

LITURGY THIS WEEK

ORDINARY TIME

SUNDAY 5 JULY - NATIONAL ABORIGINAL & TORRES STRAIT ISLANDER SUNDAY

<https://www.natsicc.org.au/>

MONDAY 06 JUL – Weekday, Ordinary Time 14

07:00 AM Holy Mass

12:00 NN Holy Mass

TUESDAY 07 JUL – Weekday, Ordinary Time 14

07:00 AM Holy Mass

12:00 NN Holy Mass

WEDNESDAY 08 JUL – Weekday, Ordinary Time 14

07:00 AM Holy Mass

12:00 NN Holy Mass

THURSDAY 09 JUL – Weekday, Ordinary Time 14

07:00 AM Holy Mass

10:30 AM Mass at Uniting/Autumn Lodge Chapel

12:00 NN Holy Mass

FRIDAY 10 JUL – Weekday, Ordinary Time 14

07:00 AM Holy Mass

05:30 PM Holy Mass

SATURDAY 11 JUL – St Benedict, *abbot*

08:00 AM OLA Chapel TM (Missa Cantata)

09:00 AM Holy Mass

06:00 PM Holy Mass of Sunday

SUNDAY 12 JUL - 15TH SUNDAY in ORDINARY TIME

08:00 AM Holy Mass of Sunday

10:00 AM Holy Mass of Sunday

11:00 AM Solemn Mass with Choir (Latin Chant)

04:30 PM Solemn Vespers & Benediction

05:30 PM Holy Mass of Sunday

SACRAMENT OF RECONCILIATION (Cathedral)

30 MINUTES BEFORE MASS (for 20 mins) as well as

FRIDAY

04:45 – 05:15 PM

SATURDAY

09:45 – 10:15 AM & 05:00 – 05:45 PM

Cathedral Parish Child & Vulnerable Adults Protection and Safeguarding Statement

Commitment to Safety

Our parish is dedicated to creating a safe, respectful, and welcoming environment for all, especially children and vulnerable adults.

Zero Tolerance for Abuse

We have a strict zero-tolerance policy for any form of abuse, neglect, or exploitation of children or vulnerable adults.

Compliance with Safeguarding Standards

Our parish follows the National Catholic Safeguarding Standards, Integrity in Our Common Mission, and adheres to the NSW Child Safe Standards to ensure our practices are aligned with best-practice safeguarding principles.

The Diocesan Safeguarding Policy is available on the Diocesan & Parish websites, in the Parish Office and in the Cathedral foyer.

Parish Safeguarding is a shared responsibility & feedback from both children & adults is welcomed & encouraged.

Feedback can be made through Parish email or the Diocesan website

Parish Safegurading Contact: Ms Tina Clarke (Parish Secretary)

IN YOUR CHARITY,PLEASE PRAY FOR OUR:

RECENTLY DECEASED:

Carl Trevaskis, Josh McFarlane, Maureen Kratz, Barbara Doring

DEATH ANNIVERSARIES:

Charlie Selby, George Harb, Jean De Gunst, Grace Kelly

PERPETUAL INTENTIONS:

The Holy Souls in Purgatory, Michael O’Connor, Pam O’Connor, Joyce Heferen, Christine Nugent

SICK:

Colin Ahoy, Kourtney Holzhauser, Roger Patricks, Fr Bernie Frize, Aaron Lucas, Robert Loh, Kelemete Hefe, Brian Bible, Craig Elliott, Eric McLeod, Pauline Godschalk, Estela & Nelson Segovia, Joseph Hanna, Kristine Sevilla, James Righetti, Lisa Hallman, Elizabeth Williams, Cristina Arellano, BillySteller, Ben & Jessie Hanson, Vanessa Hardy, Maria Grezl, Wili Suluma, Katrin Gödderz, Mary Peter, Carmen & John Gallagher, Bob Watson, Ferg Watson, Raymond Watson, Robert Watson, Maureen Campbell, Ann Haydon, Irene & Leigh Owen, Robyn Keogh, Robert Markeljic, Don Armatage, Molly Burke, Melissa Gamblen, Hannah Whitton, Tom Britt, Danny Jones, Aeron Ryan, Blake Ross, Gemma Milliken, Frederic Kelmeyer, Silvia & Ralph Bowles.

5 JULY, 14TH SUNDAY in ORDINARY TIME					
	6PM	8AM	10AM	11AM	5:30PM
Welcomer	Volunteer	P Stier	T Rimpici	A Pike	Chin
Reader 1	J Carson	F Miron	K Frazier	L Quast	P Turley
Reader 2	P Boston	N Ramazani	R Menz	MVanGend	R Camilleri
PoF	D Fittler	C Stephen	P Hordern		J Maher
ExMin	Clergy	Clergy	Clergy	Clergy	Clergy
12 JULY, 15TH SUNDAY in ORDINARY TIME					
	6PM	8AM	10AM	11AM	5:30PM
Welcomer	MCarson	J Toakley	T Rimpici	A Pike	Steller
Reader 1	W Clark	A Rogers	NBrennan	L Quast	N Chin
Reader 2	C Doherty	F Miron	A Dinh	MVanGend	J Chin
PoF	A May	N Ramazani	M Suluma		D Roff
ExMin	Clergy	Clergy	Clergy	Clergy	Clergy

SUPPORTING OUR PRIESTS & PARISH

1ST COLLECTION (cash or eft only)

(supports the clergy: food, housekeeping, annual retreat & monthly stipend)

Account Name: St Mary’s Presbytery Account
BSB: 082-105 Acc. No: 001023527

2ND COLLECTION (cash, eft or tap & go - credit card)

(supports the Cathedral Parish: insurance, employees’ salary, repair & maintenance, office and church requisites, utilities, etc)

Account Name: St Mary’s Cathedral Parish
BSB: 082-105 Acc. No: 001006225

(Ref: Planned Giving Number and/or your name)

Thank you for your support!

WEEKLY COLLECTION			
	Actual	Target	Difference
1st Collection	\$3,003.24	\$2,114.00	\$889.24
2nd Collection	\$7,276.00	\$6,350.00	\$926.00

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5.35%* p.a.

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SCAN HERE FOR MORE INFORMATION & VIEW OUR CURRENT RATES

SCAN HERE TO VIEW OUR DISCLOSURE STATEMENT

*see full terms and conditions online at www.adig.com.au. **Offer only valid from 29/06/2026 - 31/07/2026. Offer only valid for retail customers. Interest rate effective - 29 June 2026 and is subject to change at any time. Minimum investment is \$1,000.

Saints Mary & Joseph Cathedral Parish Armidale

Most Reverend Peter Mel Murphy Ph.D

Bishop of Armidale

132 DANGAR St (PO Box 2025), ARMIDALE 2350, PH 6772 2218

E: armidaleparish@armidale.catholic.org.au W: www.smjcathedral.org.au

Administrator: Rev Fr Paul Chandler PhD | frpchandler@armidale.catholic.org.au

Assistant Priest: Rev Fr Ernie Matibag OSJ | frmatibag@armidale.catholic.org.au

Parish Secretary Ms Tina Clarke | Office Hours: Mon - Fri 9am - 1pm

Principal, St Mary’s Catholic Primary School: Mrs Belinda Burton

Principal, O’Connor Catholic College: Mr Philip Gibney

Parish Finance Council Chair: Mrs Fiona Miron

July - Month of the Precious Blood of Jesus
14TH SUNDAY IN ORDINARY TIME (A/2) 5TH JULY 2026

ENTRANCE ANTIPHON Cf. Ps 47: 10-11

Your merciful love, O God,
we have received in the midst of your temple.
Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.

FIRST READING Zechariah 9:9-10

The Lord says this:

Rejoice heart and soul, daughter of Zion!
Shout with gladness, daughter of Jerusalem!
See now, your king comes to you;
he is victorious, he is triumphant,
humble and riding on a donkey,
on a colt, the foal of a donkey.
He will banish chariots from Ephraim
and horses from Jerusalem;
the bow of war will be banished.
He will proclaim peace for the nations.
His empire shall stretch from sea to sea,
from the River to the ends of the earth.

RESPONSORIAL PSALM Psalm 144(145):1-2,8-11,13b-14

R: I will praise your name for ever, my king and my God.

I will give you glory, O God my king,
I will bless your name for ever.
I will bless you day after day
and praise your name for ever. *R:*

The Lord is kind and full of compassion,
slow to anger, abounding in love.
How good is the Lord to all,
compassionate to all his creatures. *R:*

All your creatures shall thank you, O Lord,
and your friends shall repeat their blessing.
They shall speak of the glory of your reign
and declare your might, O God. *R:*

The Lord is faithful in all his words
and loving in all his deeds.
The Lord supports all who fall
and raises all who are bowed down. *R:*

SECOND READING Romans 8:9,11-13

Your interests are not in the unspiritual, but in the spiritual,
since the Spirit of God has made his home in you. In fact,
unless you possessed the Spirit of Christ you would not be-
long to him, and if the Spirit of him who raised Jesus from
the dead is living in you, then he who raised Jesus from the
dead will give life to your own mortal bodies through his
Spirit living in you.

So then, my brothers, there is no necessity for us to obey
our unspiritual selves or to live unspiritual lives. If you do
live in that way, you are doomed to die; but if by the Spirit
you put an end to the misdeeds of the body you will live.

GOSPEL ACCLAMATION cf Matthew 11:25

Alleluia, alleluia!
Blessed are you, Father, Lord of heaven and earth;
you have revealed to little ones the mysteries of the
kingdom.
Alleluia!

GOSPEL Matthew 11:25-30

Jesus exclaimed, ‘I bless you, Father, Lord of heaven and of
earth, for hiding these things from the learned and the clever
and revealing them to mere children. Yes, Father, for that is
what it pleased you to do. Everything has been entrusted to
me by my Father; and no one knows the Son except the Fa-
ther, just as no one knows the Father except the Son and
those to whom the Son chooses to reveal him.

‘Come to me, all you who labour and are overburdened,
and I will give you rest. Shoulder my yoke and learn from
me, for I am gentle and humble in heart, and you will find
rest for your souls. Yes, my yoke is easy and my burden
light.’

COMMUNION ANTIPHON Ps 33: 9

Taste and see that the Lord is good;
blessed the man who seeks refuge in him.

In the interests of child safety & Parish Safeguarding, please
ensure that your children are accompanied when leaving the
Cathedral during Mass to go to the toilet or for any other reason.

NEWS/ANNOUNCEMENTS

PARISH TRIVIA AFTERNOON POSTPONED

Our Parish trivia afternoon has been postponed and will now be held in the Torregiani room on Saturday 1 August at 2pm. Funds raised will go towards upgrading the Cathedral bell system. For more details or to book a table, please contact Monica on 0450 419 688.

CATHOLIC VIEWPOINT

The latest Catholic Viewpoint is now available In flipbook magazine style following the link: [Catholic Viewpoint April-June 2026](#) If you would like a printed copy contact the Parish Office.

FIRST PENANCE (Confession/Reconciliation) & FIRST HOLY COMMUNION SACRAMENTAL PROGRAM 2026

Parent/Enrolment Night - Wed. 29th July, 6pm in the Torregiani Room. **For more information contact the Parish Office.**

PLANNED GIVING ENVELOPES for the new financial year are available for collection from the table in the centre isle of the cathedral.

GUILD OF ST ANNE

The women of the Guild are inviting others to join them in the important task of caring for the sacred vestments and the cleaning of the altar linen. The Guild has two large projects underway; the making of kneeler cushions for Our Lady of the Angels chapel and a new altar cloth and superfrontal for the High Altar. It is not necessary to be highly skilled but simply to want to help. Any enquiries or questions can be directed to Kathy McCartney 0418 465 996

STUDY GROUP with Bishop Peter Murphy on the **Theology of the Body (short course)**, Wednesday evenings, 7:30 - 8:30 pm in the Ursula Room (Chancery Building). Please contact the Chancery Office for any enquiries on 67718700.

FIVE FIRST SATURDAYS DEVOTION

Marian devotion on the first Saturday of each month . The next gathering will this Saturday 4th July at 9.30am, immediately after the 9am Mass in the Cathedral.

HOLY FACE DEVOTION | Tuesday at 5:45 pm in the Parish Prayer Room (formerly Adoration Chapel).

FISHERS OF MEN PRAYER GROUP | meets in the Parish Meeting Room, Mondays 5:30 - 7:00 pm. For enquiries contact Nirmal on 0430871064 .

MASS OFFERINGS FOR SPECIAL INTENTIONS

The suggested donation for a Mass offering is now \$20. If you would like a Mass offered for a special intention, envelopes are available in the Cathedral foyer and at the Parish Office.

EUCCHARISTIC ADORATION

Our Lady of the Angels Chapel: 8am- 8pm Monday-Friday and overnight Friday from 8pm- Saturday 8am- a total of 72 hours a week. Rostered Adorers are needed to cover all hours. Please contact the Armidale Adoration Team on: armidaleadoration@gmail.com or 0459 089 778.

VERSO L'ALTO - FOR YOUNG CATHOLIC ADULTS

Exploring the heights of our Catholic faith under the patronage of St Pier Giorgio Frassati. Fortnightly in the **Ursula Room** 7-9pm. Holy Rosary, faith formation, refreshments.

Next gathering Monday 13 July.

HOME ROSARIES | If you would like to attend or host a home rosary or receive a home visit by the Legion of Mary, please contact Kathy 0417023704 or Barbara 0408235877. Location is not advertised for privacy purposes.



Eucharist28 Update – This is My Body, Given For You

The International Eucharistic Congress in Sydney in 2028 ('Eucharist28') will be a global gathering of the Church centred on the Eucharist, the source and summit of our Christian lives, culminating in a Papal Mass with Pope Leo XIV. It will be a festival of faith, rich with worship, prayer, testimonies, art, music – a truly 'once in a lifetime' experience, and a transformative moment for our nation.

The theme for Eucharist28 is 'This is My Body, Given For You', which invites us to reflect on the words that Christ spoke as he instituted the Eucharistic Sacrifice.

At each Mass, the priest repeats Jesus' words from the Last Supper, and the bread and wine become the Body and Blood of Christ.

This miraculous change does not end with the gifts. As we receive the Body of Christ, we are transformed into the Body of Christ, carrying His presence into our homes, workplaces, schools, parishes and communities.

Just as He gave His life for us, we too are called to offer our lives in sacrifice and service to God and to those around us.

This national journey to Eucharist28 is an invitation for all of us to share in the breaking of the bread and allow Christ's presence to transform us. The journey begins now, in our own hearts and in our own parishes.

For catechetical material to help your parish and community prepare for this moment, head to eucharist28.org/resources.



SAINTS OF ITALY PILGRIMAGE (2nd - 16th October 2026)

Fr. Franco Filippetto from St Mary's Parish, Warwick warmly invites you to join a spiritually enriching pilgrimage to Italy, visiting Rome, Assisi, Siena, Rotondo, Milan, Padua and Sorrento, walking in the footsteps of the saints, and drawing inspiration from their lives, witness, and enduring legacy in the very places where they lived and served.

This all-inclusive pilgrimage is priced at \$9,990 (20+ pilgrims). The fare includes return economy airfares, local transfers in deluxe coaches, accommodation in 4-star premium hotels, daily meals, English-speaking professional guides, entrance fees as per the itinerary, and more. We would be delighted for you to join us on this unforgettable journey of faith. Limited Seats Available. For inquiries & bookings, call 03 8839 6615 or email us pilgrimage@magiholidays.com.au

WOMEN'S BREAKFAST

Date: Saturday, 25th July, "The Cottage Restaurant"

Guest Speaker: Fr. Eli

Please confirm your attendance by making payment of **\$29.00** to:

Majellan Mothers Club

BSB: 082-105

ACC: 001061469

RSVP: Mon. 20/7/26

Come to me ...

learn from me & you will find rest for your souls.

Respite for the soul!

Being yoked to Christ means being united to the G-factor.

God did create our world devoid of suffering, pain, sickness and death. Sin was the cause of such misery. Christ, however, does show us how to cope with our pain and suffering. Moreover, God gives us the grace and strength to keep going, provided we rely and trust in Him, so as to merit a grand reward in the life hereafter.

CATHOLIC CARING

Are you hanging on like mad

To someone that you know

Walking every step they walk

And feeling every blow

Are you trying to badger them

Into the life you crave

Surely you are getting tired

Or trying to be brave.

Jesus wants to take your **yoke**

The burden and the strain

And while you let Him have the weight

You'll feel the pressures drain

Keep on praying for your friend

Be there for their call

Through the act of letting go

You're caring after all. *M. Bullock*



Come Adore the Lord in Eucharistic Adoration!



"A thousand years of enjoying human glory is not worth even an hour spent in sweetly communing with Jesus in the Blessed Sacrament."
~ St Padre Pio

Can you commit to a Holy Hour each week and be a Guardian of the Blessed Sacrament?

Monday: 12pm, 1pm, 2pm
Tuesday: 8am, 10am, 12pm, 2pm
Wednesday: 12pm, 4pm, 5pm
Friday: 9am, 10am, 5pm
Saturday: 12am, 3am

Contact the Armidale Adoration Team:
armidaleadoration@gmail.com
0459 089 778

Shroud of Turin: burial cloth of Christ.

These features on the Shroud are unknown markings that baffle science.

The negative image on the burial cloth shows greater detail - on right side.

Since arriving in Turin in 1578, the Shroud has only been displayed a few times each century.

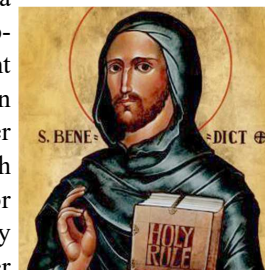
Security is always a problem with the Shroud. For example, there is strong belief by the authorities in Turin

that the April 1997 fire in the Chapel, Cathedral and Royal Palace was intentionally set by an arsonist. In 1978, during a 5 week exhibition, 3.5 million visitors flocked to the city to view the cloth. Organizing such events is always a problem. Most importantly however, exposing the cloth to polluted air and UV light during an exhibition can damage the cloth and the image as well. Even though the Shroud is now stored in a specially

designed container to protect and preserve it, too much exhibiting may create serious long term conservation and preservation problems. Recently Pope Francis viewed it. To see great images of the Shroud and to learn more go the website www.shroud.com.

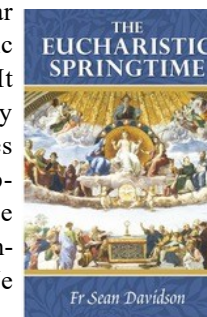
Saint Benedict | Feastday 11th July

Saint Benedict was a spiritual giant. He appreciated and taught that physical work in the garden and prayer in the chapel are both extremely important for a balanced and healthy outlook on life. After all, are we not comprised of body and soul? *Ora et Labora* [Pray & Work] was his motto.



AVAILABLE AT THE PIETY STALL - SPECIAL PRICE

Fr Sean Davidson who visited us last year has published a book "The Eucharistic Springtime" through Saint Carlo Press. It presents the Eucharist in a readable way without dilution of the enormous riches contained therein. A most inspiring chapter tells the story of seven saints of the Eucharist. This book is a valuable companion for times of Eucharistic Adoration. We are able to sell it at **discount price of \$20.**



Parish Piety Stall

**open after all morning masses
this Sunday**

new & second-hand
books and religious items

