

## Training Schedule September 2026 Intake

Dates	September 2026 Intake - Blue Whale (UK Timezone)
Friday 18th September 2026	Welcome Session - 3:00pm-5:00pm
Saturday 19th September 2026	Module 1: Foundations - 9:30am-5:30pm
Sunday 20th September 2026	Module 1: Foundations - 9:30am-5:30pm
Wednesday 23rd September 2026	Module 1 Integration Call - 3:00pm-5:00pm
Tuesday 29th September 2026	Foundations Practicum - 3:00pm-5:00pm
Wednesday 7th October 2026	Orientation Session - 3:00pm-4:30pm
Saturday 17th October 2026	Module 2: Presence & Sense - 9:30am-5:30pm
Sunday 18th October 2026	Module 2: Presence & Sense - 9:30am-5:30pm
Wednesday 21st October 2026	Module 2 Integration Call - 3:00pm-5:00pm
Tuesday 27th October 2026	Presence & Sense Practicum - 3:00pm-5:00pm
Saturday 14th November 2026	Module 3: Resource & Regulate 9:30am-5:30pm
Sunday 15th November 2026	Module 3 - Resource & Regulate 9:30am-5:30pm
Wednesday 18th November 2026	Module 3 Integration Call - 3:00pm-5:00pm
Tuesday 24th November 2026	Resource & Regulate Practicum - 3:00pm-5:00pm
Saturday 5th December 2026	Module 4: Attune & Resonate - 9:30am-5:30pm
Sunday 6th December 2026	Module 4: Attune & Resonate - 9:30am-5:30pm
Wednesday 9th December 2026	Module 4 Integration Call - 3:00pm-5:00pm
Tuesday 15th December 2026	Attune & Resonate Practicum - 3:00pm-5:00pm
Saturday 9th January 2027	Module 5: Contact & Constellate 9:30am-5:30pm
Sunday 10th January 2027	Module 5: Contact & Constellate 9:30am-5:30pm
Wednesday 13th January 2027	Module 5 Integration Call - 3:00pm-5:00pm
Tuesday 19th January 2027	Contact & Constellate Practicum - 3:00pm-5:00pm
Saturday 6th February 2027	Module 6: Embodiment & Integrate - 9:30am-5:30pm
Sunday 7th February 2027	Module 6: Embodiment & Integrate - 9:30am-5:30pm
Wednesday 10th February 2027	Module 6 Integration Call - 3:00pm-5:00pm
Tuesday 16th February 2027	Embodiment & Integrate Practicum - 3:00pm-5:00pm
Wednesday 24th February 2027	Unification Session - 3:00pm-5:00pm
Friday 26th February 2027	Completion Session - 3:00pm-5:30pm