

## Winter Retreat Packing List – March 2026

### The Essentials

- ❑ Sleeping bag, pillow and fitted twin sheet to cover mattress. Tip: you can usually roll the pillow in the sleeping bag. It is a good idea to make sure the sleeping bag is in a **watertight bag** (a plastic trash bag with your name on it works great).
- ❑ Bible (and pen) – be sure your name is in it
- ❑ Bath towel and washcloth
- ❑ Flashlight or headlamp: Please be sure to label the flashlight with your name
- ❑ General toiletries: soap, toothpaste, toothbrush, shampoo, deodorant, etc.
- ❑ A water bottle
- ❑ Sunglasses
- ❑ Warm clothing (there will be quite a lot of snow on the ground, plan accordingly)
  - Clean socks & underwear
  - Shirts, pants, sweatshirts
  - Shoes
  - Warm hat or beanie
  - Gloves, snow pants, snow jacket and snow boots or rain boots (recommended)
- ❑ Cash for lunch stop on the way home (\$20 recommended)
- ❑ Optional – camera
- ❑ Optional for HS students only: supplies/costumes for the Saturday night talent show—must fit in packed luggage and not be super bulky
- ❑ You are welcome to bring a light snack for the journey to camp. We should arrive at camp around 4:30pm and will have dinner shortly after arrival.

### Please DO NOT bring the following items:

- ❑ Weapons, such as knives or any other item or weapon designed to hurt someone (this includes toy weapons)
- ❑ Snowboards, skis, sleds, etc.
- ❑ Any handheld video games.
- ❑ Please avoid preventable heartache; do not send anything that is irreplaceable.

### Phone Policy

Sending a cell phone to camp is up to you. While cell phones can be used to take pictures, they can also be lost or damaged during camp activities. If leaders see students on their phones so much that it impedes students from engaging with others, distracting students from participating in activities, or causing issues, leaders will take students phones away from them for the weekend. If you feel like your student's phone might cause a problem or keep them from engaging, please don't allow them to bring it. **The camp DOES NOT have any cell service or publicly available Wi-Fi, so students won't have access to internet/calls/messaging.**

### Medication

Medications must be in their original pharmacy container in a Ziploc plastic bag with the camper's name printed on it.

### DEPARTURE AND RETURN INFO

We will meet in the Sanctuary Lobby at 1:00pm and depart at 2:00pm. We expect to return to the Sanctuary Parking Lot by 4:30pm, Sunday afternoon. We will send an email if our arrival time is later than anticipated.

**EMERGENCY CONTACT INFO:** If you need to contact your student in an emergency, please leave a message at 425-974-2152 or email [Campemergencycontact@belpres.org](mailto:Campemergencycontact@belpres.org). One of our staff on the trip will check this voicemail/email daily and return your call.