

Example 6 – Married Employee with Major Medical Expenses

This example shows you how much a married person with major medical expenses will pay for care with each of the medical plan options. When deciding which medical plan is right for you, it is important to look at your total medical and prescription drug expenses, which include what you pay for services AND what you pay in paycheck deductions for each plan.

Meet Gabrielle

- Gabrielle is married. She and her husband don't use tobacco and they get their annual physicals. They use in-network doctors for their care.
- Gabrielle's hip has been bothering her for years. Her pain becomes unbearable, so her doctor suggests a hip replacement.
- Let's pretend that they will need to:
 - Get their annual physicals;
 - Go to the primary care doctor four times during the year;
 - Go to the specialist four times before surgery and two more times after surgery;
 - Visit a physical therapist eight times before surgery and eight more times after surgery;
 - Visit the hospital for in-patient surgery for a hip replacement;
 - Fill some generic and brand formulary prescriptions at the pharmacy and some generic prescriptions through home delivery.

The amounts shown are estimates for Gabrielle's care under the plans. The numbers are for illustration purposes only. Please note Gabrielle and her husband's annual physicals were routine preventive care. So the plan covered their physicals at 100% (shown as \$0 on the chart). All other amounts show Gabrielle's out-of-pocket costs and assume they used in-network providers.

	Cost of Care	Gold	Silver	Bronze
Annual Deductible (Individual)		\$300	N/A	\$4,500
Annual Deductible (Family)		\$600	\$3,400	\$9,000
Out-of-Pocket Maximum (Individual)		\$4,000	\$7,000	\$7,000
Out-of-Pocket Maximum (Family)		\$8,000	\$11,000	\$14,000
Annual Medical Expenses:				
Two annual physicals	\$125 x 2	\$0 (covered 100%)		
One primary care doctor visit (Gabrielle's husband)	\$125 x 1	\$20 <i>copay</i>	\$125	\$125
One generic preventive mail order prescription - filled four times (90-day supply) (Gabrielle's husband)	\$70 x 4	\$80 <i>(\$20 copay x 4)</i>	\$80 <i>(\$20 copay x 4)</i>	\$80 <i>(\$20 copay x 4)</i>
Three primary care doctor visits (Gabrielle)	\$125 x 3	\$60 <i>(\$20 copay x 3)</i>	\$375	\$375
Two generic retail prescriptions (30-day supply) (Gabrielle)	\$25 x 2	\$20 <i>(\$10 copay x 2)</i>	\$50	\$50
One visit to the ER (Gabrielle's husband)	\$2,500 x 1	\$900 Individual Deductible Met <i>(\$300 toward individual deductible, \$200 copay, 20% coinsurance on remaining \$2,000)</i>	\$2,500	\$2,500
In-patient surgery (Gabrielle's husband)	\$20,000	\$3,000 Individual Out-of-Pocket Max Met <i>(20% coinsurance until reach individual OOP max)</i>	\$4,216 Family Deductible Met <i>(\$270 toward family deductible, 20% coinsurance on remaining \$19,750)</i>	\$4,295 Individual Deductible & Out-of-Pocket Max Met <i>(\$1,875 toward individual deductible, 30% coinsurance on up to individual OOP max)</i>
Four specialist doctor visits (Gabrielle)	\$200 x 4	\$160 <i>(\$40 copay x 4)</i>	\$160 <i>(20% coinsurance)</i>	\$168
Two generic retail prescriptions (30-day supply) (Gabrielle)	\$25 x 2	\$20 <i>(\$10 copay x 2)</i>	\$10 <i>(20% coinsurance)</i>	\$50
Eight physical therapy visits (Gabrielle)	\$115 x 8	\$400 <i>(\$50 copay x 8)</i>	\$184 <i>(20% coinsurance)</i>	\$920
Out-patient surgery (Gabrielle)	\$10,000	\$2,240 Family Deductible Met <i>(\$300 toward family deductible, 20% coinsurance on remaining \$9,700)</i>	\$2,000 <i>(20% coinsurance)</i>	\$5,056 Family Deductible Met <i>(\$2,937 toward family deductible, 30% coinsurance on remaining \$7,063)</i>
Two specialist doctor visits (Gabrielle)	\$200 x 2	\$80 <i>(\$40 copay x 2)</i>	\$80 <i>(20% coinsurance)</i>	\$381 Family Out-of-Pocket Max Met
Eight physical therapy visits (Gabrielle)	\$115 x 8	\$184 <i>(20% coinsurance)</i>	\$184 <i>(20% coinsurance)</i>	N/A
Total expenses	\$36,670	\$6,900	\$9,964	\$14,000
Gabrielle's Paycheck & Out-of-Pocket Costs:				
Annual paycheck deductions		\$9,560	\$4,808	\$2,592
Deductible amount paid by Gabrielle		\$600	\$3,400	\$9,000
Other costs paid by Gabrielle*		\$6,300	\$6,564	\$5,000
Annual Company-provided Contributions		N/A	(\$1,000)	(\$1,000)
Gabrielle's Total Cost		\$16,460	\$13,772	\$15,592

*Includes copays and out-of-pocket costs after the deductible is met.

To calculate Gabrielle's total cost, we added her annual out-of-pocket expenses (deductible + coinsurance and/or copayments + paycheck deductions) and subtracted her Company-provided HSA contribution. **The Silver plan wins.**

Remember, this is an example with estimated paycheck deductions and cost of care. Your actual costs will vary.