

LITURGY THIS WEEK

ORDINARY TIME

MONDAY 08 JUN – Weekday, Ordinary Time 10
07:00 AM Holy Mass
12:00 NN Holy Mass Holy Souls in Purgatory

TUESDAY 09 JUN – Weekday, Ordinary Time 10
07:00 AM Holy Mass
09:00 AM Mass at Hospital Chapel
12:00 NN Holy Mass

WEDNESDAY 10 JUN – Weekday, Ordinary Time 10
07:00 AM Holy Mass
12:00 NN Holy Mass

THURSDAY 11 JUN – St Barnabas, apostle
07:00 AM Holy Mass
10:30 AM Mass at Uniting/Autumn Lodge
12:00 NN Holy Mass

FRIDAY 12 JUN – The MOST SACRED HEART of JESUS
07:00 AM Holy Mass Holy Souls in Purgatory
09:15 AM Holy Mass
05:30 PM Holy Mass +Michael O'Connor, Pam O'Connor, Joyce Heferen, Christine Nugent

SATURDAY 13 JUN – Weekday, Ordinary Time 10
08:00 AM OLA Chapel TM (1962 Missal)
09:00 AM Holy Mass
06:00 PM Holy Mass of Sunday

SUNDAY 14 JUN - 11TH SUNDAY in ORDINARY TIME
08:00 AM Holy Mass of Sunday
10:00 AM Holy Mass of Sunday
11:00 AM Solemn Mass with Choir (Latin Chant)
04:30 PM Solemn Vespers & Benediction
05:30 PM Holy Mass of Sunday

SACRAMENT OF RECONCILIATION (Cathedral)
30 MINUTES BEFORE MASS (for 20 mins) as well as

FRIDAY 04:45 – 05:15 PM
SATURDAY 09:45 – 10:15 AM & 05:00 – 05:45 PM

WEEKLY COLLECTION

	Actual	Target	Difference
1st Collection	\$2,402.00	\$2,114.00	\$288.00
2nd Collection	\$5,609.00	\$6,350.00	-\$741.00

Cathedral Parish Child & Vulnerable Adults Protection and Safeguarding Statement

Commitment to Safety

Our parish is dedicated to creating a safe, respectful, and welcoming environment for all, especially children and vulnerable adults.

Zero Tolerance for Abuse

We have a strict zero-tolerance policy for any form of abuse, neglect, or exploitation of children or vulnerable adults.

Compliance with Safeguarding Standards

Our parish follows the National Catholic Safeguarding Standards, Integrity in Our Common Mission, and adheres to the NSW Child Safe Standards to ensure our practices are aligned with best-practice safeguarding principles.

Please ensure that your children are accompanied when leaving the Cathedral during Mass to go to the toilet or for any other reason.

IN YOUR CHARITY, PLEASE PRAY FOR OUR:

RECENTLY DECEASED: Barbara Doring, Margaret Hyatt, Laurel Sargeant, Eugenia Sidor
DEATH ANNIVERSARIES: Phillip O'Brien, Antonietta Di Luzio, William Flynn, Brenda House, Rita Morissey
SICK: Fr Bernie Frize, Aaron Lucas, Robert Loh, Vicki Caldwell, Kelemete Hefe, Tom Briggs, Brian Bible, Craig Elliott, Eric McLeod, Pauline Godschalk, Estela & Nelson Segovia, Joseph Hanna, Kristine Sevilla, James Righetti, Lisa Hallman, Elizabeth Williams, Cristina Arellano, Billy Steller, Ben & Jessie Hanson, Vanessa Hardy, Maria Grezl, Wili Suluma, Katrin Gödderz, Mary Peter, Carmen & John Gallagher, Bob Watson, Ferg Watson, Raymond Watson, Robert Watson, Maureen Campbell, Ann Haydon, Irene & Leigh Owen, Robyn Keogh, Robert Markeljic, Don Armatage, Molly Burke, Melissa Gamblen, Hannah Whitton, Tom Britt, Danny Jones, Aeron Ryan, Blake Ross, Gemma Milliken, Frederic Kelmeyer, Silvia & Ralph Bowles.

PLEASE NOTE: Due to privacy legislation, names of the sick/deceased can only be published with permission of the sick person him/herself or the immediate family members of

7 JUNE, THE MOST HOLY BODY & BLOOD OF CHRIST

	6PM	8AM	10AM	11AM	5:30PM
Welcomer	KMcMahon	J Toakley	T Rimpici	A Pike	Turley
Reader 1	J Carson	F Miron	NBrennan	L Quast	J Chin
Reader 2	P Boston	A Rogers	A Dinh	MVanGend	D Roff
PoF	WClark	N Ramazani	K Frazier		J Roff
ExMin	Clergy	Clergy	Clergy	Clergy	Clergy

14 JUNE, 11TH SUNDAY in ORDINARY TIME

	6PM	8AM	10AM	11AM	5:30PM
Welcomer	W Clark	P Stier	T Rimpici	A Pike	Chin
Reader 1	C Doherty	C Stephen	R Menz	L Quast	P Turley
Reader 2	A May	J Toakley	NBrennan	MVanGend	R Camillieri
PoF	J Carson	A Rogers	M Suluma		J Maher
ExMin	Clergy	Clergy	Clergy	Clergy	Clergy

SUPPORTING OUR PRIESTS & PARISH

1ST COLLECTION (cash or eft only)

(supports the clergy: food, housekeeping, annual retreat & monthly stipend)

Account Name: St Mary's Presbytery Account
 BSB: 082-105 Acc. No: 001023527

2ND COLLECTION (cash, eft or tap & go - credit card)

(supports the Cathedral Parish: insurance, employees' salary, repair & maintenance, office and church requisites, utilities, etc)

Account Name: St Mary's Cathedral Parish
 BSB: 082-105 Acc. No: 001006225

(Ref: Planned Giving Number and/or your name)

Thank you for your support!

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*see full terms and conditions online at www.adig.com.au. Interest rate effective - 11 May 2025 and is subject to change at any time. Minimum investment is \$1,000.

Saints Mary & Joseph Cathedral Parish Armidale

Most Reverend Peter Mel Murphy Ph.D Bishop of Armidale

132 DANGAR St (PO Box 2025), ARMIDALE 2350, PH 6772 2218
 E: armidaleparish@armidale.catholic.org.au W: www.smjccathedral.org.au



Administrator: Rev Fr Paul Chandler PhD | frpchandler@armidale.catholic.org.au
Assistant Priest: Rev Fr Ernie Matibag OSJ | frmatibag@armidale.catholic.org.au
Parish Secretary Ms Tina Clarke | **Office Hours: Mon - Fri 9am - 1pm**
Principal, St Mary's Catholic Primary School: Mrs Belinda Burton
Principal, O'Connor Catholic College: Mr Philip Gibney
Parish Finance Council Chair: Mrs Fiona Miron



JUNE - MONTH OF THE SACRED HEART OF JESUS
THE MOST HOLY BODY & BLOOD OF CHRIST (A/2) 7TH JUNE 2026

ENTRANCE ANTIPHON Cf. Ps 80: 17

He fed them with the finest wheat and satisfied them with honey from the rock.

FIRST READING Deut. 8:2-3,14-16

Moses said to the people: 'Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord.

'Do not become proud of heart. Do not forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.'

RESPONSORIAL PSALM

Psalm 147:12-15,19-20

R: Praise the Lord, Jerusalem.

SECOND READING 1 Cor 10:16-17

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

SEQUENCE

Lauda, Sion

Sing forth, O Zion, sweetly sing

The praises of thy Shepherd-King,
 In hymns and canticles divine;
 Dare all thou canst, thou hast no song
 Worthy his praises to prolong,
 So far surpassing powers like thine.

Within our new King's banquet-hall
 They meet to keep the festival
 That closed the ancient paschal rite:
 The old is by the new replaced;
 The substance hath the shadow chased;
 And rising day dispels the night.

This faith to Christian men is given –
 Bread is made flesh by words from heaven:
 Into his blood the wine is turned:
 What though it baffles nature's powers
 Of sense and sight? This faith of ours
 Proves more than nature e'er discerned.

Concealed beneath the two-fold sign,
 Meet symbols of the gifts divine,
 There lie the mysteries adored:
 The living body is our food;
 Our drink the ever-precious blood;
 In each, one undivided Lord.

The good, the guilty share therein,
 With sure increase of grace or sin,
 The ghostly life, or ghostly death:
 Death to the guilty; to the good
 Immortal life. See how one food
 Man's joy or woe accomplisheth.

Behold the bread of angels, sent
 For pilgrims in their banishment,
 The bread for God's true children meant,
 That may not unto dogs be given:
 Oft in the olden types foreshowed;
 In Isaac on the altar bowed,
 And in the ancient paschal food,
 And in the manna sent from heaven.

Come then, good shepherd, bread divine,
 Still show to us thy mercy sign;
 Oh, feed us still, still keep us thine;
 So may we see thy glories shine
 In fields of immortality;

O thou, the wisest, mightiest, best,

Our present food, our future rest,
 Come, make us each thy chosen guest,
 Co-heirs of thine, and comrades blest
 With saints whose dwelling is with thee.
 Amen. Alleluia.

GOSPEL ACCLAMATION John 6:51-52

Alleluia, alleluia!
 I am the living bread from heaven, says
 the Lord; whoever eats this bread will live
 for ever. Alleluia!

GOSPEL John 6:51-58

Jesus said to the crowd:
 'I am the living bread which has come
 down from heaven. Anyone who eats this
 bread will live for ever; and the bread that I
 shall give is my flesh, for the life of the
 world.'
 Then the Jews started arguing with one another:
 'How can this man give us his flesh to eat?'
 they said. Jesus replied:
 'I tell you most solemnly, if you do not eat
 the flesh of the Son of Man and drink his
 blood, you will not have life in you.
 Anyone who does eat my flesh and drink
 my blood has eternal life, and I shall raise
 him up on the last day.
 For my flesh is real food and my blood is
 real drink. He who eats my flesh and drinks
 my blood lives in me and I live in him.
 As I, who am sent by the living Father,
 myself draw life from the Father, so whoever
 eats me will draw life from me.
 This is the bread come down from heaven;
 not like the bread our ancestors ate:
 they are dead,
 but anyone who eats this bread will live
 for ever.'

COMMUNION ANTIPHON Jn 6: 57

Whoever eats my flesh and drinks my
 blood remains in me and I in him, says
 the Lord.

NEWS/ANNOUNCEMENTS

TILING WORKS IN CATHEDRAL PRECINCT

Please note that there are tiling repair and upgrade works being completed at the top of the stairs on the upper floor of the car-park at the Cathedral Precinct. As part of the works, the tiled area will be roped off and inaccessible for up to a month. For those that park downstairs or who regularly walk through this area please be mindful of this temporary disruption. For those parking downstairs alternative walking access to the Chancery Office and ACS Office is available via the O'Mahony House driveway.

PLANNED GIVING ENVELOPES for the new financial year are available for collection from the table in the centre isle of the cathedral.

DATE CLAIMER - TRIVIA AFTERNOON

Come along to our Parish trivia afternoon, to be held in the Torreggiani Room on Saturday 4 July at 2pm. Some great prizes will be available, with funds raised going towards the Cathedral Bell upgrade. For more details or to book a table, please contact Monica on 0450 419 688.

GUILD OF ST ANNE

The women of the Guild are inviting others to join them in the important task of caring for the sacred vestments and the cleaning of the altar linen. The Guild has two large projects underway; the making of kneeler cushions for Our Lady of the Angels chapel and a new altar cloth and superfrontal for the High Altar. It is not necessary to be highly skilled but simply to want to help. Any enquiries or questions can be directed to Kathy McCartney 0418 465 996

STUDY GROUP with Bishop Peter Murphy on the Compendium of the Catholic Church, Wednesday evenings, 7:30 - 8:30 pm in the Ursula Room (Chancery Building), Please contact the Chancery Office for any enquiries on 67718700.

FIVE FIRST SATURDAYS DEVOTION

Marian devotion on the first Saturday of each month . The next gathering will this Saturday 6th June at 9.30am, immediately after the 9am Mass in the Cathedral.

HOLY FACE DEVOTION | Tuesday at 5:45 pm in the Parish Prayer Room (formerly Adoration Chapel).

FISHERS OF MEN PRAYER GROUP | meets in the Parish Meeting Room, Mondays 5:30 - 7:00 pm. For enquiries contact Nirmal on 0430871064 .

MASS OFFERINGS FOR SPECIAL INTENTIONS

The suggested donation for a Mass offering is now \$20. If you would like a Mass offered for a special intention, envelopes are available in the Cathedral foyer and at the Parish Office.

EUCCHARISTIC ADORATION

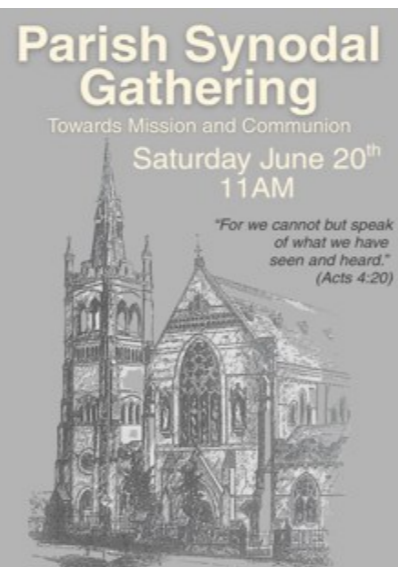
Our Lady of the Angels Chapel: 8am- 8pm Monday-Friday and overnight Friday from 8pm- Saturday 8am- a total of 72 hours a week. Rostered Adorers are needed to cover all hours. Please contact the Armidale Adoration Team on: armidaleadoration@gmail.com or 0459 089 778.

VERSOL'ALTO-FOR YOUNG CATHOLIC ADULTS

Exploring the heights of our Catholic faith under the patronage of St Pier Giorgio Frassati. Fortnightly in the Torreggiani Room 7-9pm. Holy Rosary, faith formation, refreshments. Next gathering Monday 15 June.

HOME ROSARIES | If you would like to host a home rosary, please contact Kathy 0417023704 or Barbara 0408235877

At its heart, our Church is meant to be a people who are on a journey together, towards heaven. "At all times and in every race God has given welcome to whosoever fears Him and does what is right. God, however, does not make people holy and save them merely as individuals, without bond or link between one another. Rather has it pleased Him to bring us together as one people." So said the Fathers of Vatican II in *Lumen Gentium* §17.



Synodality is a way of expressing this common journey and bond that unites us in the Body of Christ, the Church.

Our parish synodal gathering will provide a time when We can listen to one another.

We can attend to what is stirring beneath the surface.

We can listen for the voice of the Holy Spirit - not just individually, but communally.

There are three inseparable dimensions to the process used at our gathering.

Communion

How do we relate to one another as members of the Body of Christ? How do we foster a sense of belonging, or being connected to one another in Christ. This involves trust, listening and mutual respect. Without communion, everything else becomes mechanical.

Participation

Everyone has a voice in the procedure of active listening used; not just the confident, or the articulate, or the appointed. It is not about debate or persuasion, but about creating a space where each voice can be offered freely and received with care.

Mission

The Church and each parish is not meant to be inward looking. Our gathering, under the guidance of the Holy Spirit can help us to discern how to serve each other, and to witness to the Gospel in the world and bring others to the Church.

What will we do on the day?

The gathering will begin at 11am with morning tea and Introductions to the your group. There will be prayer, an address by the Bishop, and then time will be spent on the two themes of Mission and Communion; each treated in separate sessions.

These sessions are listening sessions where each person in the group has an opportunity to speak and be listened to. Each table group will have a scribe so that the whole group may hear the insights from each table.

Lunch will be served around 12:15pm and the day will end with a summary session and prayer at 3pm.

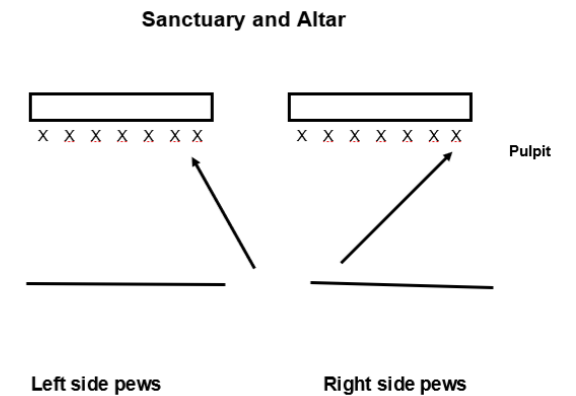
Please register your interest in attending by providing your name and contact details to the Parish via email, a phone call, or in person at the Parish Office. Names are trickling in but we need final numbers for catering BY FRIDAY, JUNE 12TH.

APPROACHING THE ALTAR FOR HOLY COMMUNION

So that Holy Communion is less rushed, beginning at Masses of Corpus Christi (June 7th) there will be a change in our manner of reception.

Instead of queuing behind each other to receive Holy Communion we line up together.

Those on the right move to the right-hand end of the handrails and fill the length of the space and those on the left will fill the length of the handrails from centre to the left.



ON THE RECEPTION OF HOLY COMMUNION

by St Thomas More (martyr, Chancellor of England) whose feast occurs this month on June 22nd

Now, when we have received our Lord and have Him within us, let us not then leave Him alone as we get involved in other things, forgetting to look to Him anymore. For anyone who would serve a guest in such a way would have little sense!

Instead, let all our concern be focused on Him. Let us by devout prayer talk to Him, by devout meditation talk with Him. Let us say with the prophet: "I will hear what our Lord will speak within me" (Ps 85:9). If we set aside all other things and attend to Him, He will not fail to inspire us, to speak to us such things within us that will lead to the great spiritual comfort and profit of our soul. Having received the Blessed Sacrament, we have a special time of prayer.

For He who made us, who redeemed us, whom we have offended, who will judge us, who will either damn us or save us, has because of His great goodness become our guest. He is personally present within us—and He has done that for no other purpose but to be sought for pardon so that He can save us.

Let us not lose this time, therefore, nor allow this occasion to slip by. For we can hardly tell whether we will ever get in to church again or not.

- St. Thomas More, Treatise: To Receive the Blessed Body of Our Lord, 1534.

"I am the bread of life.. and my flesh is real" says Jesus.
John 6:48,55

- Three Conditions for Holy Communion so that it is HOLY:**
1. Be a baptized Catholic who believes;
 2. Be free of mortal/serious sin;
 3. Be fasting for 1 hour beforehand.

Doctrine of Transubstantiation explains the presence of Christ in the substance of the consecrated Host while the appearances of 'bread' remain.



FAMILY MOVIE AFTERNOON
You are invited to a movie session in preparation for the mission of the major relic of St Carlo Acutis in our parish June 27-28 **Sunday, June 21st** 2.30pm arrival for 2.45pm movie start time.
"Carlo Acutis - Roadmap to Reality"
Cost: \$50 per family (to cover rental costs and a donation to the upgrade of the bell system for the Cathedral) Popcorn will be available for \$5/bag. BYO extra snacks/drinks.

AVAILABLE AT THE PIETY STALL
Fr Sean Davidson who visited us last year has published a book "The Eucharistic Springtime" through Saint Carlo Press. It presents the Eucharist in a readable way without dilution of the enormous riches contained therein. A most inspiring chapter tells the story of seven saints of the Eucharist. This book is a valuable companion for times of Eucharistic Adoration. Further information is available from the flyers on the noticeboards.
Price: \$24.95



Come Adore the Lord in Eucharistic Adoration!

"A thousand years of enjoying human glory is not worth even an hour spent in sweetly communing with Jesus in the Blessed Sacrament."
~ St Padre Pio

Can you commit to a Holy Hour each week and be a Guardian of the Blessed Sacrament?

Monday: 11am, 12pm, 1pm
Tuesday: 8am, 11am, 12pm, 2pm
Wednesday: 11am, 12pm, 4pm, 5pm
Thursday: 11am, 2pm
Friday: 11am, 1pm, 5pm
Saturday: 3am

Contact the Armidale Adoration Team:
armidaleadoration@gmail.com
0459 089 778