

# **BlueHub Assessment Summary** and Treatment Plan

#### This form aims to:

- assist your psychological formulation and treatment planning
- help the worker to determine their goals
- improve treatment by providing information to other clinicians involved in the worker's care
- inform the agent and other clinicians about the worker's treatments needs and progress
- ensure treatment is appropriate and aligns with the Clinical Framework for the delivery of health services.

#### **Details**

worker's name:	Claim Number:	Occu	pation/Job title:
General Practitioner's name:	Referrer's name:	Date of referral:	Date of first session:
General Fractitioner's name.	Referrer 5 fidilie.	Date of Telefral.	Date of first session.
1. Your DSM diagnosis (or provision the DSM:	nal diagnosis) with respect to th	e claimable injury,	using the published version of
2. With respect to the claimable in presenting:	ury, describe the psychological	and physical symp	toms the worker is currently





## 3. Describe the impact of these symptoms on the following areas:

3.1 Home life		
3.2 Social engagement		
3.3 Emotional wellbeing/quality of life		
3.4 Readiness to return to work or progress with the sup	port of occupational rehabilitation services	
3.5 Other		
4. Details of any other psychological or physical conditions	Considerations for treatment and additional support	
5. Details of any factors that could enhance recovery (personal strengths or situational factors)		
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6. Details of any factors that may impede recovery	Considerations for treatment and additional support	





### 7. Goals and treatment

7.1 Home life	Treatment modality/interventions/strategies
7.2 Social engagement	Treatment modality/interventions/strategies
7.3 Emotional wellbeing/quality of life	Treatment modality/interventions/strategies
7.4 Developing work/training capacity	Treatment modality/interventions/strategies
7.5 Other	Treatment modality/interventions/strategies

8. Outcome measures – including individual goal attainment scales and validated psychometrics, results and interpretation

Scale	Date	Result	Interpretation





## 9. Anticipated treatment frequency and delivery mode

9.1 How many sessions do you anticipate are needed within the next 3-6 months?		
9.2 What frequency?		
9.3 Face-to-face or telehealth?		
9.4 Provide a clinical rationale for the treatment frequence	y and modality	
10. What else would help the worker with their recovery a	at this time?	
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11. Which other clinicians have you, or will you, collaborate with to enhance the worker's treatment and		
recovery?	e with to enhance the worker's treatment and	
Professional discipline(s)	Name(s)	





12. Clinician Details			
Name	Address	Provider Number	
Clinician's signature		Date	
13. Consent (provider can sign on behalf of worker if verbal consent has been provided)			
Signature of worker, parent, or guardian		Date	
Full name (please print)			
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#### What's next?

A case manager will contact you if they require any further information.

Please contact the worker's case manager if there is anything you would like to discuss or recommendations to follow up.

For <u>Psychologists</u>, use the **BH100** service funding code for submission of the form.

For Mental Health Social Workers, use the BH400 service funding code for submission of the form.



