

# Wellness Retreats and Destination Spas

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If we’re honest, it’s a lot more fun to get healthy when you have the company of an amazing spa and specialists to usher you through the process. Browse our top picks for wellness retreats and detox retreats around the world.

## WELLNESS RETREATS ON THE WEST COAST AND HAWAII

### The Pearl Laguna



ADDRESS  
21095 Raquel Rd., Laguna Beach

PHONE NUMBER  
949.715.1674

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NEIGHBORHOOD  
Laguna Beach

- LOCATION HIGHLIGHTS
- Gym
  - Hotel Restaurant

- Spa
- Swimming Pool

CATEGORY  
Classic

PRICE  
\$\$\$

### WHY WE LOVE IT

A week-long holistic retreat on the beach, The Pearl offers guests a luxurious way to detox and decompress with daily hikes, yoga, and restorative massage, as well as introductions to new practices like Tai Chi or chakra balancing. After a week of clean eating, days full of exercise, quality time in nature, and lots of sleep, you'll leave here feeling lighter in every sense of the word.

VISIT WEBSITE