Poker Power

CONFIDENCE

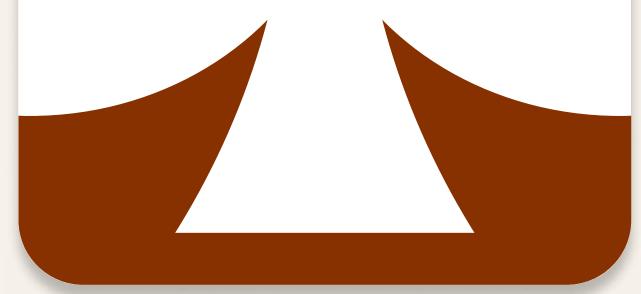


In times of doubt or stress, ask yourself these questions to regain your power.



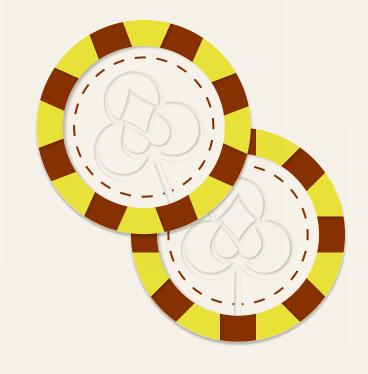
What's the smartest play, not the safest one?

In poker and in life, folding too early protects your chips — but it can cost you the win. Are you holding back to stay comfortable, or are you trusting your strategy?



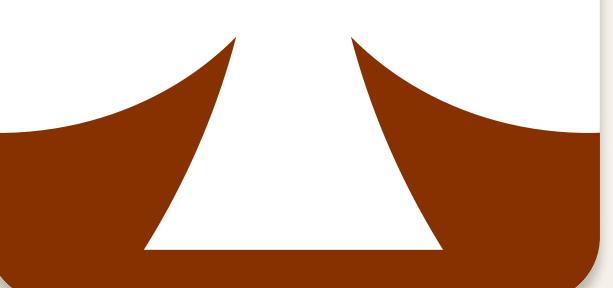


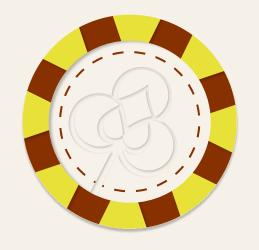




What's really being said at the table?

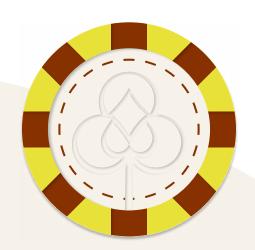
You've got strong instincts. Whether it's body language, tone, or silence — what are people signaling that words aren't?







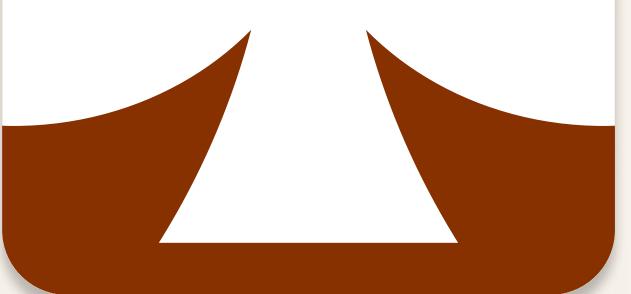




What hand have I already played

-and survived?

Think back. You've outlasted tough rooms, made bold moves, and learned from every round. What past resilience are you forgetting right now?



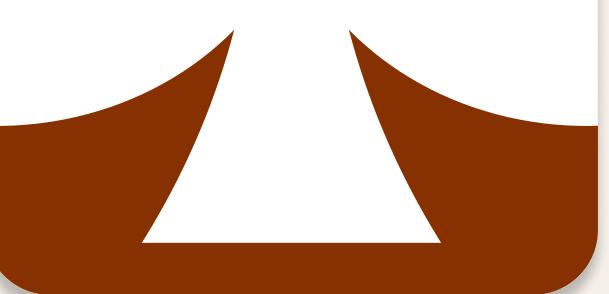


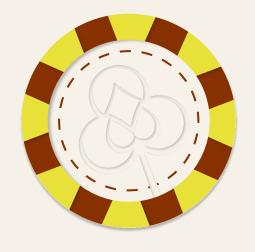




Am I betting on my own value— or waiting for someone else to?

In poker, you raise when you know your hand is worth it. Are you stepping up, or hoping someone else will recognize your worth first?



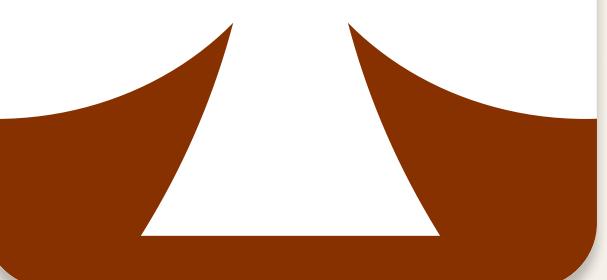






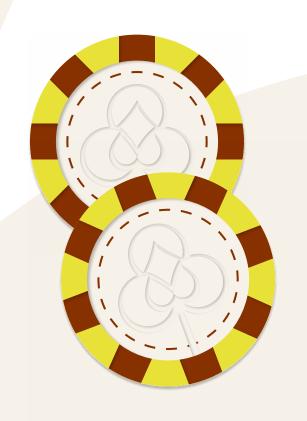
What's the long game here — and am I playing it?

Not every win happens in a single hand. Zoom out: what's the bigger table you're sitting at? Are your moves aligned with that?









Is this fear—or is it feedback?

Nerves happen at any table. But is this anxiety telling you you're unprepared... or just that it's a big moment? (Spoiler: you are ready.)



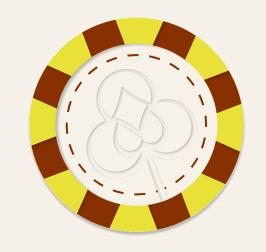




Who benefits when I shrink back?

At a poker table, hesitation is a signal—and sometimes, an opportunity for someone else to take control. Are you handing over power that's rightfully yours?











Have I underestimated how much I've already risked — and won?

Confidence doesn't always roar. Sometimes it looks like consistency. What have you already overcome that you're not giving yourself credit for?

