



BelPres Church

Made New

Ice-breaker Question: What was the worst haircut you ever had?

Opening Prayer:

Jesus, make me new from the inside, not just better on the outside. I'm listening. Show me what you're changing in me.

Practice Reflection Questions:

What stands out from your prayer or journaling time this week? Did you pursue a nudge or prompt to action? What did you do and how did it go? Did your family try the family practice? How did that go?

This Week's Scripture:

2 Corinthians 5:14-17

"For Christ's love compels us, because we are convinced that one died for all, and therefore all died. ¹⁵ And he died for all, that those who live should no longer live for themselves but for him who died for them and was raised again.

¹⁶ So from now on we regard no one from a worldly point of view. Though we once regarded Christ in this way, we do so no longer. ¹⁷ Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"

Scripture Reflection Questions: Read this week's scripture together and discuss the following (note: we use the same scripture reflection questions

each week so that we can practice using the same tools over time as we examine different scriptures)

- What do we learn about God's story in this passage?
- What do we learn about our story in this passage?

Talk:

- When has Jesus met you in a place that needed real change, and what shifted as you walked with Him? Consider a time that Jesus helped you change in a real way: like becoming kinder, braver, calmer, or more honest.
- How did you know something was genuinely different (peace, freedom, direction, or healing)?
- Where are you still managing how you look instead of letting Jesus reshape you, and who might need to hear that Jesus makes people whole, not just "better behaved"?

Action Plan:

Review the action prompt below, share any initial ideas of how you might pursue this practice this week.

- Think of someone you know who you might choose to share your honesty with, not your polish. Then, in a normal moment (not forced), share one of the stories you've written in your journal with them. Not advice. Not a sermon. Just your story. This is non-performative evangelism. You are sharing what you've seen Jesus do.

Closing Group Prayer:

Spend a few minutes together in your group sharing prayer requests and then praying together for each other. Take the challenging parts of your conversation to Jesus. Thank God for the time together, the conversation shared, the other people in the group, and for encouragement for the week ahead.