



Golden Leashes

Opening Question: Looking back to last week's sermon and scripture... How did you live differently or practice what we talked about in your life this week? What did you do and how did it go?

This Week's Scriptures:

Exodus 1

"These are the names of the sons of Israel who went to Egypt with Jacob, each with his family: ² Reuben, Simeon, Levi and Judah; ³ Issachar, Zebulun and Benjamin; ⁴ Dan and Naphtali; Gad and Asher. ⁵ The descendants of Jacob numbered seventy in all; Joseph was already in Egypt.

⁶ Now Joseph and all his brothers and all that generation died, ⁷ but the Israelites were exceedingly fruitful; they multiplied greatly, increased in numbers and became so numerous that the land was filled with them.

⁸ Then a new king, to whom Joseph meant nothing, came to power in Egypt. ⁹ "Look," he said to his people, "the Israelites have become far too numerous for us. ¹⁰ Come, we must deal shrewdly with them or they will become even more numerous and, if war breaks out, will join our enemies, fight against us and leave the country."

¹¹ So they put slave masters over them to oppress them with forced labor, and they built Pithom and Rameses as store cities for Pharaoh. ¹² But the more they were oppressed, the more they multiplied and spread; so the Egyptians came to dread the Israelites ¹³ and worked them ruthlessly. ¹⁴ They made their lives bitter with harsh labor in brick and mortar and with all kinds of work in the fields; in all their harsh labor the Egyptians worked them ruthlessly.

¹⁵ The king of Egypt said to the Hebrew midwives, whose names were Shiphrah and Puah, ¹⁶ "When you are helping the Hebrew women during childbirth on the delivery stool, if you see that the baby is a boy, kill him; but if it is a girl, let her live." ¹⁷ The midwives, however, feared God and did not do what the king of Egypt had told them to do; they let the boys live. ¹⁸ Then the king of Egypt summoned the midwives and asked them, "Why have you done this? Why have you let the boys live?"

¹⁹ The midwives answered Pharaoh, "Hebrew women are not like Egyptian women; they are vigorous and give birth before the midwives arrive."

²⁰ So God was kind to the midwives and the people increased and became even more numerous. ²¹ And because the midwives feared God, he gave them families of their own.

²² Then Pharaoh gave this order to all his people: "Every Hebrew boy that is born you must throw into the Nile, but let every girl live."

Scripture Reflection Questions: Read this week's scripture together and discuss the following:

- What do we learn about God (e.g., traits, personality, what matters, priorities) in this passage?
- What do we learn about people, and ourselves in particular, this week?

Sermon Reflection Questions: Reflecting on this week's sermon, discuss the following:

- What do the midwives actions show us about how to get free from the things that hold us in bondage?
- The Israelites came to Egypt at the end of Genesis to escape a famine in their homeland but then ended up enslaved. What things do you turn to for security, meaning, purpose, etc. that end up leashing you? How can you cooperate with the Holy Spirit in being unleashed?

Closing Question and Application: Given what we've discussed together today, how might God want you to apply these learnings to your life or in the life of your community this next week? Who might you share this with?

Closing group prayer: Spend a few minutes together in your group sharing prayer requests and then praying together for each other. Take the challenging parts of your conversation to Jesus. Thank God for the time together, the conversation shared, the other people in the group, and for encouragement in the week ahead.