kirk Johnstone, Conal McIntosh, Hugh Fraser, Kelly Tawake, Carolyn Mckerracher, Tara Preissl, Louise Taylor, Louise Igoe, Sarah Prentice, Gerry & Zsuzsa Farrell Dana McCulloch, Delei Zhou, Elena Cheltsova, Francesca Penny, Maria Ulstrup, Marianne Dickson, Samantha Reekie, Zara Leoni, Connor Muir, Dave Carson & 'Smudge'

Meal Deliveries: Jamie Drummond, Tommy Seymour, Angus Thomson, Alex Nairne, Ian Colgan, Heather Ferguson, Connor Muir, Dave Somerville, Diane Hamilton, Donald Macleod, John Evans, Siobhan Nairne, Hannah Nairne, Josh Campey, Kevin Hall, Louise Leach, Lynzi Leroy, Scott Macateer,

STUDENTS

Ailee Burns, Emine Cagritekin, Ellie O'Dwyer, Lilla Laszlo, Stephanie Clark, Aimee McInnes, Lucy Macdonald, Stuart Paul, Chloe Williams and David Bett

STAFF

(Office Manager), Collette Meyer (Admin Assistant), Sharon McAree-Thomas (15+ Futureheads Worker), Shona Agnew (15+ Project Worker), Lotte Walters (15+/AA Hub Worker), Ali Grant (15+ Futureheads Worker), Claire O'Brien (15+/AA Hub Worker), Eve Tunstall (Youth Worker), Emma Sangster (Girls & Young Women's Worker), Ryan McKay (Old's Cool Intergenerational Project Worker), Natasha Iregbu (Under 12's Project Worker), Danni Taylor (PEF Family Worker), Sandra Brown (Families Project Family Worker), Pippa Bateman (PEF Family Worker), Liz Johnstone (PEF Family Worker), Ailee Burns (Sessional Youth Worker)

CITADEL BOARD OF TRUSTEES

Allister Short (Chairperson), Diane Hamilton (Treasurer), Ian Colgan (Volunteer), Dawn Exley (Volunteer), Kiaralee Gallacher (Parent Representative), Louise Leach (Volunteer), Craig McGregor (Volunteer), Naomi Paton (Volunteer), Sandra Ronald (Parent Representative), Cllr Adam McVey (Elected Member CEC), Cllr Gordon Munro (Elected Member CEC)



Working with the Leith Community since 1980

citadel.youthcentre.org.uk | friendsofcitadel.org.uk

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