

LITURGY THIS WEEK

ORDINARY TIME

MONDAY 03 AUG – St Dominic, *priest*

07:00 AM Holy Mass

12:00 NN Holy Mass

TUESDAY 04 AUG – St John Vianney, *priest*

07:00 AM Holy Mass

12:00 NN Holy Mass

WEDNESDAY 05 AUG – Weekday, Ordinary Time 18

07:00 AM Holy Mass

12:00 NN Holy Mass

THURSDAY 06 AUG – The Transfiguration of the Lord

07:00 AM Holy Mass

12:00 NN Holy Mass

FRIDAY 07 AUG – Weekday, Ordinary Time 18

07:00 AM Holy Mass

09:15 AM Holy Mass

10:30 AM Mass at Bupa

05:30 PM Holy Mass

SATURDAY 08 AUG – ST MARY OF THE CROSS, *virgin*

08:00 AM OLA Chapel TM (1962 Missal)

09:00 AM Holy Mass

06:00 PM Holy Mass of Sunday

SUNDAY 09 AUG - 19TH SUNDAY in ORDINARY TIME

08:00 AM Holy Mass of Sunday

10:00 AM Holy Mass of Sunday

11:00 AM Solemn Mass with Choir (Latin Chant)

04:30 PM Solemn Vespers & Benediction

05:30 PM Holy Mass of Sunday

SACRAMENT OF RECONCILIATION (Cathedral)

30 MINUTES BEFORE MASS (for 20 mins) as well as

FRIDAY04:45 – 05:15 PM

SATURDAY09:45 – 10:15 AM &05:00 – 05:45 PM

Cathedral Parish Child & Vulnerable Adults Protection and Safeguarding Statement

Commitment to Safety

Our parish is dedicated to creating a safe, respectful, and welcoming environment for all, especially children and vulnerable adults.

Zero Tolerance for Abuse

We have a strict zero-tolerance policy for any form of abuse, neglect, or exploitation of children or vulnerable adults.

Compliance with Safeguarding Standards

Our parish follows the National Catholic Safeguarding Standards, Integrity in Our Common Mission, and adheres to the NSW Child Safe Standards to ensure our practices are aligned with best-practice safeguarding principles.

The Diocesan Safeguarding Policy is available on the Diocesan & Parish websites, in the Parish Office and in the Cathedral foyer.

Parish Safeguarding is a shared responsibility & feedback from both children & adults is welcomed & encouraged.

Feedback can be made through Parish email or the Diocesan website

Parish Safegurading Contact: Ms Tina Clarke (Parish Secretary)

In the interests of child safety & Parish Safeguarding, please ensure that your children are accompanied when leaving the Cathedral during Mass to go to the toilet or for any other reason.

GOOD SHEPHERD APPEAL & PRIEST RETIREMENT FOUNDATION APPEAL - This weekend 1st/2nd August

Collection for the education of clergy & seminarians & to provide support for retired clergy will taken up next weekend on the 63rd World Day of Prayer for Vocations. Envelopes available in the Cathedral foyer & at the Welcomer’s Table.

IN YOUR CHARITY,PLEASE PRAY FOR OUR:

RECENTLY DECEASED: Barry Bourke (Funeral Mass Monday 3 August 2pm at St Joseph;s Uralla), Fr Michael Mullane (Funeral Mass at St Mary’s in Tenterfield, Thursday 6 August at 11am), Dymrna Brazier (Funeral Mass Monday 10 August 2pm in the Cathedral), Shelley English, Fr Joe Adriano (Philippines), Ron Nixon, Kitty Cooper

DEATH ANNIVERSARIES: Paul Armatage, Evelyn Bower, Thomas Frost, John Waters, Marie McCann

PERPETUAL INTENTIONS: The Holy Souls in Purgatory, Michael O’Connor, Pam O’Connor, Joyce Heferen, Christine Nugent

SICK: Anne Bacigalupo, Albert Holmes, Liam English, Colin Ahoy, Kourtney Holzhauser, Roger Patricks, Fr Bernie Frize, Aaron Lucas, Robert Loh, Kelemete Hefe, Brian Bible, Craig Elliott, Eric McLeod,Pauline Godschalk, Estela & Nelson Segovia, Joseph Hanna, Kristine Sevilla, James Righetti, Lisa Hallman, Elizabeth Williams, Cristina Arellano, Billy Steller, Ben & Jessie Hanson, Vanessa Hardy, Maria Grezl, Wili Suluma, Katrin Gödderz, Mary Peter, Carmen & John Gallagher, BobWatson, Ferg Watson, Raymond Watson, Robert Watson, Maureen Campbell, Ann Haydon, Irene & Leigh Owen, Robyn Keogh, Robert Markeljic, Don Armatage, Molly Burke, Melissa Gamblen, Hannah Whitton, Tom Britt, Danny Jones, Aeron Ryan, Blake Ross, Frederic Kelmeyer, Silvia & Ralph Bowles.

2 AUGUST, 18TH SUNDAY in ORDINARY TIME					
	6PM	8AM	10AM	11AM	5:30PM
Welcomer	W Clark	P Stier	T Rimpici	A Pike	Turley
Reader 1	A May	J Toakley	K Frazier	L Quast	D Roff
Reader 2	J Carson	A Rogers	R Menz	MVanGend	J Roff
PoF	P Boston	B Mackson	NBrennan		P Turley
ExMin	Clergy	Clergy	Clergy	Clergy	Clergy
9 AUGUST, 19TH SUNDAY in ORDINARY TIME					
	6PM	8AM	10AM	11AM	5:30PM
Welcomer	MCarson	J Toakley	T Rimpici	A Pike	Chin
Reader 1	KMcMahon	F Miron	J Turner	L Quast	R Camillieri
Reader 2	D Fittler	N Ramazani	A Dinh	MVanGend	J Maher
PoF	W Clark	C Stephen	M Suluma		N Chin
ExMin	Clergy	Clergy	Clergy	Clergy	Clergy

SUPPORTING OUR PRIESTS & PARISH

1ST COLLECTION (cash or eft only)

(supports the clergy: food, housekeeping, annual retreat & monthly stipend)

Account Name: St Mary’s Presbytery Account

BSB: 082-105 Acc. No: 001023527

2ND COLLECTION (cash, eft or tap & go - credit card)

(supports the Cathedral Parish: insurance, employees’ salary, repair & maintenance, office and church requisites, utilities, etc)

Account Name: St Mary’s Cathedral Parish

BSB: 082-105 Acc. No: 001006225

(Ref: Planned Giving Number and/or your name)

Thank you for your support!

WEEKLY COLLECTION			
	Actual	Target	Difference
1st Collection	\$2,066.00	\$2,114.00	-\$48.00
2nd Collection	\$4,838.50	\$6,350.00	-\$1,511.50

Saints Mary & Joseph Cathedral Parish Armidale

PARISH - 132 DANGAR St (PO Box 2025), ARMIDALE 2350, PH 6772 2218

E: armidaleparish@armidale.catholic.org.au W: www.smjccathedral.org.au

Administrator: Rev Fr Paul Chandler PhD | frpchandler@armidale.catholic.org.au

Assistant Priest: Rev Fr Ernie Matibag OSJ | frmatibag@armidale.catholic.org.au

Parish Secretary Ms Tina Clarke | Office Hours: Mon-Fri 9am-1pm

Principal, St Mary’s Catholic Primary School: Mrs Belinda Burton

Principal, O’Connor Catholic College: Mr Philip Gibney

Parish Finance Council Chair: Mrs Fiona Miron

Most Reverend Peter Mel Murphy Ph.D | Bishop of Armidale

CHANCERY - UNIT 3/31 BARNEY ST (PO Box 93) ARMIDALE

P: 67718700 | E: chancery@armidale.catholic.org.au | W: www.armidale.catholic.org.au



August - Month of The Immaculate Heart of Mary & The Blessed Sacrament

18TH SUNDAY IN ORDINARY TIME (A/2) 2ND AUGUST 2026 | 63rd World Day of Prayer for Vocations

ENTRANCE ANTIPHONPs 69: 2, 6

O God, come to my assistance;
O Lord, make haste to help me!
You are my rescuer, my help;
O Lord, do not delay.

FIRST READINGIsaiah 55:1-3

Thus says the Lord:

Oh, come to the water all you who are thirsty;
though you have no money, come!
Buy corn without money, and eat,
and, at no cost, wine and milk.
Why spend money on what is not bread,
your wages on what fails to satisfy?
Listen, listen to me, and you will have good things to eat
and rich food to enjoy.
Pay attention, come to me;
listen, and your soul will live.
With you I will make an everlasting covenant
out of the favours promised to David.

RESPONSORIAL PSALMPsalm 144(145):8-9,15-18

R: The hand of the Lord feeds us; he answers all our needs.

The Lord is kind and full of compassion,
slow to anger, abounding in love.
How good is the Lord to all,
compassionate to all his creatures. R:

The eyes of all creatures look to you
and you give them their food in due time.
You open wide your hand,
grant the desires of all who live. R:

The Lord is just in all his ways
and loving in all his deeds.
He is close to all who call him,
who call on him from their hearts. R:

SECOND READINGRomans 8:35,37-39

Nothing can come between us and the love of Christ, even if we are troubled or worried, or being persecuted, or lacking food or clothes, or being threatened or even attacked. These are the trials

through which we triumph, by the power of him who loved us.

For I am certain of this: neither death nor life, no angel, no prince, nothing that exists, nothing still to come, not any power, or height or depth, nor any created thing, can ever come between us and the love of God made visible in Christ Jesus our Lord.

GOSPEL ACCLAMATIONMatthew 4:4

Alleluia, alleluia!
No one lives on bread alone,
but on every word that comes from the mouth of God.
Alleluia!

GOSPELMatthew 14:13-21

When Jesus received the news of John the Baptist’s death he withdrew by boat to a lonely place where they could be by themselves. But the people heard of this and, leaving the towns, went after him on foot. So as he stepped ashore he saw a large crowd; and he took pity on them and healed their sick.

When evening came, the disciples went to him and said, ‘This is a lonely place, and the time has slipped by; so send the people away, and they can go to the villages to buy themselves some food.’ Jesus replied, ‘There is no need for them to go: give them something to eat yourselves.’ But they answered ‘All we have with us is five loaves and two fish.’ ‘Bring them here to me’ he said. He gave orders that the people were to sit down on the grass; then he took the five loaves and the two fish, raised his eyes to heaven and said the blessing. And breaking the loaves handed them to his disciples who gave them to the crowds. They all ate as much as they wanted, and they collected the scraps remaining; twelve baskets full. Those who ate numbered about five thousand men, to say nothing of women and children.

COMMUNION ANTIPHONWis 16: 20

You have given us, O Lord, bread from heaven,
endowed with all delights and sweetness in every taste.

Please take the Sunday Bulletin home with you. It is printed for that reason. However, if you don’t take it with you, we ask that you return it to the table at the entrance so as to keep the Cathedral tidy. Thank you.

Please also refrain from reading the bulletin during Mass and the homily. Thank you.

NEWS/ANNOUNCEMENTS

PARISH TRIVIA AFTERNOON

Come along to our Parish trivia afternoon, to be held in the Torreggiani Room **THIS Saturday 1 August at 2pm**. There are great prizes to be won, with funds raised going towards upgrading the Cathedral bell system. Raffle tickets will be available for sale after Masses this weekend. For more details or to book a table, please contact Monica on 0450 419 688.

FIRST PENANCE (Confession/Reconciliation) & FIRST HOLY COMMUNION SACRAMENTAL PROGRAM

The programs will run concurrently on Sundays 2, 9, 16, 23, 30 August and 6 September. The sacrament of First Penance will be received on Wednesday 19th August at 5pm in the Cathedral & the Sacrament of First Holy Communion will be received on Sunday 13th September. **For more information contact the Parish Office.**

VERSO L'ALTO - FOR YOUNG CATHOLIC ADULTS

Exploring the heights of our Catholic faith under the patronage of St Pier Giorgio Frassati. Fortnightly in the **Ursula Room** 7-9pm. Holy Rosary, faith formation, refreshments. **Next gathering Monday 10 August.**

STUDY GROUP with Bishop Peter Murphy on the **Theology of the Body (short course)**, Wednesday evenings, 7:30 - 8:30 pm in the Ursula Room (Chancery Building). Please contact the Chancery Office for any enquiries on 67718700.

MASS OFFERINGS FOR SPECIAL INTENTIONS

The suggested donation for a Mass offering is now \$20. If you would like a Mass offered for a special intention, envelopes are available in the Cathedral foyer and at the Parish Office.

EUCCHARISTIC ADORATION

Our Lady of the Angels Chapel: 8am- 8pm Monday-Friday and overnight Friday from 8pm- Saturday 8am- a total of 72 hours a week. Rostered Adorers are needed to cover all hours. Please contact the Armidale Adoration Team on: armidaleadoration@gmail.com or 0459 089 778.

HOLY FACE DEVOTION | Tuesday at 5:45 pm in the Parish Prayer Room (formerly Adoration Chapel).

FISHERS OF MEN PRAYER GROUP | meets in the Parish Meeting Room, Mondays 5:30-7:00pm. For enquiries contact Nirmal on 0430871064 .

HOME ROSARIES | If you would like to attend or host a home rosary or receive a home visit by the Legion of Mary, please contact Kathy 0417023704 or Barbara 0408235877. Location is not advertised for privacy purposes.

GUILD OF ST ANNE | Caring for the sacred vestments and the cleaning of the altar linen. Any enquiries or questions can be directed to Kathy McCartney 0418 465 996

CATECHESIS OF THE GOOD SHEPHERD (CGS) LEVEL 1 FORMATION

Expressions of interest are open for anyone (16+) wishing to receive Level 1 formation for CGS in Armidale later this year. This formation is the first and pre-requisite for any further CGS formation. It will form you in CGS pedagogy and practically working with the materials for children age 3 -6yrs at home or in a CGS atrium. If you're interested or would like to learn more, please contact Monica van Gend 0431 385 524 or Janine Turner 0416 767 866.

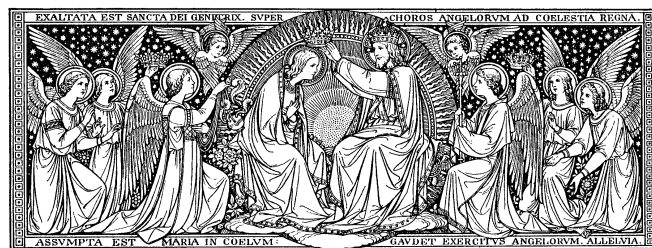


FIVE FIRST SATURDAYS DEVOTION

Next gathering 1st August at 9.30am

Marian devotion on the first Saturday of each month immediately after the 9am Mass in the Cathedral. This devotion has been part of our parish for 20 years. It was asked for by Our Lady when she appeared to Ven. Lucia in 1925 and again in 1930. The devotion is an act of reparation to the Immaculate Heart of Mary and she promised to assist those who make this devotion at the hour of death. She also taught us at Fatima to pray the Rosary for peace and an end to war.

SOLEMNITY OF THE ASSUMPTION OF THE BLESSED VIRGIN MARY - AUGUST 15TH



This solemnity is a Holy Day of Obligation; a day on which Catholics are obliged to attend and participate in Holy Mass, in the same way as a Sunday.

There will be **four Masses** available:

Vigil Mass of the Assumption - 5:30pm Friday August 14th in the Cathedral

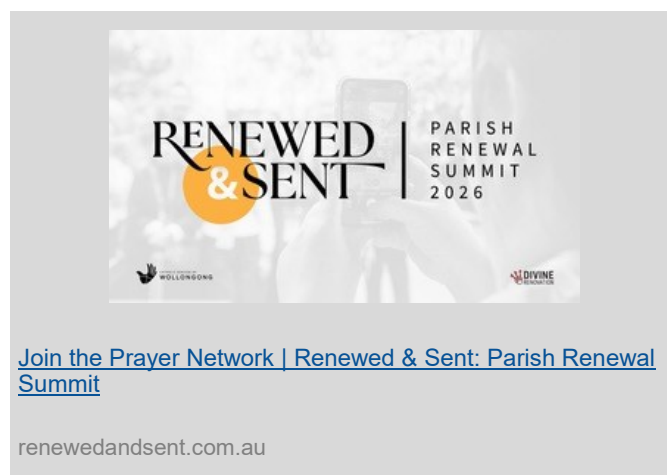
Mass of the Day - 7am & 9am in the Cathedral and 8am in OLA Chapel (Missa Cantata 1962 Missal)

It is important to point out that **it is not possible** to fulfill the obligation of participating in Mass for the Assumption and Mass for Sunday **by attending ONLY the 6pm Mass on Saturday**. It is required that a Mass of the Assumption and a Mass of the 20th Sunday in Ordinary Time be attended. That means that **two Masses** are required.

PARISH SYNODAL GATHERING - NEXT STEPS

It's just over a month since our parish gathered to explore three important questions about our communion in Christ and our mission to bring others to Him. Fr Paul has begun a process of discernment with the assistance of Divine Renovation so as to prayerfully consider what can come next. This includes attendance at the Renewed and Sent Summit in early October in Sydney. Together let us pray for God's plans to unfold for our parish and our city.

Please join in the prayer campaign for the Summit:



WHAT IS SAFEGUARDING?

Safeguarding is about creating and maintaining a safe environment for all people.

Its foundation is based upon the belief that each person is *created in the image and likeness of God* with inherent dignity that needs to be respected and upheld.

"We are all one family in the world. Building a community that empowers everyone to attain their full potential through each of us respecting each other's dignity, rights and responsibilities makes the world a better place to live."

St John Paul II



SAFE MINISTRY WORKSHOP HERE AT St MARY AND JOSEPH'S

The Diocesan Safeguarding team are touring the Diocese to deliver the Safe Ministry Workshop. They will be coming to our Parish on:

Thursday 20th August (5:30-7:15pm)

Friday 21st August (9:15-11:30am, including Mass)

All parishioners are welcome to attend one session, mandatory attendance is required for particular Parish volunteers and employees.

Please come along to be informed and equipped to help create a more safer and caring Parish environment.



SAFE TRAINING ATTENDANCE VOLUNTEERS WHO NEED TO ATTEND

- Sacristan
- Parish Secretary
- Parish Safeguarding Contact Person
- Parish Council member
- Parish Finance Council Member
- Choir Director
- Children's liturgy coordinator or helper
- Catechesis of the Good Shepherd leader or helper
- Adult altar server (IF children are serving)
- Sacramental Coordinator

VOLUNTEERS WHO DO NOT NEED TO ATTEND

However, all are encouraged to attend the session as it provides good formation on how to spot indicators of harm and what to do about it in all areas of life

- Catechists who have already completed some safeguarding training (unless they are involved in another additional ministry in the parish that does require training)
- Readers
- Money collectors/counters
- Choir members
- Ushers/welcomers
- Projectionist
- Flower arrangers
- Piety store
- Extraordinary ministers doing so during Mass
- Gardener
- Cleaner

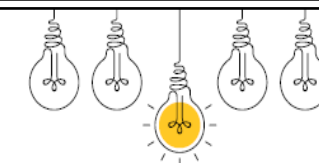
IMPORTANT NOTICE FOR PARISH VOLUNTEERS

If you are volunteering in a ministry that requires Safe Training, it is mandatory that you attend one of the two sessions provided: Thursday 20 August (5:30- 7:15pm) or Friday 21 August (9:15-11:30am). Please see the information above if you are not sure whether you need to attend. **PLEASE REGISTER** with the Parish Office of when you will be attending or if for some reason you are unavailable to attend either of these sessions so that we can make another arrangement. For any further clarification or information please contact the Parish Office 6772 2218.

Saint Mary of the Cross - 8 August



She was born in 1842. Although Mary's heritage was Scottish, she is Australia's first native born saint. Her father emigrated to Australia where he met his future bride and thus Mary was born. In 1860, Mary became a governess in Penola, South Australia, where she met Father Julian Tenison Woods. Several years later they founded the Congregation of St. Joseph, whose mission was to found schools and orphanages to provide much needed educational outlets. The order even flourished in the face of dissension and conflict.



TRIVIA FUNDRAISER AFTERNOON

**Saturday, 1st August
2-4pm, Torreggiani Room**

\$10 per person or \$70 for a table (8 adults max.)
Snacks available for purchase, complimentary tea and coffee.

Many prizes to be won: Vouchers from Petersons Guesthouse, Bolt Inn and Welders Dog, plus prizes from Seasons of New England, Goldfish Bowl and others...

Proceeds go towards repairing the Cathedral Bell Tower