

## Frequently Asked Questions

### 1) Are there things I have to do in order to begin hormone therapy?

Yes, A complete medical history & physical exam is needed in addition to baseline blood/lab work.

### 2) I haven't changed my name yet or been evaluated by a counselor. Can I still be seen at EGC for gender affirming care?

Yes, The Emma Goldman Clinic's protocols are based on an Informed Consent standard. Past experience with gender identity is discussed with our practitioner, but you don't have to have started any social or medical transition to be seen.

### 3) Will my insurance cover any of the costs?

If your insurance ordinarily covers routine and wellness screening exams and labs, they may cover at the usual amount. Individual policies vary & we are happy to help determine coverage.

Payment plans available

Notary public on site

## The Emma Goldman Clinic Mission Statement

The Emma Goldman Clinic is a not-for-profit independent organization founded in 1973 by a group of women driven by feminist ideals. We exist to empower people of all gender and sexual identities in all life stages through the provision of quality reproductive health care that includes abortion services, gynecology services, safer sex promotion, and active education.

We promote respectful, client-centered and participatory health care through informed decision making, client rights, advocacy and expansion, and support of pregnancy choices.

We strive to provide an environment in which diversity is acknowledged and celebrated. We are actively committed to staff diversity in employment policies and practices. We strive to increase economic, geographic, structural, and language accessibility for the clients we serve through fundraising, outreach, and advocacy.

We offer non-judgmental, quality health care services. Our goals are inspired by our belief in the larger ideals of feminist philosophy: political, economic, and social equality.

227 N Dubuque St

Iowa City, IA 52245

Call 319-337-2111

Or toll-free 800-848-7684 for appointments

Fax 319-337-2754

[www.emmagoldman.com](http://www.emmagoldman.com)

Clinic Hours:

9am-5pm Monday, Wednesday-Friday

12p-5pm Tuesday



## Transitions:

Gender Affirming Care for individuals with diverse expressions of gender & sexuality



NONJUDGMENTAL, QUALITY  
HEALTH CARE  
Since 1973

# EMMA GOLDMAN CLINIC

*At Emma Goldman Clinic, we are proud to provide gender-affirming care to Iowan adults who need it.*

**Emma Goldman Clinic** is committed to providing comprehensive, supportive, individualized healthcare & information to individuals of all genders and sexual orientations. We understand that gender identity exists within a broad spectrum and trans & gender diverse people may have unique needs that require experienced and supportive health care providers and services. The Emma Goldman Clinic is committed to meeting *your* unique needs.

## SERVICES AVAILABLE

- Primary care from a health care provider who is knowledgeable about gender affirming care
- Transgender Hormone Therapy
- Counseling & mental health care referrals
- Comprehensive gynecological care
- Endocrinology screenings & evaluations
- Referrals/letters of support to appropriate specialists & surgeons

**Transitions Services** at EGC help to ensure quality informed care for trans women, trans women, genderqueer, nonbinary, and others who have health care needs regarding gender expression and identity that may be outside of societally imposed expectations.

## GOALS

- Enable excellent, comprehensive health care for all gender non-conforming clients
- Transform the way trans+ people receive care and lead the way in eliminating barriers to maximum health
- Ensure a safe, comfortable, & respectful clinic for all gender non-conforming people to receive care
- Offer friendly, welcoming, and affirming services that actively target & engage the trans+ community
- Provide ongoing training and education to ensure our staff are informed & competent

We are constantly expanding our knowledge base and programs. We have experience providing services to trans+ and intersex clients, offering annual physical exams (including lower & pelvic exams with HPV testing), abortions, chest exams (pre and post-surgical), STI screenings, and lab work as needed. Our protocols are designed to reduce barriers to health care for transgender individuals without compromising the quality of services we provide to all clients.

## SUPPORT

We offer non-judgmental quality health care services to clients of all ages. We promote a participatory philosophy of healthcare that puts our clients at the center of their health care experience! A comfortable and competent atmosphere is created in which time is provided for clients to get the information they seek and the health care services they need.

## FEEDBACK ABOUT TRANSITIONS

Please let us know how we are doing. In order to improve our services, we need to hear what you need and how we are doing.

Tell us about experiences at EGC or with our staff that exceed or fall short of your expectations. Your feedback can remain anonymous if you would like.

EMAIL: [info@emmagoldman.com](mailto:info@emmagoldman.com)

## TRANSITIONS; DEFINITION

the process that occurs with movement, passage, or change from one position, state, stage, subject, concept, etc, to another; the connection between the sum of the whole, contributing to cohesion