



Healing Without Heart Change

JOHN 5:1-18

True Life is found in heart transformation rather than changed circumstances.

Opening Discussion

What are some common “solutions” people are preoccupied with to their lives?

Review the Sermon

Read John 5:1-18.

What makes the healing of this man such a tragic story?

What are some reasons why we need heart transformation more than having our problems fixed?

How did this man demonstrate a lack of gratitude for what Jesus did to help him?

Assess your Life

What “healing pool” are you tempted to look to for solutions rather than Jesus?

How has your heart been transformed through your experience of suffering?



Would you say you are more concerned with changing present circumstances or enhancing your eternal destiny and reward? Why?

Apply the Truth

How can you focus on following Jesus rather than trying to fulfill Christian expectations (follow the rules) apart from relationship?

How can you ensure your struggles do not become your identity?

What would it look like this week to focus on closeness to Christ rather than seeking solutions to your problems?

Commit this Week

This week I will pursue heart change through my relationship with Jesus, rather than escaping all my troubles.
