FUTURETIME:
COMFORT COMPANIONS

What we learned today:

We learned what emotions are, how they work, and different methods humans use to calm and comfort themselves. We also discovered comfort objects from history, learned about calming tools today, and imagined future stuffed animals that could use sensory features to help us feel better—then built our very own Comfort Companions!





Quiz your family!

How many basic emotions are there?

A) 4

B) 8

C) None. We are all emotionless robots.

See the full FutureTime and learn more with your child here!

Ask your family

"If you could invent a comfort object, what special powers would it have?"