

Prepare monitor and attach to Patient

STEP 1 Prep and place

- Ensure patient's height, weight & medications are recorded on the request form.
- Place the carry pouch on the patient and adjust the strap to fit across the shoulder or as a lanyard.

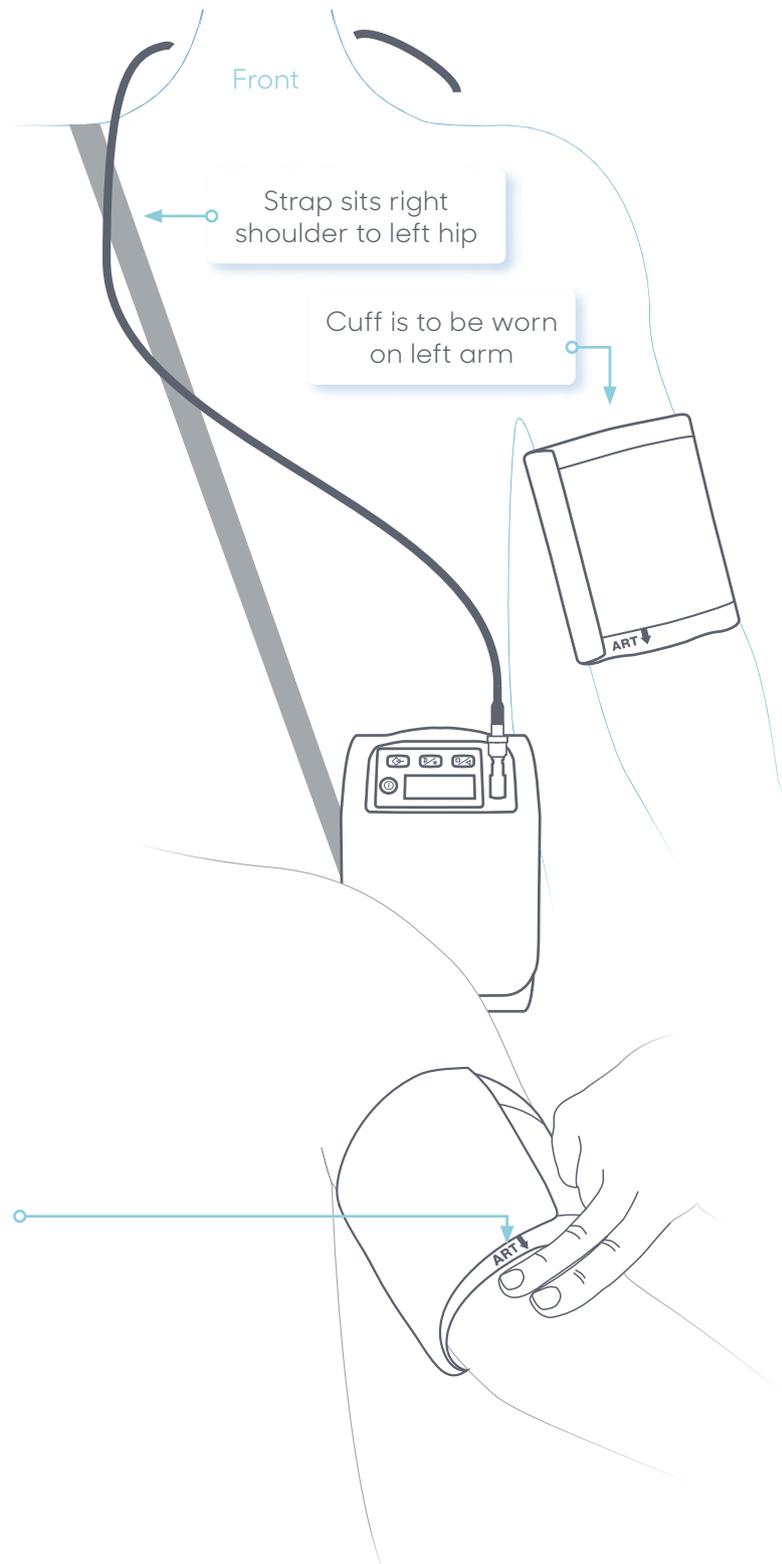
STEP 2 Activate the device

- Insert 2 NEW AA batteries
- Turn on Monitor by pressing  then ensure time is correct.
- Place monitor in pouch and close pouch
- Connect tubing to recorder by pushing firmly over the connection until a click is heard as it engages

STEP 3 Measure upper arm of patient and use the correct size cuff. Make sure:

- Tube connected to the cuff is on the top side of the cuff and placed over the neck
- Cuff is placed around two fingers above the bend of the elbow.
- Ensure the arrow lies over the brachial artery
- Correct fit is checked, should be room to slip one finger under the cuff

The recorder is now correctly fitted and ready for use



STEP 4 (If required)

Explain to the patient:

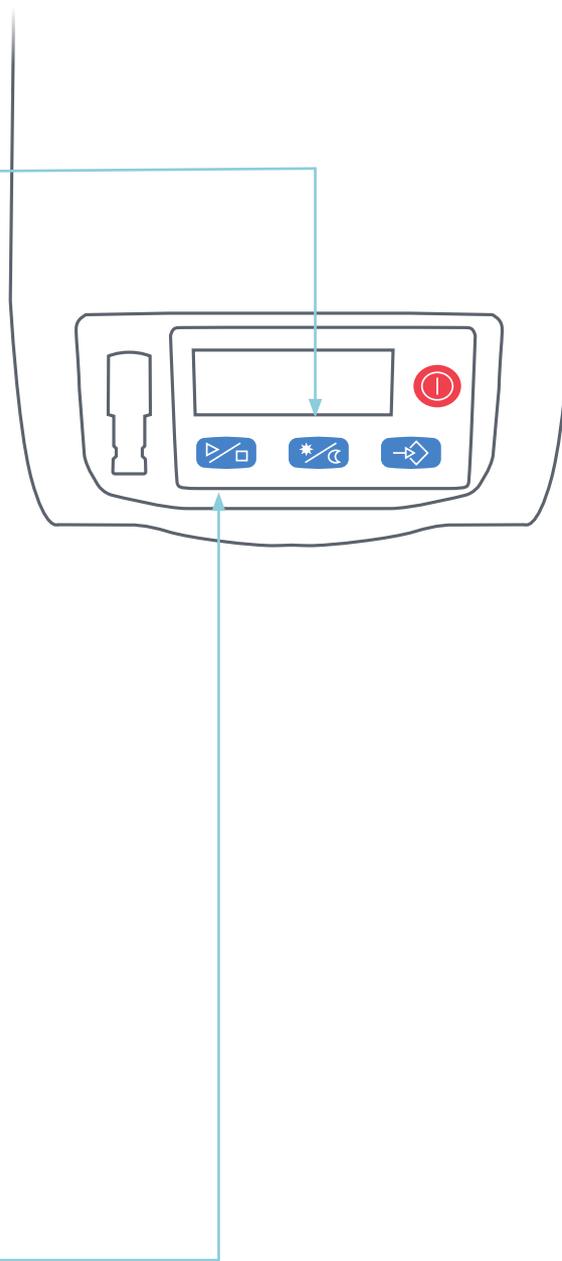
- The Day/Night  key can be pressed before going to sleep and upon waking up to change to the day or night protocol before the set time

STEP 5 Instruct the patient to adhere to the following:

- a. The arm to remain limp at side of body through inflation, deflation.
- b. DAY TIME readings every ½ hour as per clock eg. 11.00am, 11.30am, 12.00 etc.
- c. NIGHT TIME readings every hour eg. 10.00pm, 11.00pm etc.
- d. If the monitor is unable to take recording due to arm movement it will "beep" and wait one minute then try taking another reading again. Ensure tubing is not kinked.
- e. That they are not to shower, or get the monitor wet while undertaking study.

STEP 6 Finally, start the device

- Press the Start key  on the monitor which will take a manual measurement and ensures the monitor is working correctly
- If errors occur, check the fitting and setting up of the equipment was correct
- **Only after a success manual measurement can the patient be allowed to leave with the monitor**



For more instructions, instructional videos and factsheets visit:

cardioscan.co/resources/mobil-o-graph/

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