

AshMara




MAGIA DE UMA
HERITAGE HOTEL

Spa Etiquette

AshMara Spa welcomes you daily from 9.00am to 8.00pm

AshMara offers nature-led rituals inspired by Balinese tradition and contemporary wellness. We use fresh, natural ingredients, coconut, cucumber, Indonesian spices, lemon, honey and aloe vera, handcrafted into every treatment to soothe, restore and revive, performed by experienced therapist in our serene boutique setting. All treatments begin with a calming foot wash and conclude with a comforting cup of ginger tea.

For reservation or more information, feel free to contact our front office team via whatsapp or visit our spa at your convenience. We look forward to assisting you.

Our spa environment is a place of relaxation and tranquility; we kindly ask that you respect the natural and peaceful surroundings by turning off or silencing your phone while in the spa.

Kindly inform us at least 24 hours prior to your reservation time to avoid a 100% charge for your scheduled treatment.

Scan to connect



AshMara

Magia De Uma Signature

Canang sari relaxation

Named for the daily canning sari offerings – an emblem of gratitude and balance, this treatment is a signature balinese massage-style massage of flowing strokes, acupressure and rhythmic kneading to release tension and shot the nervous system.

Duration : 60 min - 1.000 | 90 min - 1.350

Tirta harmony ritual

Inspired by the tirta (Sacred Water) cleansing ceremonies of Bali, this extended ritual is designed as a gentle purification for body and mind. It uses floral waters, rice based exfoliation and a nourishing milk bath to soften the skin while the massage component rebalances energy and releases accumulated tension.

Duration : 150 min - 2.530

Boreh awakening wrap

Boreh is a tradition Balinese warming spice paste used to lift sluggishness, relieve aches and stimulate circulation, this ritual combines a heated boreh application, steam, and a restorative massage to reawaken the body and leave the guest grounded and warm.

Duration : 120 min - 2.000

Ricefield foot ritual

Inspired by the rhythm and grounding presence of Bali's rice terraces, this focused foot ritual is designed to relieve fatigue, reduce swelling and restore whole - body balance through reflexology and targeted care.

Duration : 45 min - 900

Volcanic stone temple massage

Drawing on Bali's volcanic landscapes, warmed basalt stones are used to anchor and draw our tension. The stone's heat relaxes tight muscles and helps therapists deliver deeper, sustained pressure without strain.

Duration : 90 min - 2.000

Couples sunset ritual

A Shared journey inspired by ceremonial offerings and island hospitality, designed to deepen connection through mirrored Lulu exfoliation, a double floral bath and synchronized Balinese massages.

Duration : 150 min - 4.000 for 2 pax

Classic Facials

Magia De Uma Signature Facial

Facial experience enriched with natural yogurt, soothing oat milk, and papaya enzymes. This treatment deeply nourishes the skin, enhances radiance, and restores moisture balance while promoting a soft, healthy, and luminous complexion.

Duration : 50 - 60 min - 900

Natural Brightening Facial

Brightening and balancing a gentle enzymatic exfoliating and honey mask combine to clarify hydrate and restore radiance. Fresh lemon enzymes help gently resurface while honey provides natural antibacterial and humectant benefits. Finished with soothing aloe vera and protective moisturizer.

Duration : 50 - 60 min - 900

Gua sha facial

Sculpting and restorative – this ritual uses jade or rose quartz gua sha tools to increase circulation, encourage lymphatic drainage and release facial tension. After a botanical cleanse and serum application, the therapist sculpts along the contours of the face and neck to reduce puffiness and reveal a luminous, lifted complexion. A cooling cucumber compress finishes the treatment for instant refreshment.

Duration : 50 - 70 min - 1.300

Aloe vera facial (for sunburn)

Cooling and restorative – designed to calm sunexposed or heatirritated skin. This treatment features a cool aloe compress, gentle cleansing, antioxidant serums and a replenishing aloe-cucumber mask to reduce redness and soothe sensitivity.

Duration : 40 - 50 min - 900

Classic Massage

Aromatherapy massage (with warm oil)

A flowing, personalized massage using warm massage oil and a signature blend of essential oils tailored to relax, energize or harmonize the senses. Smooth strokes, kneading and gentle stretches ease muscle tension while the warmth of the oil deepens relaxation.

Duration : 60 min - 1.000 | 90 min - 1.270 | 120 min - 1.540

Traditional balinese massage

Rooted in local tradition, this treatment combines long rhythmic strokes, acupressure and stretching to release deep tension and restore flow.

Warm, spice-infused oils drawn from Indonesian botanicals enhance the sensory journey.

Duration : 60 min - 900 | 90 min - 1.170 | 120 min - 1.440

Deep tissue massage

A focused, therapeutic session using deeper pressure and slow, concentrated techniques to reach tight muscle layers and chronic knots. Suitable for targeted problem areas and for guests seeking lasting relief.

Duration : 60 min - 1.170 | 90 min - 1.530

Herbal massage

A warming, aromatic ritual using steamed herbal poultices infused with traditional Indonesian spices and botanicals. The compresses and massage work together to soothe muscles, improve circulation and calm the nervous system.

Duration : 60 min - 1.250 | 90 min - 1.700

Bamboo Massage

Bamboo massage is a therapeutic body treatment that uses smooth, heated bamboo sticks of different sizes to apply pressure and rolling movements on the muscles. This technique helps to relieve muscle tension, improve blood circulation, and promote deep relaxation, helps stimulate energy flow, leaving the body feeling relaxed, refreshed, and revitalized.

Duration : 60 min - 1.170 | 90 min - 1.530

Classic Massage

Pregnancy Massage

Pregnancy massage is a gentle and nurturing therapy specially designed for expectant mothers. It focuses on relieving common discomforts during pregnancy, such as back pain, swollen legs, muscle tension, and fatigue. Using safe and soothing techniques, the massage helps improve blood circulation, reduce stress, and promote relaxation for both mother and baby.

Duration : 60 min - 900

Bone massage (specialized manual alignment)

A signature therapy delivered by our specialist therapist trained in advanced manual bone-and-joint mobilization techniques. This treatment focuses on gentle, non-invasive manual alignment and mobilization to improve joint comfort, posture and functional mobility. It is especially beneficial for guests with long-standing postural shifts, misalignment after falls, or chronic discomfort related to skeletal alignment.

Duration : 90 min - 2.700 | 120 min - 3.600 | 180 min - 5.400

Body Treatment

Body scrub + flower bath (combined ritual)

Polish, hydrate, float — our full-body scrub removes dead skin cells and stimulates circulation with naturally blended exfoliants. After a gentle rinse, relax in a soothing flower bath that softens and calms the skin while petals and botanicals restore balance. We finish with a hydrating oil or cream to seal in moisture.

Duration : 75 min - 1.350 | 120 min - 1.800

Magic hot stone

Heated basalt stones are placed and used to deliver deep, penetrating warmth that melts tension and enhances circulation. Combined with long, nurturing strokes, this treatment induces profound relaxation.

Duration : 60 min - 1.170 | 90 min - 1.440 | 120 min - 1.800

Cucumber body wrap (for sunburn)

A cooling, restorative wrap using fresh cucumber and aloe to calm redness, reduce heat and replenish moisture. Includes a gentle prep cleanse and finishes with a lightweight moisturizer.

Duration : 45 min - 900 | 60 min - 1.350

Boreh warm spice body wrap (for muscle tension & circulation)

A warming, restorative wrap using a traditional Balinese paste of toasted spices and herbs to soothe aching muscles, boost circulation and gently soften the skin with a comforting, aromatic heat. Includes a gentle prep cleanse or light exfoliation, warm Boreh paste application and thermal wrap; finishes with a soothing warmoil massage and lightweight moisturizer.

Duration : 60 min - 1.080 | 75 min - 1.440

Head to toe package

Indulge in curated spa journey that combines massage, body scrub, facial treatment, and a soothing milk bath. This carefully crafted experience relieves stress, improves circulation, and enhances skin radiance. The rich textures and relaxing techniques leave your body deeply relaxed, your skin silky smooth, and your senses completely renewed.

Duration : 210 min - 3.000