

Training Schedule

UK February 2026 Intake

Dates	UK February 2026 Intake - Flying Squirrel
Friday 13th February 2026	Welcome Session - 3:00pm-5:00pm
Saturday 14th February 2026	Module 1: Foundations - 9:30am-5:30pm
Sunday 15th February 2026	Module 1: Foundations - 9:30am-5:30pm
Thursday 19th February 2026	Module 1 Integration Call - 3:00pm-5:00pm
Tuesday 24th February 2026	Foundations Practicum - 3:00pm-5:00pm
Saturday 14th March 2026	Module 2: Presence & Sense - 9:30am-5:30pm
Sunday 15th March 2026	Module 2: Presence & Sense - 9:30am-5:30pm
Thursday 19th March 2026	Module 2 Integration Call - 3:00pm-5:00pm
Tuesday 24th March 2026	Presence & Sense Practicum - 3:00pm-5:00pm
Saturday 11th April 2026	Module 3: Resource & Regulate 9:30am-5:30pm
Sunday 12th April 2026	Module 3 - Resource & Regulate 9:30am-5:30pm
Tuesday 14th April 2026	Module 3 Integration Call - 3:00pm-5:00pm
Tuesday 21st April 2026	Resource & Regulate Practicum - 3:00pm-5:00pm
Saturday 9th May 2026	Module 4: Attune & Resonate - 9:30am-5:30pm
Sunday 10th May 2026	Module 4: Attune & Resonate - 9:30am-5:30pm
Thursday 14th May 2026	Module 4 Integration Call - 3:00pm-5:00pm
Tuesday 19th May 2026	Attune & Resonate Practicum - 3:00pm-5:00pm
Saturday 6th June 2026	Module 5: Contact & Constellate 9:30am-5:30pm
Sunday 7th June 2026	Module 5: Contact & Constellate 9:30am-5:30pm
Thursday 11th June 2026	Module 5 Integration Call - 3:00pm-5:00pm
Tuesday 16th June 2026	Contact & Constellate Practicum - 3:00pm-5:00pm
Saturday 4th July 2026	Module 6: Embodiment & Integrate - 9:30am-5:30pm
Sunday 5th July 2026	Module 6: Embodiment & Integrate - 9:30am-5:30pm
Thursday 9th July 2026	Module 6 Integration Call - 3:00pm-5:00pm
Tuesday 14th July 2026	Embodiment & Integrate Practicum - 3:00pm-5:00pm
Wednesday 29th July 2026	Unification Session - 3:00pm-5:00pm
Friday 31st July 2026	Completion Session - 3:00pm-5:30pm

Trainers

Modules
Practicums

Sam Taylor
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