THE INNER CIRCLE AFFIRMATIONS

To Decode + Recode Your Subconscious Mind:
Receiving Divine Guidance: Recognizing, Trusting & Acting on the Messages of the Divine
November 2026 – Divine Guidance
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Print this out. Read these affirmations aloud daily, in the morning or at night, throughout November.

INTRODUCTION

This month is about awakening to the possibility that you are supported by Divine guidance. Through prayer, intuition, angels, signs, synchronicities, dreams, and inner nudges, you may discover a deeper connection to your spiritual life. Yet doubt, fear, outside noise, and old experiences of being dismissed can make it difficult to trust what you feel and recognize what matters.

It is the deeper story that whispers... What if I am imagining it? What if I get it wrong? What if I miss a sign? What if I cannot trust myself? Sometimes we search for answers everywhere except within. When we constantly second-guess ourselves or demand certainty, we can lose touch with our own wisdom and the quiet space where guidance may be felt.

This month, we begin transforming that.

We will move through three phases together. First, Death—releasing fear, doubt, overthinking, and the need for outside approval. Then Rebirth—strengthening intuition, practicing discernment, and opening to the language of angels and Divine guidance. And finally Ascension—becoming the woman who recognizes, trusts, and acts on guidance with clarity, confidence, and peace.

As you speak these affirmations, you are bringing old patterns into awareness, releasing what is ready to end, and recoding your subconscious mind for stillness, trust, discernment, and inspired action.

SECTION ONE

Death (Releasing the Blocks to Divine Guidance)

As We Begin, Remember Three Simple Truths:

1. **Doubt can be a learned protection pattern.**
When your inner voice has been dismissed or your choices criticized, second-guessing can feel safer than trusting yourself. You can acknowledge the protection without letting it direct every decision.
2. **Not every thought, feeling, or coincidence requires interpretation.**
Anxiety can be loud, while intuition often feels quieter. Spiritual discernment includes noticing patterns without forcing meaning or assuming every event is a message.
3. **You can release the need to control the outcome while strengthening Divine certainty.**
Divine certainty is not about knowing exactly how your future will unfold. It is about developing an unwavering trust that Divine wisdom is present, even when the path ahead is unclear. You do not need to see every step to move forward. As you strengthen your connection to the Divine, you learn to trust the guidance you receive, take aligned action, and surrender how and when everything unfolds.

AFFIRMATIONS

Death (Releasing the Blocks to Divine Guidance)

- **"I release the old belief that I cannot trust my own inner knowing. I decode self-doubt and recode self-trust. I become a woman who listens to herself with compassion and clarity."**
- **"I release the need to seek everyone else's approval before I honour what feels aligned. I decode external validation and recode inner authority. I become a woman who can receive guidance and make her own decisions."**
- **"I release fear that I will miss a sign, choose incorrectly, or disappoint the Divine. I decode fear and recode peace. I become a woman who knows she can pause, reflect, and begin again."**
- **"I release the habit of overanalyzing every coincidence, dream, or feeling. I decode overthinking and recode discernment. I become a woman who notices meaningful patterns without forcing an answer."**
- **"I release the belief that Divine guidance must arrive loudly, instantly, or in one specific form. I decode rigid expectations and recode openness. I become a woman who welcomes stillness, insight, and unexpected possibilities."**

SECTION TWO

Rebirth (Strengthening Your Connection to Divine Guidance)

As We Begin, Remember Three Simple Truths:

1. Stillness makes room for listening.
Quiet moments, prayer, meditation, journaling, and reflection can help you notice what you truly feel beneath the noise of daily life.

2. Discernment is part of spiritual trust.
You can explore feathers, repeating numbers, dreams, synchronicities, and inner nudges as personally meaningful symbols while also checking the facts, your values, and the practical consequences of a decision.

3. Trust grows through gentle practice.
You do not need to make a life-changing decision to begin. Small aligned actions help you learn what calm confidence and self-trust feel like.

AFFIRMATIONS

Rebirth — Strengthening Your Connection to Divine Guidance

- **"I create quiet space to hear the wisdom within me. I decode inner noise and recode stillness. I become a woman who listens with an open heart and a grounded mind."**
- **"I welcome the possibility of Divine guidance through prayer, intuition, symbols, and synchronicities. I decode disconnection and recode receptivity. I become a woman who is curious, present, and spiritually connected."**
- **"I give myself permission to distinguish fear from inner knowing. I decode confusion and recode discernment. I become a woman who considers both her intuition and the reality before her."**
- **"I trust that a pause, a redirection, or a closed door can invite reflection rather than defeat. I decode resistance and recode openness. I become a woman who can change direction without losing faith in herself."**
- **"I allow myself to take one aligned step even when the entire path is not visible. I decode paralysis and recode courageous action. I become a woman who moves forward with wisdom, confidence, and grace."**

SECTION THREE

Ascension (Becoming the Woman Who Lives in Divine Alignment)

As We Begin, Remember Three Simple Truths:

1. Connection becomes meaningful through how you live.
Spiritual insight is most useful when it helps you act with greater love, integrity, responsibility, and clarity.
2. You can be guided and still be fully responsible for your choices.
Trusting the Divine doesn't mean sitting back and waiting for answers or expecting every decision to be made for you. Divine Guidance can help you recognize opportunities, see situations more clearly, and feel confident about your next steps. But you still have the responsibility to make choices and take action.
3. Your inner relationship can deepen over time.
Every reflective pause, intentional choice, and compassionate course correction can help you develop a steadier relationship with intuition and faith.

AFFIRMATIONS

Ascension (Becoming the Woman Who Lives in Divine Alignment)

- **"I honour the ways I have learned to listen to myself and the Divine. I decode disconnection and recode spiritual connection. I become a woman who walks through life with an open heart and clear intention."**
- **"I recognize signs and synchronicities with curiosity and wisdom. I decode the need for absolute proof and recode discernment. I become a woman who finds meaning without surrendering her judgment."**
- **"I trust myself to recognize a yes, respect a no, and reflect on redirection. I decode second-guessing and recode clarity. I become a woman who makes aligned choices with confidence and peace."**
- **"I welcome the love and support I associate with angels, the Divine, and my spiritual practice. I decode isolation and recode connection. I become a woman who feels supported while standing firmly in her own power."**
- **"Every quiet moment, every wise choice, and every aligned action strengthens the woman I am becoming. I decode fear and recode trust. I become a woman who receives guidance, honours her intuition, and courageously lives her Million Dollar Life." And so, it is.** 🤍