



## **Post-op Instructions after Local anesthetic**

Your child's mouth was numbed for today's visit, and that "sleepy" sensation will likely last for about 2 to 3 hours. During this time, please keep a close eye on them to make sure they don't accidentally bite their lip, cheek, or tongue.

It is common for children to feel a little uneasy about the strange sensation, so you can comfort them by explaining that their teeth will "wake up" very soon. It is safest to wait until the numbness completely wears off before they eat anything. However, if they are feeling hungry, you can offer soft options that don't require any chewing, such as a smoothie, yogurt, or ice cream.