

**LITURGY THIS WEEK**

OLA Chapel, Cnr Jessie & Barney Sts, Armidale.

Armidale Hospital Chapel, Rusden St, Armidale

Changes to the schedule: Monday 9 & Wednesday 11 February there is NO 12 noon Mass.

**ORDINARY TIME**

**MONDAY 9 FEB – Weekday , Ordinary Time 5**

07:00 AM Cathedral Mass  
09:15 AM Cathedral Mass  
02:00 PM Funeral Mass for Monica Hinder

**TUESDAY 10 FEB – St Scholastica, virgin**

07:00 AM Cathedral Mass  
09:00 AM Armidale Hospital Chapel Mass  
12:00 NN Cathedral Mass +Jake Wicks

**WEDNESDAY 11 FEB – Weekday , Ordinary Time 5**

07:00 AM Cathedral Mass  
09:15 AM Cathedral Mass +Dawn Hogan

**THURSDAY 12 FEB – Weekday , Ordinary Time 5**

07:00 AM Cathedral Mass  
10:30 AM Autumn Lodge Chapel Mass  
12:00 NN Cathedral Mass

**FRIDAY 13 FEB – Weekday , Ordinary Time 5**

07:00 AM Cathedral Mass  
09:15 AM Cathedral Mass St Mary's whole school Opening Mass

05:30 PM Cathedral Mass Private Intention

**SATURDAY 14 FEB – Sts Cyril, monk, & Methodius, bishop**

08:00 AM OLA Chapel TLM (Traditional Latin Mass)  
09:00 AM Cathedral Mass Private Intention  
06:00 PM Cathedral Mass

**SUNDAY 15 FEB – 6TH SUNDAY in ORDINARY TIME**

08:00 AM Cathedral Mass  
10:00 AM Cathedral Mass  
11:00 AM Solemn Mass with Choir (Latin parts)

04:30 PM Solemn Vespers & Benediction

05:30 PM Cathedral Mass

**SACRAMENT OF RECONCILIATION (Cathedral)**

**MONDAY - THURSDAY** 11:30 – 11:50 AM

**FRIDAY** 04:45 – 05:15 PM

**SATURDAY** 09:45 – 10:45 AM & 04:30 – 05:30 PM

**WEEKLY COLLECTIONS**

	Actual	Target	Difference
1st Collection	\$2,390.00	\$2,114.00	\$276.00 ☺
2nd Collection	\$4,942.50	\$6,350.00	-\$1,407.50 ☹

**SUPPORTING OUR PRIESTS & PARISH**

**1<sup>ST</sup> COLLECTION (cash or eft only)**

(supports the clergy: food, housekeeping, annual retreat & monthly stipend)

Account Name: St Mary's Presbytery Account  
BSB: 082-105 Acc. No: 001023527

**2<sup>ND</sup> COLLECTION (cash, eft or tap & go - credit card)**

(supports the Cathedral Parish: insurance, employees' salary, repair & maintenance, office and church requisites, utilities, etc)

Account Name: St Mary's Cathedral Parish  
BSB: 082-105 Acc. No: 001006225

(Ref: Planned Giving Number and/or your name)

**Thank you for your support!**

**MISSIONARY ORDERS SPECIAL COLLECTION**

For a number of years, the diocese has taken up a special collection in support of the work the Missionary Orders, who have priests ministering here in the Diocese of Armidale, undertake in their own country.

The funds from these appeals will help to support the marginalised people in the local areas where the La Salettes (Philippines), Rogationists of the Sacred Heart of Jesus (India) and Oblates of Saint Joseph - Fr Eli (Philippines) minister. The Missionary Orders Special Collection will be held on this Sunday 8<sup>th</sup> February. Special envelopes will be available

**IN YOUR CHARITY, PLEASE PRAY FOR OUR:**

**RECENTLY DECEASED:** Monica Hinder (Funeral Mass Monday 9 Feb at 2pm in the Cathedral), Jake Wicks, Michael Zhu (Shanghai, China), Paula Whitten, Patricia Campbell Hardwick, Shayne Hutchinson, Will Pearson, Emiliano Comanda (Fr Eli's father), Robyn Barraclough, Beulaha Adams.

**DEATH ANNIVERSARIES:** Milton Noel Milligan, Noel Hanlan,

**SICK:** Vicki Caldwell, Kelemete Hefe, Tom Briggs, Brian Bible, Craig Elliott, Eric McLeod, Pauline Godschalk, Estela & Nelson Segovia, Joseph Hanna, Kristine Sevilla, James Righetti, Lisa Hallman, Elizabeth Williams, Cristina Arellano, Billy Steller, Jessie Hanson, Vanessa Hardy, Maria Grezl, Wili Suluma, Katrin Gödderz, Mary Peter, Carmen & John Gallagher, Bob Watson, Ferg Watson, Raymond Watson, Robert Watson, Maureen Campbell, Ann Haydon, Irene & Leigh Owen, Robyn Keogh, Robert Markeljc, Don Armatage, Molly Burke, Melissa Gamblen, Hannah Whitten, Tom Britt, Danny Jones, Aeron Ryan, Blake Ross, Gemma Milliken, Frederic Kelmeyer, Silvia & Ralph Bowles.

**8 FEBRUARY, 5TH SUNDAY IN ORDINARY TIME**

	6PM	8AM	10AM	11AM	5:30PM
Welcomer	W Clark	Ana G	T Rimpici	APike	Chin
Reader 1	C Doherty	C Stephen	I Mittheu	MVan Gend	D Roff
Reader 2	A May	J Toakley	NHanson		J Roff
PoF	J Carson	A Rogers	P Hordern		P Turley
ExMin	K McMahon	D Miron	B Robinson		D Roff

**15 FEBRUARY, 6TH SUNDAY IN ORDINARY TIME**

	6PM	8AM	10AM	11AM	5:30PM
Welcomer	T Rice	D McGrath	T Rimpici	APike	Turley
Reader 1	K McMahon	B Mackson	K Frazier	MVan Gend	RCamilleri
Reader 2	D Fittler	F Miron	R Menz		J Maher
PoF	W Clark	N Ramazani	A Dinh		N Chin
ExMin	T Dubois	D Miron	B Robinson		D Roff

**Cathedral Parish Child & Vulnerable Adults Protection and Safeguarding Statement**

**Commitment to Safety**

*Our parish is dedicated to creating a safe, respectful, and welcoming environment for all, especially children and vulnerable adults.*

**Zero Tolerance for Abuse**

*We have a strict zero-tolerance policy for any form of abuse, neglect, or exploitation of children or vulnerable adults.*

**Compliance with Safeguarding Standards**

*Our parish follows the National Catholic Safeguarding Standards, Integrity in Our Common Mission, and adheres to the NSW Child Safe Standards to ensure our practices are aligned with best-practice safeguarding principles.*

**Saints Mary & Joseph Cathedral Parish Armidale**

Most Reverend Peter Mel Murphy Ph.D Bishop of Armidale

132 DANGAR St (PO Box 2025), ARMIDALE 2350, PH 6772 2218  
E: [armidaleparish@armidale.catholic.org.au](mailto:armidaleparish@armidale.catholic.org.au) W: [www.smjccathedral.org.au](http://www.smjccathedral.org.au)



Administrator: Rev Fr Paul Chandler PhD | [frpchandler@armidale.catholic.org.au](mailto:frpchandler@armidale.catholic.org.au)

Assistant Priest: Rev Fr Elino (Eli) Comanda OSJ | [frelino@armidale.catholic.org.au](mailto:frelino@armidale.catholic.org.au)

Parish Secretary Ms Tina Clarke | Office Hours: Mon - Fri 9am - 1pm

Principal, St Mary's Catholic Primary School: Mrs Belinda Burton

Principal, O'Connor Catholic College: Mr Philip Gibney

Parish Finance Council Chair: Mrs Fiona Miron



**MONTH OF FEBRUARY - DEDICATED TO THE HOLY FAMILY  
FIFTH SUNDAY IN ORDINARY TIME (A/2) 8TH FEBRUARY 2026**

**ENTRANCE ANTIPHON**

Ps 94: 6-7

O come, let us worship God  
and bow low before the God who made us,  
for he is the Lord our God.

**FIRST READING**

Isaiah 58:7-10

Thus says the Lord:

Share your bread with the hungry,  
and shelter the homeless poor,  
clothe the man you see to be naked  
and do not turn from your own kin.  
Then will your light shine like the dawn  
and your wound be quickly healed over.

Your integrity will go before you  
and the glory of the Lord behind you.  
Cry, and the Lord will answer;  
call, and he will say, 'I am here.'

If you do away with the yoke,  
the clenched fist, the wicked word,  
and relief to the oppressed,  
your light will rise in the darkness,  
and your shadows become like noon.

**The word of the Lord. Thanks be to God.**

**RESPONSORIAL PSALM**

Psalm 111(112):4-9

**R: A light rises in the darkness for the upright.**

He is a light in the darkness for the upright:  
he is generous, merciful and just.  
The good man takes pity and lends,  
he conducts his affairs with honour. **R:**  
The just man will never waver:  
he will be remembered for ever.  
He has no fear of evil news;  
with a firm heart he trusts in the Lord. **R:**

With a steadfast heart he will not fear;  
open-handed, he gives to the poor;  
his justice stands firm for ever.  
His head will be raised in glory. **R:**

**SECOND READING**

1 Corinthians 2:1-5

When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge I claimed to have was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not depend on human philosophy but on the power of God.

**The word of the Lord. Thanks be to God.**

**GOSPEL ACCLAMATION**

John 8:12

Alleluia, alleluia!  
I am the light of the world, says the Lord;  
the man who follows me  
will have the light of life.

**GOSPEL**

Matthew 5:13-16

Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.

'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'

**The Gospel of the Lord. Praise to you, Lord Jesus Christ.**

**COMMUNION ANTIPHON**

Cf. Ps 106: 8-9

Let them thank the Lord for his mercy,  
his wonders for the children of men,  
for he satisfies the thirsty soul,  
and the hungry he fills with good things.

Please ensure that your children are accompanied when leaving the Cathedral during Mass to go to the toilet or for any other reason.

**NEWS / ANNOUNCEMENTS**

**CATHEDRAL PARISH ADORATION PROGRAM**

The Parish Adoration Program will resume with Exposition of the Blessed Sacrament THIS Monday 9 February at 8am.

**ASH WEDNESDAY** | 18 February. Mass times are: 7am, 9:15am, 12noon & 5:30pm.

**STATIONS OF THE CROSS DURING LENT** | will be held on Fridays in the Cathedral at 4:45pm commencing Friday 20 February.

**STUDY GROUP** with Bishop Peter on the Compendium of the Catholic Church, Wednesday evenings, 7:30 - 8:30 pm in the Ursula Room (Chancery Building), commencing Wednesday 18 February. Please contact the Chancery Office for any enquiries on 67718700.

**FIVE FIRST SATURDAYS DEVOTION**

Marian devotion on the first Saturday of each month . Next gathering **Saturday 7th March at 9.30am**, immediately after the 9am Mass in the Cathedral.

**FISHERS OF MEN PRAYER GROUP** | meets in the Parish Meeting Room, Mondays 5:30 - 7:00 pm. For enquiries contact Nirmal on 0430871064 .

**HOLY FACE DEVOTION** | Tuesday's at 5:45 pm in the Parish Prayer Room (formerly Adoration Chapel).

**CATHEDRAL PARISH HALL**

The parish is planning to address the maintenance and upgrade issues, including bathrooms and disabled access, in order that Cathedral Hall may be used to its potential. The estimated amount being sought to facilitate the usage of this historic building of our community is \$50,000. Any donations towards this venture will be gratefully received and acknowledged in a fitting way. We appreciate your thoughtful consideration in this matter.

**WOMEN'S BREAKFAST**

to be held at  
The Cottage, 86 Barney St,  
Saturday 21st February 8.30am. \$27.50.  
Guest speaker: Phil Gibney,  
Principal: O'Connor Catholic College.  
Please confirm your booking by 17 February  
with payment to:  
**Majellan Mothers Club,**  
**BSB: 082105,**  
**ACC: 001061469, Reference with name only.**  
For **more** information contact:  
Margaret Carson 0488776610  
or [mcarsonma1952@gmail.com](mailto:mcarsonma1952@gmail.com)  
Glenda Fittler 0427332954 or [vfittler@bigpond.com](mailto:vfittler@bigpond.com)

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*"Every Holy Hour we make so pleases the Heart of Jesus that it will be recorded in Heaven and retold for all eternity" - St Mother Teresa*

**EUCCHARISTIC ADORATION**

RECOMMENCES MONDAY 9<sup>TH</sup> FEBRUARY AT OUR LADY OF THE ANGELS CHAPEL

*Come and Adore the Lord in Eucharistic Adoration!*

When:  
Monday - Friday 8:00am - 8:00pm,  
Friday 8:00am- Saturday 8:00am (overnight)

Can you commit to a Holy Hour each week and be a Guardian of the Blessed Sacrament?

Monday: 9am, 10am, 11am, 12pm, 2pm  
Tuesday: 9am, 10am, 11am, 12pm, 2pm, 3pm  
Wednesday: 11am, 12pm, 1pm, 4pm, 5pm  
Thursday: 9am, 10am, 11am, 12pm, 2pm  
Friday: 9am, 10am, 11am, 3pm, 7pm, 8pm, 11pm  
Saturday: 2am, 3am, 4am, 5am

If you are unable to commit to a Holy Hour every week but are still interested in doing Adoration, we also need *substitute Adorers* who are available to cover Adoration hours on an irregular basis.

Please contact the Armidale Adoration Team on [armidaleadoration@gmail.com](mailto:armidaleadoration@gmail.com) or 0459 089 778.



**Always ask... never assume!**

His request approved to survey the recent fires, the SBS News photographer quickly used a mobile to call the local airport to charter a flight. He was told a twin-engine plane would be waiting for him at the airport. Arriving at the airfield, he spotted a plane warming up outside a hanger. He jumped in with his bag, slammed the door shut, and shouted, 'Let's go'. The pilot taxied out, swung the plane into the wind and took off. Once in the air, the photographer instructed the pilot, 'Fly over the valley and make low passes so I can take pictures of the fires on the hillsides.' 'Why?' asked the pilot. 'Because that's my job', he responded, 'and I need to get some close up shots.' The pilot was strangely silent for a moment, finally he stammered, 'So, what you're telling me, is . . . You are NOT my Flight Instructor.'

**You are the salt of the earth!**

SALT has three qualities;

- it is a preserving agent
- it has healing properties
- it gives flavour.

CATHOLICS are to:

- preserve the truths of the faith
- manifest healing hearts
- add Christian values to daily living.

*Every little bit makes a difference!*

**Our Lady of Lourdes**

**Pray for the sick 11th February.**

Lourdes is a shrine in France that has been visited by millions and where many are healed or helped. Our Lady appeared to Saint Bernadette from February 11 to July 16, 1858. As we consider the apparitions, we realize that the first three apparitions were like an introduction. The first three visits deal with faith, hope and charity. That is our invitation also as we say the first three "Hail Marys" in the Rosary. At the third apparition Our Lady answered: "Would you do me the favor of coming here for fifteen days? In that way you will know who I am." Only after Bernadette had began the recitation of the Rosary did Mary appear. Lourdes is the land of the Rosary. It is by means of the Rosary that we learn what heaven wants us to do and how we can best help the sick.



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**Word of God**

consists of divine truths that God has given to us via Jesus Christ. Divine Revelation comes to the Church from two sources:  
**Oral Teachings:** Tradition & Councils.  
**Written Teachings:** Sacred Scripture.  
Christ never left us a Gospel or written texts but a living Church, that in time, wrote down some of the things that Jesus taught the Apostles. So apostolic teaching (oral) preceded the New Testament.

**FIVE RULES OF LIFE**

A 92-year-old, petite, well-poised and proud man, who is fully dressed each morning by eight o'clock, with his hair fashionably combed and shaved perfectly, even though he is legally blind, moved to a nursing home today. After many hours of waiting patiently in the lobby of the nursing home, he smiled sweetly when told his room was ready. As he maneuvered his walker to the elevator, I provided a visual description of his tiny room. 'I love it,' he stated with the enthusiasm of an eight-year-old having just been presented with a new puppy. 'Mr. Jones, you haven't seen the room; just wait.' 'That doesn't have anything to do with it,' he replied. 'Happiness is something you decide on ahead of time. Whether I like my room or not doesn't depend on how the furniture is arranged .. it's how I arrange my mind. I already decided to love it. It's a decision I make every morning when I wake up. I have a **choice**; I can spend the day in bed recounting the difficulty I have with the parts of my body that no longer work, or get out of bed and be thankful for the ones that do. Each day is a gift, and as long as my eyes open, I'll focus on the new day.' Remember the **five simple rules** to be happy:

1. Free your heart from hatred.
2. Free your mind from worries.
3. Live simply.
4. Give more.
5. Expect less.

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**FIND THE WORD PUZZLE**

HOLY	SIGNS	CORINTHIANS	MATTHEW
LORD	HOUSE	MAGNIFICAT	WONDER
SALT	TASTE	PHILOSOPHY	ISAIAH
CITY	RISEN	NAZARETH	SPIRIT
HOST	LAMP	FAITH	

M	Q	W	S	N	A	I	H	T	N	I	R	O	C	T
A	A	R	I	G	H	Y	O	H	J	K	O	P	L	H
T	W	G	G	P	M	A	L	O	R	D	I	A	H	K
T	E	B	N	U	M	I	Y	K	G	B	S	E	N	K
H	D	F	S	I	G	H	J	K	O	L	A	P	H	K
E	G	H	G	T	F	A	I	T	H	Z	I	F	O	K
W	O	N	D	E	R	I	R	T	K	P	A	B	U	M
Y	H	O	P	K	I	L	C	I	T	Y	H	O	S	T
T	I	R	I	P	S	H	L	A	T	H	W	Z	E	A
A	S	D	G	H	E	Y	K	L	T	P	K	M	B	S
D	F	Y	A	H	N	A	Z	A	R	E	T	H	N	T
P	H	I	L	O	S	O	P	H	Y	V	B	N	U	E