THE BE-SOCIAL METHOD -

MEET MORE PEOPLE • LEADER GUIDE

Discuss with your team member the following points:

- In business, we are always looking to meet more people who we can potentially work with and partner with to innovate and solve problems.
- In our personal lives, we can and should work on these practices while doing things we are already doing.
- Bonus: Doing the *Meet More People Practices* regularly results in the strengthening of these key soft skills:
 - Conversational Competence
 - Confidence
 - Positivity
 - Charisma

Ask your team member to review their *Meet More People Self-Assessment* responses.

Afterward, ask your team member if the set of practices seems EASY or HARD to them.

- If your team member answers EASY, look at the practices assessed as *Sometimes* or *Never*. Discuss which of these practices they can work on doing *Always*.
 - Note here ideas for doing the practices at work.

• Note here at least one way the team member will do the practices through their joys.
do the practices through their joys.
• If your team member answers HARD, look over the list of related key soft skills.
 Check which of these skills they feel weak in.
☐ Conversational Competence
☐ Confidence
□ Positivity
☐ Charisma
• Provide them the Meet More People Exercises and
Resources and discuss. Note here at least one of the
exercises they plan to try or resources they plan to
reference.