

JOURNAL

UNLEASH
GOOD
NEWS



BelPres Church

Sharing about Jesus isn't convincing people, fixing people, or selling Jesus. It's simply sharing good news we've actually lived. Jesus doesn't ask us to be experts or defenders, just witnesses who can say, "Here's what He has done in my life."

This journal helps you name those stories, one week at a time. Not theory, not pressure: real moments of grace, hope, redemption, courage, and pursuit. By the end, you'll have lots of "good news" you can share naturally: not a script, but the story you've experienced.

How to Use This Journal Each Week

1. OPEN IN PRAYER

Just a short moment: "Jesus, help me listen and respond."

2. READ THE BIBLE PASSAGE AND THE PREACHING SNAPSHOT

Let the text set the tone before you jump into conversation.

3. TALK WITH SOMEONE

Discuss the questions with your community group, or with one friend who follows Jesus. Listen to each other's real stories: not theories or performances.

4. JOURNAL ON YOUR OWN

Write your short reflection for the week. Keep it honest, simple, and human. Each week adds one more real story of good news you can practice sharing with others who don't know Jesus.

5. DO THE ACT

Pray, pay attention, and take the one step named for the week. Don't force it: simply respond to where Jesus nudges. Sharing good news takes practice, so stay with it.

6. DO THE FAMILY PRACTICE

Do the family activity together and talk about what Jesus is teaching you. If you don't have kids, ask a family you know how it's going and cheer them on!

Remember, sharing Jesus isn't a performance, it's overflow. When we stay close to His goodness, speaking about Him becomes natural, not forced. There's no rush and no pressure.

This journal simply gives us a weekly rhythm of praying, talking, writing, and practicing how to share Jesus together.

JAN 11

THE GOD WHO PURSUES ME

BIBLE PASSAGES: HOSEA 11:1-9 & LUKE 15:1-10

We all know what it feels like to want to be chosen: to be seen, wanted, and loved without having to earn it. Most of us spend a lot of energy trying to be worth pursuing; performing, proving, impressing, hustling for approval. But Scripture tells a different story. God doesn't wait for us to get our act together or finally come looking for Him. He comes looking for us.

LISTENING PRAYER

Jesus, help me notice how You come looking for me.
I'm listening, show me where You're already nearby.

TALK

- When have you felt wanted by God, even when you were not doing well or felt far away?
- What helped you notice His pursuit (someone's kindness, a moment, a word, a feeling of peace)?
- Who around you right now might feel overlooked and need that same kind of care?

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Based on what you talked about, write a 4-6 sentence story using this starter prompt:

- "Jesus came looking for me when I _____ and showed me _____."
- Avoid religious or churchy language: write it for someone who doesn't know Jesus.

ACT | Pray + Pursue

PRAY:

"Jesus, thank you for coming to find me. This week, help me see the one you're inviting me to notice and not miss."

PURSUE:

- Think of someone you know who often gets missed, overlooked, or left alone.
- Pursue them with love this week, not to "convert," but to be present: text to check in, invite for coffee or lunch, offer a ride, a meal, a listening ear, choose them on purpose.

No sermon. No correction. No agenda. Just the same pursuit Jesus showed you.

JAN 11

THE GOD WHO PURSUES ME

FAMILY PRACTICE

- Parents: share a real story of when God came looking for you.
- Kids: share when someone found you, included you, or came looking for you.
- Each family member picks one person to notice this week (classmate, coworker, neighbor).
- Do one simple act of pursuit: invite them to play, share a snack, text encouragement, sit with them at lunch, help with homework, etc.

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JAN 18

GRACE GREATER THAN MY SIN

BIBLE PASSAGE: ROMANS 5:12-21

In Romans 5, Paul says something almost impossible to believe: wherever sin shows up, grace shows up more. Not equal. Not balanced. More. That means no amount of failure, regret, or rebellion outpaces the mercy of Jesus.

LISTENING PRAYER

Jesus, let Your grace speak louder than my mistakes. I'm listening, remind me I don't have to earn Your love.

TALK

- When have you felt "too much" or "not enough," and how did Jesus meet you in that moment?
- What changed because of His grace? Your heart, your reactions, or your relationships?
- Who in your life needs grace this week more than correction or advice?

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Based on what you talked about, write a 4-6 sentence story about a time you experienced God's grace using this starter prompt:

- "When _____ happened, I thought sin/shame had the last word, but then grace _____."
- Write like you'd talk to a friend who doesn't go to church.

ACT | Pray + Give Grace

PRAY:

"Jesus, thank you that grace outran my sin. Show me who needs that same grace from me this week."

GIVE GRACE:

Write one name: a coworker, sibling, adult child, friend, classmate, neighbor.

- Offer grace specifically where you'd normally correct, lecture, or withdraw (patience instead of eyeroll, listening instead of fixing, encouragement instead of critique, forgiveness instead of replaying wrongs).

This is not "be nice." This is to be more like Jesus because he does the same for you.

- If the moment feels right, say: "I'd love to have you join me..." and offer one clear invitation: for a walk this week, for dinner at my house, Sunday Worship, Alpha, Easter Party, Moms Fellowship, Student D Groups...

No Pressure. Just Invitation.

JAN 18

GRACE GREATER THAN MY SIN

FAMILY PRACTICE

- Parents: tell a 1-minute story when you needed grace and someone gave it.
- Kids: name a time someone forgave you or was kind when you expected trouble.
- As a family, choose one person you can surprise with grace this week: share a toy, write a note, apologize first, include the left-out kid, say “you can sit with us.”

JOURNAL:

JAN 25 REDEMPTION BIGGER THAN PAIN

BIBLE PASSAGE: BOOK OF RUTH

The book of Ruth begins in loss and disappointment, with Naomi and Ruth convinced their story is over. Many of us know that feeling. But God is already working in the ashes. He doesn't ignore the pain or rush past it; He turns it into the soil of redemption. Ruth doesn't just survive, she's woven into God's bigger story, becoming the great-grandmother of David and part of the family line of Jesus. What looked like the end becomes a beginning. That's the heart of the gospel: Jesus steps into our suffering and brings restoration from the inside out. The cross is the ultimate beauty-from-ashes moment: God taking what was broken and using it to save. Ruth reminds us: nothing in your story is too shattered or too far gone for Jesus to redeem. If you're sitting in the ashes, He isn't finished yet.

LISTENING PRAYER

Jesus, meet me in the places that still hurt. I'm listening, show me where You're growing hope in the ashes.

TALK

- What loss or disappointment has shaped you, and where do you still feel its weight?
- Where have you seen even a small sign of redemption or healing begin, and how has Jesus met you there?
- Who in your life is walking through their own hard season and could use quiet support, rather than solutions?

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Based on what you talked about, write a 4-6 sentence story using this starter prompt:

- "When _____ happened, I thought it was the end, but Jesus is slowly growing _____."
- If redemption hasn't shown up yet, write: "I am still waiting, and I trust Jesus hasn't finished."
- Journal only what you truly see today.

ACT | Pray + Presence

PRAY:

Jesus, thank You for seeing my ashes. Show me one person who needs patient love, not answers, this week.

PRESENCE:

Write one name of someone currently in pain or transition. Reach out and: sit with them, bring a meal, drop off coffee, send a simple text: "Thinking of you today. You are not alone."

JAN 25 REDEMPTION BIGGER THAN PAIN

Do not explain, correct, or cheerlead. Redemption begins with presence.

- If the moment is gentle and trust is evident, invite them to something with warmth, not pressure:
 - “If you ever want a place to be around kind people, I’d love to bring you to ___ and offer one clear invitation: for a walk this week, for dinner at my house, Sunday Worship, Alpha, Easter Party, Moms Fellowship, Student D Groups...

Not a push. Just a kind door.

FAMILY PRACTICE

- Parents: share a real family season that felt like ashes: job loss, move, death, transition, disappointment.
- Kids: share a time something sad happened.
- Together ask: “Where have we seen even a tiny bit of God’s kindness in that story?”
- Write a thank-you or encouragement note to someone who helped your family in that season (coach, teacher, neighbor, mentor, or friend).

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FEB 1

MADE NEW, NOT JUST NICE

BIBLE PASSAGE: 2ND CORINTHIANS 5:17

Jesus isn't interested in polishing us up so we look more respectable. He isn't trying to make us behave better or act more "Christian." His goal is far bigger: new creation. Paul says that when we are in Christ, the old has gone and the new has come. That means Jesus doesn't just forgive what was; He remakes who we are. Not a better version of the old me, but a genuinely new me.

LISTENING PRAYER

Jesus, make me new from the inside, not just better on the outside. I'm listening. Show me what You're changing in me.

TALK

- When has Jesus met you in a place that needed real change, and what shifted as you walked with Him? Consider a time that Jesus helped you change in a real way: like becoming kinder, braver, calmer, or more honest.
- How did you know something was genuinely different (peace, freedom, direction, or healing)?
- Where are you still managing how you look instead of letting Jesus reshape you, and who might need to hear that Jesus makes people whole, not just "better behaved"?

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Based on what you talked about, write a 4-6 sentence story using this starter prompt:

- Finish honestly: "I once was _____, but now I am _____, because of Jesus."
- Keep it conversational, not polished. Avoid "I worked harder" or "I fixed myself." Name the change you couldn't make on your own: the shift in heart, habits, or priorities that only makes sense because the Holy Spirit got involved.

ACT | Pray + Tell the Real Story

Pray: "Jesus, thank You that I am not who I was. Show me who needs to hear honest hope, not a performance."

Tell the Real Story: Choose someone to share your honesty with, not your polish. Then, in a normal moment (not forced), share one of the stories you've written with them.

Not advice. Not a sermon. Just your story. This is non-performative evangelism. You are just sharing what you've seen Jesus do.

FEBOOK

MADE NEW, NOT JUST NICE

- If they show curiosity, say:
 - “If you ever want to explore Jesus more, I’d love to bring you with me to ___ and offer one clear invitation: for a walk this week, for dinner at my house, Sunday Worship, Alpha, Easter Party, Moms Fellowship, Student D Groups...

No pressure. Just an open door.

FAMILY PRACTICE

- Parents: share your “I once was... now I am...” sentence with your kids.
- Kids: share something Jesus is changing in you (courage, patience, kindness, trust).
- Celebrate growth, even tiny growth.
- Say together: “Jesus, thank You that You are making us new.”

JOURNAL:

BIBLE PASSAGE: MARK 1:16-34

In Mark 1, Jesus meets fishermen right in their normal work: mending nets, providing for their families, just trying to make life work. Their plans weren't bad; they were just small. Jesus doesn't dismiss them or their jobs. He simply invites them into something bigger: "Follow me...I will make you fishers of people." He doesn't turn them into different people or take away their skills. He takes what they already know, persistence, patience, teamwork, and gives it eternal purpose. Jesus doesn't ask us to abandon our real lives to go do "religious" work. He steps into our everyday spaces: offices, classrooms, kitchens, coffee shops and says, "I can use this. I can use you." He doesn't shrink our lives. He enlarges our purpose.

LISTENING PRAYER

Jesus, use my ordinary life for Your good work. I'm listening, show me who You've placed in my path today.

TALK

- Where do you spend most of your everyday life and how could Jesus use you right there, as you are?
- Has Jesus ever redirected your plans in a way you didn't expect? What happened?
- Who is already in your daily path that Jesus might be inviting you to notice with love and intention this week?

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Based on what you talked about, write a 4-6 sentence story using this starter prompt:

- "I didn't have to become someone else. Jesus used me in -----."

No grand mission. No spiritual performance. Ordinary context + ordinary you + Jesus' purpose = good news.

ACT | Pray + Serve

Pray: Jesus, use my everyday life today. Help me notice the person right in front of me.

Serve: Write one name of someone in your current rhythm: coworker, neighbor, classmate, barista, coach, teammate.

- Serve them in a natural, non-weird way: carry something, show up early, bring coffee, offer help, invite them to sit with you, or send encouragement.

FEB 8

MADE NEW, NOT JUST NICE

If they ask why, answer simply: "Because I follow Jesus, and He sees you."

- If they show curiosity, say:
 - “If you ever want to explore Jesus more, I’d love to bring you with me to ___ and offer one clear invitation: for a walk this week, for dinner at my house, Sunday Worship, Alpha, Easter Party, Moms Fellowship, Student D Groups...”

FAMILY PRACTICE

- Everyone names one thing they're good at or enjoy (sports, cooking, organizing, drawing, music, fixing things).
- As a family, match each person's gift to someone outside your home who might need it.
- Do one simple act this week to serve them.
- End by saying together: "Jesus, use our ordinary lives for Your good work."

JOURNAL:

FEB 15 HOPE BIGGER THAN HOPELESSNESS

BIBLE PASSAGE: ROMANS 5:3-5

Paul reminds us that with Jesus, the story doesn't end where we think it ends. Death isn't the last word, resurrection is. Despair isn't the last word, hope is. Suffering isn't the last word, glory is. This doesn't mean we pretend everything is okay. It means that even in the hardest places, Jesus is still working. He meets us in the waiting, the tears, the disappointment, and plants new life where we don't expect it. Most of us know what it feels like to run out of hope: diagnosis, heartbreak, the child who wanders, the prayer that never seems to move. But over and over, Jesus shows up right there and breathes life into what felt finished. Resurrection isn't just Easter language: it's how Jesus works. Where you see an ending, He sees the beginning of something alive.

LISTENING PRAYER

Jesus, breathe Your hope into places that feel stuck or tired. I'm listening, show me where You're still working.

TALK

- Think of a time that felt hopeless: how did Jesus meet you there, even in small ways?
- Where do you currently feel stuck or tired, and what would honest (not forced) hope look like right now?
- Who in your life is barely holding on and could use steady presence more than advice this week?

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Based on what you talked about, write a 4-6 sentence story using this starter prompt:

- "I thought _____ was the end, but Jesus began _____."
- Name only what is true today.
- Hope can be tiny: a text, a breath, a moment of clarity, a friend who showed up.

ACT | Pray + Show Up

PRAY: Jesus, help me see where You are still working in my life, and help me carry that hope to someone who has none.

SHOW UP:

- Write one name of someone who feels stuck, heavy, or alone.
- Bring tangible hope: a visit, a meal, a text that says, "I'm with you," sit in silence, go on a walk, run an errand, or watch their kids for a few hours.

FEB 15 HOPE BIGGER THAN HOPELESSNESS

- No speeches. No silver lining. Hope = your steady presence.
- If they express longing, loneliness, or curiosity say:
 - “If you ever want a place to rest and feel love, I’d love to bring you to ___ and offer one clear invitation: for a walk this week, for dinner at my house, Sunday Worship, Alpha, Easter Party, Moms Fellowship, Student D Groups...”

Not pressure. Just a door.

FAMILY PRACTICE

- Light a candle together.
- Say: “Jesus brings light into our hardest places.”
- Ask: “Where do you want Jesus to shine hope this week?”
- Pick one person outside the family to encourage: draw a card, drop off cookies, write a note, send a text, invite them to play/sit with you.

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FEB 22

THE GOD WHO REACHES ALL

BIBLE PASSAGE: LUKE 8:40-56

In Luke 8, two very different people collide at the feet of Jesus: Jairus, a respected leader with influence and access, and a woman who has been bleeding, isolated, and overlooked for twelve long years. One is named and honored, the other is unnamed and pushed to the edges. And yet Jesus stops for both. Most of us lean one way or the other, we're either used to being listened to like Jairus, or we know what it's like to feel invisible like the woman. But Jesus isn't selective. He isn't impressed by status, and He isn't deterred by suffering. His compassion is wide enough to hold both privilege and pain.

LISTENING PRAYER

Jesus, help me see people the way You do. I'm listening, show me who needs welcome, not distance.

TALK

- When have you felt out of place, and who made room for you in a way that helped you feel you belonged?
- Where do you currently feel confident and connected, and where do you feel overlooked or worn down?
- Who in your everyday life sits outside your usual circles and could use simple welcome or presence this week?

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Based on what you talked about, write a 4-6 sentence story using this starter prompt:

- "I felt invisible when _____ and Jesus met me through _____."
- Keep it simple, story-level, human, not polished.

ACT | Pray + Hospitality

PRAY: Jesus, help me notice who You're already placing in my path today, and make space for them with joy.

HOSPITALITY:

Pay attention to who is already around you but not already close.

- Choose one normal space this week (break room, sideline, classroom, lobby, gym, coffee line). Make room for whoever is there with you by: inviting them into your table or conversation, asking a real question and waiting long enough to hear an honest answer, staying present longer than politeness requires, or sharing a bit of your own story.

FEB 22

THE GOD WHO REACHES ALL

No fixing. No matching. No managing personalities. Just making room with Jesus' posture: Come sit. You matter here.

- If openness surfaces naturally say: “I’ve really enjoyed talking with you, would you ever want to join me at __” and offer one clear invitation: for a walk this week, for dinner at my house, Sunday Worship, Alpha, Easter Party, Moms Fellowship, Student D Groups...

Not recruitment. Not obligation. Invitation born out of belonging.

FAMILY PRACTICE

- Ask each family member: “Who gets included easily, and who gets missed?”
- Choose one person who tends to be overlooked: sit with them at lunch, invite them to play, add them to the game / group chat
- End with: “Jesus, help us see people the way You do.”

JOURNAL:

BIBLE PASSAGE: NUMBERS 13-14

In Numbers 13-14, twelve spies all see the same landscape. Same giants. Same risks. Same unknowns. Yet ten come back terrified, and two, Joshua and Caleb, come back hopeful. It's not because the giants were smaller for them. It's because their eyes were on God instead of on the threat in front of them. Joshua's name, in Aramaic, is the same as Jesus. That's not accidental. It's a reminder that courage doesn't come from confidence in ourselves, but from the One who goes with us, fights for us, and keeps His promises. Fear says, "The giants are too big." Faith says, "God is bigger."

LISTENING PRAYER

Jesus, steady my heart when fear feels loud. I'm listening. Show me my faithful next step.

TALK

- Think of a "giant" you've faced. What made it scary, and how did Jesus steady you?
- What changed afterward (peace, clarity, courage, a next step you could finally take)?
- What fear feels loudest right now, and what one step of faith have you been avoiding because of it?

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Based on what you talked about, write a 4-6 sentence courage story using this starter prompt:

- "I was afraid of _____, but Jesus helped me _____."

Keep it shareable, not dramatic.

ACT | Pray + Take A Step

PRAY: "Jesus, fear feels loud. Help me see You right in front of me, and steady me to take one step."

TAKE A STEP:

Identify one small act of courage that aligns with your journal story: speak honestly with someone, apologize or forgive, invite someone who's been on your heart to do something with you, practice generosity, name your faith when asked, or reach out to someone you've avoided.

- If conversation turns to trust or faith, consider saying: "If you ever want to explore this with me, I'd love to invite you to ____" and offer one clear invitation:

M A R 1

COURAGE GREATER THAN FEAR

for a walk this week, for dinner at my house, Sunday Worship, Alpha, Easter Party, Moms Fellowship, Student D Groups...

No pressure. Just courage toward belonging.

FAMILY PRACTICE

- Share one “family courage moment” when Jesus helped you do something hard.
- Have each person pick one simple brave thing to do this week: apologize first, invite someone to sit with you, try something new, or check on a neighbor.
- End with: “Jesus, help us be brave because You are near.”

JOURNAL:

MAR 8 THE GOD WHO SUFFERS FOR ME

BIBLE PASSAGE: HEBREWS 12:1-3

Hebrews 12 tells us something almost impossible to take in: Jesus endured the cross “for the joy set before him.” And that joy wasn’t glory, crowds, or applause. It was you. Jesus doesn’t only suffer with us in our pain: He suffers for us. Not reluctantly. Not because He had to. But because you were worth it to Him. He didn’t choose the cross out of duty. He chose it out of love. Not because we were impressive, or faithful, or morally tidy, but because His love is stubborn, personal, and unearned.

LISTENING PRAYER

Jesus, help me grasp how loved I am by You. I’m listening, show me where Your love meets my pain.

TALK

- When you picture Jesus choosing the cross, what do you feel? Relief, awe, worthiness, discomfort?
- Where are you still trying to earn His love by performing, behaving, impressing?
- Who in your world right now needs to hear, “You matter, even when you can’t pay love back?”

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Based on what you talked about, write a 4-6 sentence courage story using this starter prompt:

- “Thank You for suffering for me when I...” (name the real moment: shame, loneliness, betrayal, fear, pride)
- “This is what Your love meant to me...”
- “This is how I knew it was You...”

Keep it human, not polished. This is not a theological essay; it’s a gratitude letter to Someone who stayed when you broke.

ACT | Pray + Sacrifice

PRAY: “Jesus, thank You for loving me when I could give You nothing back. Show me who needs that same kind of love from me this week.

SACRIFICE:

Identify one person who may not be able to return a favor or respond with emotional energy right now:

- Offer a concrete, sacrificial kindness: run their errand, cover their shift, pay their bill or meal quietly, babysit for free, drop groceries, or show up and sit, without fixing.

MAR 8

THE GOD WHO SUFFERS FOR ME

The point is no repayment. Just love that looks like Jesus.

- If you see an opportunity, consider saying: “I’d love for you to come with me sometime to _____ if you ever want space to rest and be loved.” and offer one clear invitation: for a walk this week, for dinner at my house, Sunday Worship, Alpha, Easter Party, Moms Fellowship, Student D Groups...

Not persuasion. Not strategy. Just an open door born from real love.

FAMILY PRACTICE

- Parents share this with their kids: “Jesus chose the cross because you are worth it to Him.”
- Each family member chooses one sacrificial act: give the biggest cookie away, let someone else choose the game, write a kind note, share what’s loved, not leftovers.
- End with: “Jesus, help our love look like Yours.”

JOURNAL:

MAR 15 A KINGDOM BIGGER THAN MINE

BIBLE PASSAGE: MATTHEW 21:1-11

On Palm Sunday, the crowds cheered because they thought they knew exactly what Jesus was about to do: take power, overthrow Rome, and build a political kingdom that looked like theirs; only stronger. But Jesus rides in on a donkey, not a war horse. He's making it obvious: His kingdom is nothing like the kingdoms we build. We chase influence, security, reputation, achievement. We work hard to build lives that feel impressive or protected. But Jesus doesn't come to bless our little empires. He comes to topple them so we can belong to something far better.

LISTENING PRAYER

Jesus, reorder my heart to match Your kingdom, not mine. I'm listening, show me where You want me to invest my life.

TALK

- Where have you been most focused on building your own world (comfort, image, control, success), and how did Jesus redirect that part of your life?
- What shifted when you said yes to Him (peace, purpose, generosity, belonging)?
- This week, where might Jesus invite you to use that same energy for His kingdom, and who near you could experience His welcome through you?

Not guilt. Just honest inventory and redirect.

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Based on what you talked about, write a 4-6 sentence courage story using this starter prompt:

- "I was building _____, but Jesus invited me into _____."

Keep it honest and small. Not dramatic. Not guilt-driven.

ACT | Pray + Kingdom Shift

PRAY: "Jesus, reorder what I hold tightly. Show me how to invest my life in Your kingdom, not mine."

KINGDOM SHIFT: Choose one Kingdom practice that connects with your journal story:

- Generosity (give without recognition or return)
- Advocacy (speak up for someone overlooked)
- Reconciliation (repair a relationship)

MAR 15 A KINGDOM BIGGER THAN MINE

- Welcome (include someone new)
- Service (meet a need quietly)
- Hospitality (open your home or calendar)

This is not about doing more. It's about doing something aligned with Jesus' reign instead of mine.

- If you see an opportunity, consider saying: “If you ever want to be part of a community trying to live like this, I’d love to invite you to ____.” and offer one clear invitation: for a walk this week, for dinner at my house, Sunday Worship, Alpha, Easter Party, Moms Fellowship, Student D Groups...

No pressure. Just extending the kingdom you're living.

FAMILY PRACTICE

- As a family, choose one Kingdom act: share toys instead of hoarding, invite a neighbor for dinner, donate something you actually love--not leftovers, write encouragement to someone who needs hope
- End by saying together: “Jesus, make our home part of Your kingdom.”

JOURNAL:

BIBLE PASSAGE: ACTS 1:6-9

Jesus doesn't send us out to sell Him: He sends us to witness. The Holy Spirit doesn't just give us words, but a way of life that points to Jesus in everyday places: home, work, neighborhood, school. When our lives look different there is grace instead of shame, forgiveness instead of bitterness, peace instead of fear, and people will ask why. And all we need to do is tell the truth: "Here's what I've seen Jesus do." Not pressure. Not performance. Just witness.

LISTENING PRAYER

Jesus, make my life look like Your good news. I'm listening. Help find me a moment to share about you gently and honestly.

TALK

- Keep it simple, If someone asked, "Why Jesus?" what 90-second story would you tell?
- What really holds you back: fear of awkwardness, not knowing enough, worrying how you'll sound?

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Write your story in 4 short lines:

- Before Jesus I was...
- Jesus met me when...
- What changed was...
- Now I see Him in...

Keep it honest, not polished.

ACT | Pray + Share Your Story

PRAY: "Holy Spirit, give me one natural moment to share my story this week."

TELL YOUR STORY:

When the moment opens, don't explain Christianity. Simply tell your true story: "Here's what Jesus did in my life..."

No pressure to convince. Just witness.

- If you see an opportunity, consider saying: "If you ever want to be part of a community trying to live like this, I'd love to invite you to ____." and offer one clear invitation: for a walk this week, for dinner at my house, Sunday Worship, Alpha, Easter Party, Moms Fellowship, Student D Groups...

MAR 22

COURAGE GREATER THAN FEAR

FAMILY PRACTICE

- At dinner, each person answers: “One thing I love about Jesus is...” (60 seconds max)
- As a family, have each person choose one person to gently share that simple thought with this week. No preaching. Just: “This is why Jesus matters to me.”

JOURNAL:

BIBLE PASSAGE: JOHN 4:1-42

Jesus doesn't wait for experts. He starts with everyday people in everyday moments. The woman at the well wasn't polished or respected: just honest. Jesus met her in the middle of her story, and she simply went home and said: "Come see the man who told me everything I ever did." No speech. No strategy. Just her story. That's how witness works. Jesus meets us, we name what He's done, and people get curious. You don't have to be impressive to share good news—just truthful about where Jesus found you. "Come and see."

LISTENING PRAYER

Jesus, give me joy and courage to speak what I've seen You do. I'm listening, show me the person who needs Your hope today.

TALK

- Which part of your story would help someone understand Jesus, not religion?
- Who in your life seems thirsty, tired, curious, or searching right now?

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Look back over your stories from the last 11 weeks:

- Underline repeated patterns of grace (pursuit, hope, courage, forgiveness, restoration).
- Circle the one sentence that best answers: "What's so good about Jesus to me?"
- Write one simple 2-3 sentence version of your story that you could share naturally.

ACT | Pray + Share Your Story

PRAY: "Jesus, give me joy and courage to share what You've done."

SHARE YOUR STORY

Share one part of your story this week with someone who doesn't yet know Jesus. Not doctrine. Not advice.

Just: "Here's what I've seen Him do in my life."

- If you see an opportunity, consider saying: "If you ever want to be part of a community trying to live like this, I'd love to invite you to ____." and offer one clear invitation: for a walk this week, for dinner at my house, Easter Worship, Alpha, Easter Party, Moms Fellowship, Student D Groups...

Not pressure, just a real invitation to "come and see."

M A R 2 9

COURAGE GREATER THAN FEAR

FAMILY PRACTICE

- Each family member names one way Jesus has been good news to them this year.
- Pray together: “Jesus, show us one person to share hope with this week.”
- Choose one simple act: a note, an invite, a conversation, a kindness.

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My Story



 BelPres Church