

CONTINUING EDUCATION PROGRAM – COURSE PROVIDER APPLICATION

MTAS has always held the position that the continued competence of our members is of the utmost importance to the protection of the public, and our membership requirements specify that RMTs complete on-going continuing education to remain members in good standing.

Approved continuing education providers are individuals or groups who have demonstrated the ability to design, implement and evaluate continuing education programs for RMTs. Course approval is required before RMTs can report competency credits for completion of their competency requirements. The continuing education material submitted should relate to the MTAS Scope of Practice, outlined within the *Inter-Jurisdictional Practice Competencies and Performance Indicators for Massage Therapists at Entry-to-Practice (2016)*, and contribute to the professional development of the RMT.

Scope of Practice

“The practice of massage therapy is the assessment of the soft tissue and joints of the body, and the treatment and prevention of physical dysfunction and pain of the soft tissues and joints by mobilization and other manual methods to develop, maintain, rehabilitate or augment physical function, or relieve pain.”

Application Requirements

- A separate application form must be completed for each course being submitted.
- Incomplete applications will be returned without being reviewed.
- Course approval lasts for 5 years from the approval date; re-evaluation is required every 5 years.
- After receiving approval, any changes to the course content must be reported to MTAS within 30 days.
- Approved course providers agree to supply each participant a certificate of completion, which will include the participant’s name, completion date, number of hours/credits, course title and the signature of the provider.
- Providers agree to include on their website and course materials: *“This course is approved by MTAS for xx credits.”*

Review Process

The MTAS Competency Committee will review all submissions. If there are additional questions about your application, you will be contacted and asked to provide any additional information or clarification needed for the evaluation to be completed. Meetings are held four times each year – March 1st, June 1st, September 1st, and December 1st.

Applications must be properly formatted, including this form and all supporting documentation, and submitted to the MTAS office at least 1 week prior to the meeting date to be placed on the agenda. Please allow up to 6 weeks for completion of the evaluation process.

- **We only accept submissions via e-mail** as we use a virtual meeting space, and the documents are uploaded for review.
- If the application is for an on-line or self-study module, **please provide a user account and log-in details** to enable the Committee members to review the materials from the student’s perspective.

Credits are awarded in either primary (within scope of practice) or business categories, according to the subject matter.

A. In-person learning

- ½ day: 3.5 hours, 3.5 credits.
- 1 full day (based on the most common 8-hour day): 7 hours, 7 credits.

B. Distance/Online learning

- Total minutes of video, estimated reading time, and time allotted to quizzes/tests, which are submitted by the course provider.
- The Competency Committee will verify that the number of credit hours requested seems reasonable according to the submitted materials.
- No credits will be awarded for assignments or practicums.

C. Conferences

- 1 credit per 1 hour of learning.
- Excluding breaks.

Partial credits may be awarded for courses or parts of courses that are complementary to the scope of practice of massage therapy but that are not billable as massage therapy. Included below are the five most commonly submitted in this category. These will be awarded 50% of the credits requested.

- Athletic training
- Yoga instructor teacher training (no credits for a regular yoga course)
- Nutrition
- Reflexology
- Acupuncture

Correspondence will be sent via e-mail to the applicant upon completion of the evaluation, with information regarding whether the course was approved for credits.

Refunds will not be given for applications that are not approved.

Information for Instructors

All instructors must submit a comprehensive and current resume.

1. **Instructors who are massage therapists in Canada** must submit documentation showing that they have successfully completed an Entry to Practice Examination from either their provincial Association or the regulatory College of which they are a member. If the instructor has not completed an Entry to Practice Examination, the course evaluation process will place more emphasis on the content as related to the *Inter-Jurisdictional Practice Competencies and Performance Indicators for Massage Therapists at Entry-to-Practice* (IJCP) document.
2. **Instructors who are massage therapists outside of Canada** must submit documentation showing that they have successfully completed the highest level of massage therapy education in their jurisdiction.
3. **Instructors who are not massage therapists** must submit confirmation that they are a member in good standing with their own professional governing body. University or post-secondary College instructors should submit a letter from their department head confirming their subject area and length of tenure.

MTAS guarantees that all materials will be held in confidence and that only office staff and members of the Competency Committee will have access to them.

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Please ensure your application includes all of the following supporting documents

Included	
	Course/workshop description and content, including hours spent on theoretical and experiential learning. <i>(What is this technique/modality assessing or treating? How is this technique/modality performed? Why is this technique/modality used?)</i>
	Outline of relevant anatomy, physiology, pathology, and contraindications/risk management.
	Learning outcomes. <i>(Expected skills to be developed by this training, which are attainable, can be evaluated in measurable terms, and that relate to the scope of practice.)</i>
	A list of topics covered with brief detail for each.
	A detailed course outline. <i>(Must be very specific, usually in 1-hour increments, including breaks.)</i>
	Relevant, course-specific, referenced texts. <i>(A detailed list of recognized texts, demonstrating that the content of the course is created in consideration of current and relevant literature - such as journal articles, textbooks, case studies, etc. Wikipedia and the dictionary do not count.)</i>
	Pre-requisites for taking the course.
	Delivery method. <i>(In class, online, video, mentoring, self-directed modules, etc.)</i> Include log-in details for audit of virtual delivery.
	Previous approval of course from other Canadian Associations or Regulatory bodies.
	Instructor credentials - must demonstrate advanced education in the subject being taught in the course. <i>(Short-form biographies are insufficient. Include CV/resume, training experience and certifications, authored articles, etc.)</i>

Payment Information

The assessment fee is \$125.00 + GST (\$131.25). If you are sending multiple courses in the same package, the fee applies only once, not per course. Visa, MasterCard, or e-transfer to payment@saskmassagetherapy.com (direct/auto deposit only, no security question) – full payment must accompany the application.

E-transfer #	Visa or MasterCard	Expiry Date	CVC
Signature of cardholder to authorize payment		Amount \$	

Provider Attestation

In submitting this application for approval, I attest that all information and materials provided are accurate and truthful and that I am the legal owner of the material provided. I understand that if approved, all MTAS members will be eligible to receive competency credits for completion of the course and that I am responsible for providing appropriate verification of completion to each participant. I have reviewed the application requirements and agree to all terms.

Signature: _____

Date: _____

FOR OFFICE USE ONLY

Date received	Reviewed by	Review date
Not approved: reason _____ Approved: Primary Credits _____ Business Credits _____		