

Alto Holter Monitor

Fitting guide

1. Preparing the body and device

- Remove any chest hair then clean the area with soap and water. Allow the skin to dry before application.
- Attach all the electrodes to the metal anchor points on the back of the device. i Electrodes are the round stickers that attach to the device.

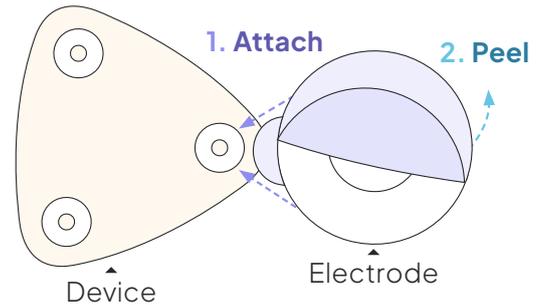
2. Fitting the device

- Peel the protective backing from the electrodes.
- Place onto the middle of the chest. Or move it slightly to the left and rotate, for large breasted women.
- Ensure the electrodes are pressed firmly to the skin, and free from folds.
- A flashing green light indicates the device has a good signal, and the test has started.

3. Beginning the test

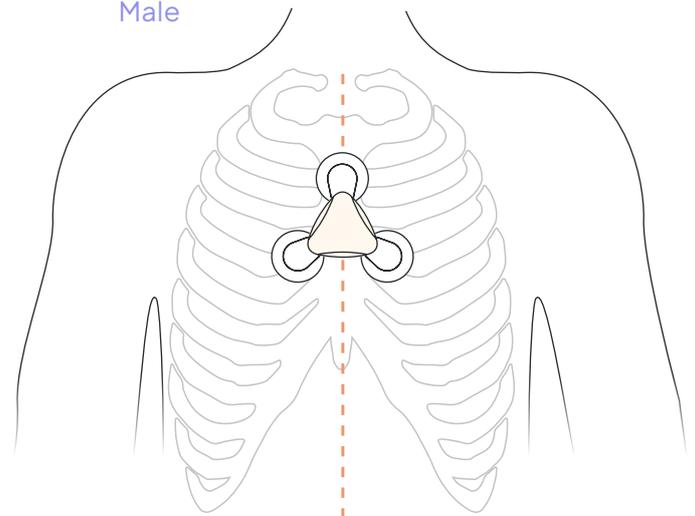
- Practice double tapping the device to ensure this can be done successfully, when feeling symptomatic.
- The green, yellow and red lights will flash to indicate the event has been recorded.

1 Attach device before peeling electrodes

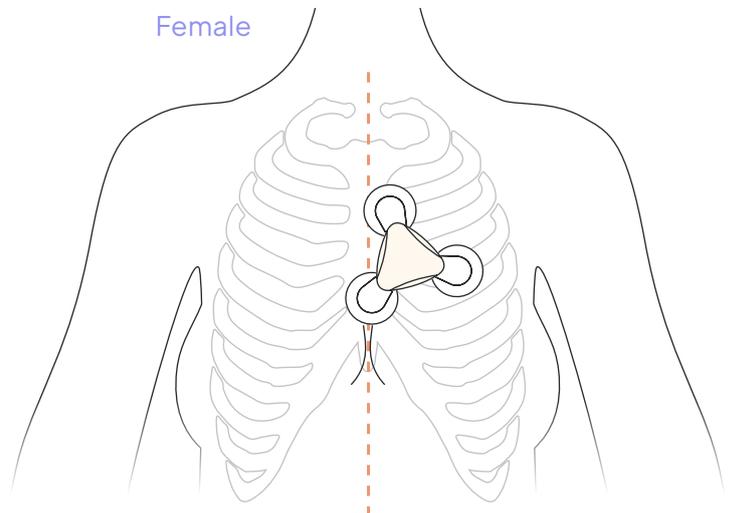


2 Recommended position and placement

Male



Female



Need help?

Contact your local support team by visiting cardioscan.co/contact