

Visa Sponsorship Explained

How HealthX supports international healthcare professionals through employer-sponsored roles

Why this matters

Australia has a strong demand for nurses, midwives, GPs, psychiatrists and aged-care professionals. Employer-sponsored visas open up opportunities to move and work here with support. At HealthX, we handle the sponsorship side so you can focus on your career and relocation.

Common visa pathways

Skills in Demand (482)

The most common starting point for international clinicians. Allows you to live and work in Australia for up to 4 years.

- Up to 4 years
- Sponsored by HealthX partners
- Leads to PR via 186
- Suitable for most roles

Employer Nomination Scheme (186)

A direct route to permanent residency for eligible candidates.

- Direct PR option
- Requires full AHPRA/Medical Board registration
- Often used by experienced or onshore clinicians

Not sure what you're eligible for?
We'll guide you through it.

What you need to know

Eligibility & employer terms

- You must be nominated by a sponsoring employer who meets government criteria.
- Your role must match your qualifications and registration for your profession.
- Some professions require work in priority locations (such as rural or remote) to meet pathway conditions.

Registration and professional credentialling

- Nurses, midwives, psychiatrists and GPs require registration through the appropriate regulatory body (e.g., Australian Health Practitioner Regulation Agency - AHPRA).
- HealthX supports you through the registration process, document verification and employer credential checks.



How HealthX supports the process

- We match you with employers who are eligible for visa sponsorship.
- We manage the nomination paperwork and submission on your behalf.
- We assist with professional registration, relocation logistics, family support and post-arrival orientation.
- We keep you informed and supported throughout your placement so you can focus on your role.

Next steps with HealthX

1. Upload your CV or get in touch with our international candidate team.
2. We assess your qualifications and identify your best visa and role pathway.
3. We match you with a sponsor employer and complete visa nomination.
4. We support your relocation and onboarding so you start your role in Australia.






✉ partnerships@healthx.com.au

🌐 healthx.com.au

📞 1800 380 823

📍 Level 4, 80 Petrie Terrace, Brisbane
QLD, Australia 4000

 [HealthXAustralia](https://www.facebook.com/HealthXAustralia)

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