
YOGA
RETREAT
DREAMWAVE
MOROCCO
SEPT
18–24 2027

THE UNFOLDING

YOGA

Morning Practice
To Transcend the Static

We will practice daily before brunch (8:00am), always fluid in motion, anchoring into deep rhythmic breathing. A well-rounded experience to start the day!

Built upon Katonah Yoga and liberating movement, the yoga classes will awaken and elevate your energy progressively throughout the six days of the Retreat.

DEEP MIND

Afternoon Practice
To Cultivate Inner Radiance

By the end of the day (5:00pm), the focus is laid on the internal practices and Restorative Yoga, exploring through sensory impulses and guided meditations.

The inward journey will help us cultivate lightness and clarity. The Moroccan light and salty air also naturally nourish on a cellular level.





WHY DREAMWAVE?

After two successful retreats in 2024 and 2025, I am inspired to bring Dreamwave again.

Dreamwave reflects the journey we will take by moving through body and mind, stimulating deep currents of energy. In a world of constant stimulation, this retreat setting offers a space to unplug and dive into the depths of the Self.

Movements, visuals and the breathing will effortlessly converge to an energetic tide that realigns, and invites us to move through life with embodied presence and fluency.

You will get the chance to wash away any stress in the Atlantic ocean. Throughout the day there will be plenty of free time to chill or explore the surroundings. At night, we hang out, have long conversations or just stargaze...

ACTIVITIES

Surfing, Hiking, Resting

This retreat is designed to offer you a deeply restful and nourishing experience.

If you enjoy surfing, you can always grab a board or spontaneously book a coaching with our hosts. Guided hiking or horse riding, a cultural trip to Essaouira and a spa visit can also be organized at your request.

Surf session: 40 € per person/session *payment on-site
including surf coaching, surfboard, wetsuit and transport to the local surf spot

OUR STAY

Dancing The Waves Morocco

We will stay in the pristine bay of Tafedna, 50km south of Essaouira, in a peaceful, family-run setting where you can ground and connect with nature. My friend Lisa and her husband Fayçal are our welcoming hosts at Dancing The Waves Morocco.

Villa Aljana offers four spacious rooms with private bathrooms, a communal living and dining area, and a lounge terrace. Two garden bungalows feature private pergolas and rooftop sea views, while the Yoga Shala is housed in a spacious standalone bungalow.

A short 8-minute walk leads to a vast, untouched beach, with a small fishing village at the far end, about 30 minutes away on foot.

Fresh Moroccan meals, including a wholesome brunch and hearty dinner, are lovingly prepared by Keltoum and her sisters, Khadija and Rokaia. Ingredients are sourced from local farmers, featuring fresh produce, fish, meat, olive oil, and eggs. Vegetarian options are available, along with fresh fruits, almonds, and dates throughout the day.
Any food intolerances will be taken into account.

TRAVELING TO MOROCCO

Fly to RAK / AGA

You can fly either to Marrakesh or to Agadir. We will organize the airport pick up for you, and try our best to group people so the journey and price can be shared.
It is easy to rent a car in Morocco if you prefer to travel independently.

Airport transfer RAK (aprox. 3h): 110 € per way for 1-7 pax
Airport transfer AGA (aprox. 4h): 75 € per way for 1-4 pax / 110 € for 4-7 pax
*payment on-site

Arrival day: Saturday September 18: Check-in after 2pm (retreat opening on Sunday)
Departure day: Friday September September 25 after class and brunch.

FORMALITIES

Retreat investment for 6 nights including all practices, daily brunch & dinner:

Single room in villa/small bungalow (private room & bath): 2200 CHF per person
Double room in villa/small bungalow (shared room & bath): 1700 CHF per person
Double room in big bungalow (sep. rooms, shared bath): 1900 CHF per person
*airfare, transports, surf coachings are not included in the rate.

Reserve your spot with a non-refundable down payment of 500 CHF.
Remaining payment is due as of May 15th, 2027 (one payment only).
Cancellations with full refund (except the 500 CHF) until May 15th, 2027.

Participants are responsible for their own insurance.
This retreat is an intimate gathering, limited to 13 participants max.

Dreamwave Retreat is solely led by Reni Bickel: www.renibickelyoga.com
Write me an email at hello@renibickel.com if you want to participate!

ESTOY MIRANDO
OYENDO

CON LA MITAD DEL
ALMA EN EL MAR

Y LA MITAD DEL
ALMA EN LA TIERRA

Y CON LAS DOS
MITADES DEL ALMA
MIRO EL MUNDO.

Extract From Pablo Neruda