

LITURGY THIS WEEK			
OLA Chapel, Cnr Barney & Jessie Sts, Armidale			
DLS Chapel, Kirkwood St, Armidale			
Ken Thompson Lodge, Box Hill Dr, Armidale			
ORDINARY TIME			
MONDAY 20 OCT – Weekday, Ordinary Time 29			
07:00 AM	TLM OLA Chapel		
07:00 AM	Cathedral Mass		
09:15 AM	Cathedral Mass	+Frances O’Brien	
12:00 NN	Cathedral Mass	+Sara Pourshasb	
TUESDAY 21 OCT – Weekday, Ordinary Time 29			
07:00 AM	Cathedral Mass		
12:00 NN	Cathedral Mass	+Sr Cath Duxbury OSU	
WEDNESDAY 22 OCT – Weekday, Ordinary Time 29			
07:00 AM	Cathedral Mass		
09:15 AM	DLS Chapel Mass	+Jan Hawkins	
12:00 NN	Cathedral Mass	+Elaine & Dick Farrell	
THURSDAY 23 OCT – Weekday, Ordinary Time 29			
07:00 AM	Cathedral Mass		
12:00 NN	Cathedral Mass	Private Intention	
FRIDAY 24 OCT – Weekday, Ordinary Time 29			
07:00 AM	Cathedral Mass	+Feliks Kawal & Anna Prokopyszczn	
09:15 AM	Cathedral Mass	Private Intention	
11:00 AM	Ken Thompson Lodge Mass		
02:00 PM	Cathedral Funeral Mass for Warren Holloway		
05:30 PM	Cathedral Mass	Enna Hillewaere	
SATURDAY 25 OCT – Weekday, Ordinary Time 29			
08:00 AM	OLA Chapel Mass	Edward Vyaene	
09:00 AM	Cathedral Mass	Jakob & Elise De Rynck	
06:00 PM	Cathedral Mass		
SUNDAY 26 OCT – 30TH SUNDAY IN ORDINARY TIME			
08:00 AM	Cathedral Mass		
10:00 AM	Cathedral Mass		
04:30 PM	Solemn Vespers & Benediction		
05:30 PM	Cathedral Mass		
SACRAMENT OF RECONCILIATION (Cathedral)			
MONDAY - THURSDAY		11:30 – 11:50 AM	
FRIDAY		04:45 – 05:15 PM	
SATURDAY		09:45 – 10:45 AM & 04:30 – 05:30 PM	
WEEKLY COLLECTIONS			
	Actual	Target	Difference
1st Collection	\$2,184.00	\$2,114.00	\$70.00 ☺
2nd Collection	\$5,527.20	\$6,350.00	-\$822.80 ☹

Cathedral Parish Child & Vulnerable Adults Protection and Safeguarding Statement

Commitment to Safety

Our parish is dedicated to creating a safe, respectful, and welcoming environment for all, especially children and vulnerable adults.

Zero Tolerance for Abuse

We have a strict zero-tolerance policy for any form of abuse, neglect, or exploitation of children or vulnerable adults.

Compliance with Safeguarding Standards

Our parish follows the National Catholic Safeguarding Standards, Integrity in Our Common Mission, and adheres to the NSW Child Safe Standards to ensure our practices are aligned with best-practice safeguarding principles.

IN YOUR CHARITY,PLEASE PRAY FOR OUR:

RECENTLY DECEASED: June Loye (Brisbane), Warren Hol-loway (Funeral Mass Friday 24 October 2pm in Cathedral), Brian Battersby, Rhonda Hewitt, Janet Mary Hawkins, Marian Evans

DEATH ANNIVERSARIES: Margaret Conlon, Lydia Han-debo, Thelma Newberry, Grace Gordon

SICK: Kelemete Hefe, Tom Briggs, Brian Bible, Craig Elliott, Eric McLeod, Brian Maye, Pauline Godschalk, Estela & Nelson Se-govia, Joseph Hanna, Kristine Sevilla, James Righetti, Lisa Hallman, Elizabeth Williams, Cristina Arellano, Billy Steller, Jessie Hanson, Vanessa Hardy, Maria Grezl, Wili Suluma, Katrin Gödderz, Mary Peter, Sharyn Lucas, Carmen & John Gallagher, Bob Watson, Ferg Watson, Raymond Watson, Robert Watson, Maureen Campbell, Ann Haydon, Irene & Leigh Owen, Robyn Keogh, Robert Markeljic, Don Armatage, Brian Battersby, Molly Burke, Melissa Gamblen, Hannah Whitton, Tom Britt, Danny Jones, Michael Zhu, Aeron Ryan, Blake Ross, Gemma Milliken, Frederic Kelmeyer, Silvia & Ralph Bowles.

19 OCTOBER, 29TH SUNDAY IN ORDINARY TIME				
	6PM	8AM	10AM	5:30PM
Welcomer	TRice	PStier	TRimpici	Turley
Reader 1	WClark	JToakley	SBristow	PTurley
Reader 2	CDoherty	CStephen	CChapman	LTindale
PoF	AMay	ARogers	SChapman	NChin
ExMin	TDubois	DMiron	BRobinson	KSteller
26 OCTOBER, 30TH SUNDAY IN ORDINARY TIME				
	6PM	8AM	10AM	5:30PM
Welcomer	WClark	MBarry	TRimpici	APike
Reader 1	JCarson	BMackson	ADinh	JChin
Reader 2	PBoston	FMiron	SChapman	RCamilleri
PoF	DFittler	NRamazani	CChapman	APike
ExMin	KMcMahon	DMiron	BRobinson	DRoff

SUPPORTING OUR PRIESTS & PARISH

1ST COLLECTION (cash or eft only)

(supports the clergy: food, housekeeping, annual retreat & monthly stipend)

Account Name: St Mary’s Presbytery Account

BSB: 082-105 Acc. No: 001023527

2ND COLLECTION (cash, eft or tap & go - credit card)

(supports the Cathedral Parish: insurance, employees’ salary, repair & maintenance, office and church requisites, utilities, etc)

Account Name: St Mary’s Cathedral Parish

BSB: 082-105 Acc. No: 001006225

(Ref: Planned Giving Number and/or your name)

Thank you for your support!

the

Parish Piety Stall

is usually open on the first Sunday of each month after the morning masses.

For any enquiries outside those times, contact Bénédicte on 0478 916 190.

Please ensure that your children are accompanied when leaving the Cathedral during Mass to go to the toilet or for any other reason.

Saints Mary & Joseph Cathedral Parish Armidale

Most Reverend Peter Mel Murphy Ph.D

Bishop of Armidale

132 DANGAR St (PO Box 2025), ARMIDALE 2350, PH 6772 2218

E: armidaleparish@armidale.catholic.org.au W: www.smjcathedral.org.au

Administrator: Fr Damien Locke | FrDLocke@armidale.catholic.org.au

Assistant Priest: Fr Elino (Eli) Comanda OSJ | frelino@armidale.catholic.org.au

Parish Secretary Ms Tina Clarke | Office Hours: **Mon - Fri 9am - 1pm**

Principal, St Mary’s Catholic Primary School: Mrs Belinda Burton

Principal, O’Connor Catholic College: Mr Philip Gibney

Interim Parish Pastoral Council Chair: Mr Michael Barry

Parish Finance Council Chair: Mrs Fiona Miron

29TH SUNDAY IN ORDINARY TIME (C/1) 19TH OCTOBER 2025

FIRST READING

Exodus 17:8-13

The Amalekites came and attacked Israel at Rephidim. Moses said to Joshua, ‘Pick out men for yourself, and tomorrow morning march out to engage Amalek. I, meanwhile, will stand on the hilltop, the staff of God in my hand.’ Joshua did as Moses told him and marched out to engage Amalek, while Moses and Aaron and Hur went up to the top of the hill. As long as Moses kept his arms raised, Israel had the advantage; when he let his arms fall, the advantage went to Amalek. But Moses’ arms grew heavy, so they took a stone and put it under him and on this he sat, Aaron and Hur supporting his arms, one on one side, one on the other; and his arms remained firm till sunset. With the edge of the sword Joshua cut down Ama-lek and his people.

The word of the Lord. Thanks be to God.

RESPONSORIAL PSALM

Psalms 120(121)

R: Our help is from the Lord, who made heaven and earth.

I lift up my eyes to the mountains; from where shall come my help? My help shall come from the Lord who made heaven and earth. **R:**

May he never allow you to stumble! Let him sleep not, your guard.

No, he sleeps not nor slumbers, Israel’s guard. **R:**

The Lord is your guard and your shade; at your right side he stands.

By day the sun shall not smite you nor the moon in the night. **R:**

The Lord will guard you from evil, he will guard your soul.

The Lord will guard your going and coming both now and for ever. **R:**

SECOND READING

2 Timothy 3:14-4:2

You must keep to what you have been taught and know to be true; remember who your teachers were, and how, ever since you were a child, you have known the holy scriptures – from these you can learn the wisdom that leads to salvation through faith in Christ Jesus. All scripture is inspired by God and can profitably be used for teaching, for refuting error, for guiding people’s lives and teaching them to be holy. This is how the man who is dedicated to God becomes fully equipped and

ready for any good work.

Before God and before Christ Jesus who is to be judge of the living and the dead, I put this duty to you, in the name of his Ap-pearing and of his kingdom: proclaim the message and, welcome or unwelcome, insist on it. Refute falsehood, correct error, call to obedience – but do all with patience and with the intention of teaching.

The word of the Lord. Thanks be to God.

GOSPEL ACCLAMATION

Hebrews 4:12

Alleluia, alleluia!

The word of God is living and active; it probes the thoughts and motives of our heart.

Alleluia!

GOSPEL

Luke 18:1-8

Jesus told his disciples a parable about the need to pray continu-ally and never lose heart. ‘There was a judge in a certain town’ he said ‘who had neither fear of God nor respect for man. In the same town there was a widow who kept on coming to him and saying, “I want justice from you against my enemy!” For a long time he refused, but at last he said to himself, “Maybe I have neither fear of God nor respect for man, but since she keeps pes-tering me I must give this widow her just rights, or she will per-sist in coming and worry me to death.”’

And the Lord said ‘You notice what the unjust judge has to say? Now will not God see justice done to his chosen who cry to him day and night even when he delays to help them? I promise you, he will see justice done to them, and done speedily. But when the Son of Man comes, will he find any faith on earth?’

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

NEWS / ANNOUNCEMENTS

Dear friends,

In recent weeks, Pope Leo, asked me, along with the other new bishops from throughout the world, to formulate a diocesan synodal way. In other words, to establish a path forward according to the practice of synodality that would embrace the whole Diocese of Armidale. In order to facilitate this path, in compliance with the Church's directives (cf. *Vademecum*, 4), at the recent Council of Priests meeting in October, a Synodal Advisory Panel was established that will meet to share and discern the nature and strategies of synodality in our rural diocese. Now that I am finally aware of the efforts and dedication of those committed to the PiC process in the Cathedral Parish, I have asked that they postpone their November gathering for a few months so as to include and assimilate their skills and experience in an inclusive manner that will foster genuine unity and harmony for all people. I thank you for your understanding and support.

Bishop Murphy

PARISH-IN-COUNCIL

- By emailing armidalepic@armidale.catholic.org.au leaving your name/s and email address/es
- By calling the Parish Office on 02-67722218
- By using this link and answering the questions:
<https://www.surveymonkey.com/r/C7GV3CH> or by scanning the QR code above.



Fr. Damien

Please register your Expressions of Interest via the options below.

CARLO ACUTIS EXHIBITION | 20 - 22 October

We are delighted to announce that the internationally acclaimed Eucharistic Miracles exhibition, curated by Blessed Carlo Acutis, will be on display at O'Connor Catholic College. This inspiring collection showcases documented miracles from around the world and aims to deepen devotion to the Holy Eucharist, especially among our young students. Through the intercession of St Carlo Acutis, we invite all to experience the powerful testimony of Christ's real presence and to rekindle their faith in this sacred mystery. Don't miss this unique opportunity to witness and reflect on the extraordinary love of Jesus in the Eucharist.

CONGRATULATIONS to Rod and Judy Davis who on the occasion of their 65th Wedding Anniversary received a Papal Blessing.

BAPTISM | Our Parish family welcomes into the faith and life of the Catholic Church this weekend: *George Ethan Meyers*

EXTRA SUNDAY MASS | Commencing Sunday 2 November, there will be a solemn Mass with choir (Latin parts) at 11am.

MISSION SUNDAY

This Sunday 19 October | Jacqui Toakley will speak at all Masses about this years charity | Envelopes are available

FISHERS OF MEN PRAYER GROUP | meets in the Parish Meeting Room, Mondays 7:30 - 9:30 pm. For enquiries contact Nirmal on 0430871064 .

PARISH SEWING GROUP | are next meeting on Wednesday 22 October at 12.45 pm in the Holy Family Parish Centre to help to maintain the Cathedral parish vestments and Altar linen. All are most welcome!

HOLY FACE DEVOTION | Tuesday's at 5:45 pm in the Parish Prayer Room (formerly Adoration Chapel).

CATHEDRAL PARISH ADORATION PROGRAM

8am - 8pm Monday-Friday and then Friday from 8pm - Saturday 8am - a total of 72 hours a week. Rosters are managed by the Sisters of the Immaculata who can be contacted at: armidaleadoration@gmail.com

MOTHER EFFECT | is an opportunity for carers and their young children to meet together for fellowship and to learn about the faith. We meet on Tuesdays during school term, from 10am in the Torregiani Room. We look forward to meeting you.

PRAYER FOR OUR HSC STUDENTS

This last week our students at O'Connor Catholic College commenced their HSC exams. Please join in praying for them at this time:

Lord, we ask that our students feel your presence during the HSC exam period. We pray that you give them calm nerves and quiet confidence in the knowledge that you hold them in the palm of your hand. Bless them with keen understanding, retentive memories and the ability to grasp questions correctly. We pray that you will send them your gifts of wisdom and knowledge. We ask this through Christ our Lord. Amen.

Perseverance in Prayer

Pray the Rosary

The family that prays together stays together

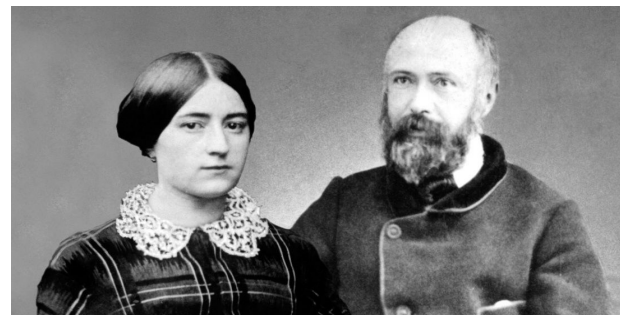


Seven Simple Rules

1. Be constant - a daily routine is essential.
2. Try to improve the quality of your prayers
3. Never doubt that God hears your prayers.
4. Avoid distractions but don't be discouraged.
5. Listen as much as you speak.
6. Learn from others about prayer.
7. Don't forget - NEVER give up.



Louis & Zélie Martin,
parents of Saint Thérèse of
Lisieux are saints.



Saints Louis and Zélie Martin, the parents of Saint Thérèse, were canonized on October 18, 2015. The first parents of a saint to be canonized, they are the first spouses in the history of the Church to be proposed for sainthood as a couple and the second to be beatified together. They taught the faith to their children and in particular the youngest daughter, Thérèse, now a doctor of the Church. Zélie and Louis were not declared "blessed" because of Thérèse. She became a saint because of them.

POPE FRANCIS | GENERAL AUDIENCE | St Peter's Square

Wednesday, 25 May 2016

Prayer as a source of mercy (cfr Lk 18:1-8)

Dear Brothers and Sisters, Good morning!

The Gospel parable which we have just heard (cf. Lk 18:1-8) contains an important teaching: we "ought always to pray and not lose heart" (v. 1). This means, then, pray constantly, not just when I feel like it. No, Jesus says that we ought "always to pray and not lose heart". And he offers the example of the widow and the judge.

The judge is a powerful person, called to issue judgment on the basis of the Law of Moses. That is why the biblical tradition recommended that judges be people who fear God, who are worthy of faith, impartial and incorruptible (cf. Ex 18:21). However, this judge "neither feared God nor regarded man" (Lk 18:2). As a judge, he was unfair, unscrupulous, who did not take the Law into account but did whatever he wanted, according to his own interests. It was to him that a widow turned for justice. Widows, along with orphans and foreigners, were the most vulnerable groups of society. The rights afforded them by the Law could be easily disregarded because, being isolated and defenceless, they could hardly be assertive. A poor widow, there, alone, with no one to defend her, might be ignored, might even be denied justice. Just as the orphan, just as the foreigner, the migrant: in that time this was a very serious problem. Faced with the judge's indifference, the widow has recourse to her only weapon: to bother him incessantly with her request for justice. And because of her insistence, she achieves her end. At a certain point, the judge grants her request, not because he is moved by mercy or because his conscience has been working on him; he simply admits: "because this widow bothers me, I will vindicate her, or she will wear me out by her continual coming" (v. 5).

From this parable Jesus draws two conclusions: if the widow could manage to bend the dishonest judge with her incessant requests, how much more will God, who is the good and just Father, "vindicate his elect, who cry to him day and night"; moreover, will not "delay long over them", but will act "speedily" (vv. 7-8).

That is why Jesus urges us to pray and "not to lose heart". We all go through times of tiredness and discouragement, especially when our prayers seem ineffective. But Jesus assures us: unlike the dishonest judge, God promptly answers his children, even though this doesn't mean he will necessarily do it when and how we would like. Prayer does not work like a magic wand! It helps us keep faith in God, and to entrust ourselves to him even when we do not understand his will. In this, Jesus himself — who prayed constantly! — is our model. The Letter to the Hebrews reminds us that "In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to him [God] who was able to save him from death, and he was heard for his godly fear" (5:7). At first glance this statement seems far-fetched, because Jesus died on the Cross. Yet, the Letter to the Hebrews makes no mistake: God has indeed saved Jesus from death by giving him complete victory over it, but the path to that [victory] is through death itself! The supplication that God has answered referred to Jesus' prayer in Gethsemane. Assailed by looming anguish, Jesus prays to the Father to deliver him of this bitter cup of the Passion, but his prayer is pervaded by trust in the Father and he entrusts himself entirely to his will: "not as I will," Jesus says, "but as thou wilt" (Mt 26:39). The object of prayer is of secondary importance; what matters above all is his relationship with the Father. This is what prayer does: it transforms the desire and models it according to the will of God, whatever that may be, because the one who prays aspires first of all to union with God, who is merciful Love.

The parable ends with a question: "when the Son of man comes, will he find faith on earth?" (v. 8). And with this question we are all warned: we must not cease to pray, even if left unanswered. It is prayer that conserves the faith, with out it faith falters! Let us ask the Lord for a faith that is incessant prayer, persevering, like that of the widow in the parable, a faith that nourishes our desire for his coming. And in prayer let us experience that compassion of God, who like a Father comes to encounter his children, full of merciful love.



This week, you're invited to partner with the Church in Zambia to help women overcome poverty and mothers give birth safely.

The Women's Cooperative, led by Sr Jane will provide women with the training and support required to break the cycle of scarcity, and the Chilonga Mission Hospital is determined to ensure every woman and baby receives a safe and dignified start to life.

During World Mission Sunday, we are called to be 'Missionaries of hope among all peoples', and we invite you to extend Christ's love to those in need in Zambia. You can support this work by using the appeal envelope, going online at catholicmission.org.au/mission, or scanning the QR code. Your gift will also assist many other Church programs around the world.



Freecall: 1800 257 296
catholicmission.org.au/mission

