



Post-op Instructions after SDF

Accidental contact with Silver Diamine Fluoride (SDF) during the procedure may cause minor, temporary skin discoloration. If this occurs, the dark stain will naturally disappear within a few days. You can help lift the stain sooner by gently using a saltwater scrub, dabbing the area with hydrogen peroxide on a cotton ball, or using a hair dye remover.

To ensure the treatment is as effective as possible, please have the patient **avoid eating or drinking for 30 minutes** after application. Because SDF is an ongoing treatment, clinical guidelines recommend **reapplying it every 6 months** to keep the decay from progressing until a permanent restoration, like a filling or crown, can be completed.