

LITURGY THIS WEEK	
ORDINARY TIME	
MONDAY 10 AUG – St Lawrence, <i>deacon, martyr</i>	
07:00 AM	Holy Mass
12:00 NN	Holy Mass
02:00 PM	Funeral Mass for Dympna Brazier
TUESDAY 11 AUG – St Clare, <i>virgin</i>	
07:00 AM	Holy Mass
09:00 AM	Mass at Hospital Chapel
12:00 NN	Holy Mass
WEDNESDAY 12 AUG – Weekday, Ordinary Time 19	
07:00 AM	Holy Mass
12:00 NN	Holy Mass
THURSDAY 13 AUG – Weekday, Ordinary Time 19	
07:00 AM	Holy Mass
10:30 AM	Mass at Uniting/Autumn Lodge
12:00 NN	Holy Mass
FRIDAY 14 AUG – St Maximilian Kolbe, <i>priest, martyr</i>	
07:00 AM	Holy Mass
09:15 AM	Holy Mass
05:30 PM	Holy Mass - Vigil Mass for the Assumption
SATURDAY 15 AU - The ASSUMPTION of the BLESSED VIRGIN MARY	
07:00 AM	Holy Mass of the Assumption
08:00 AM	OLA Chapel TM (1962 Missal) Assumption
09:00 AM	Holy Mass of the Assumption
06:00 PM	Holy Mass of Sunday
SUNDAY 16 AUG - 20TH SUNDAY in ORDINARY TIME	
08:00 AM	Holy Mass of Sunday
10:00 AM	Holy Mass of Sunday
11:00 AM	Solemn Mass with Choir (Latin Chant)
04:30 PM	Solemn Vespers & Benediction
05:30 PM	Holy Mass of Sunday
SACRAMENT OF RECONCILIATION (Cathedral)	
30 MINUTES BEFORE MASS (for 20 mins) as well as	
FRIDAY	04:45 – 05:15 PM
SATURDAY	09:45 – 10:15 AM & 05:00 – 05:45 PM

Cathedral Parish Child & Vulnerable Adults Protection and Safeguarding Statement
Commitment to Safety
Our parish is dedicated to creating a safe, respectful, and welcoming environment for all, especially children and vulnerable adults.
Zero Tolerance for Abuse
We have a strict zero-tolerance policy for any form of abuse, neglect, or exploitation of children or vulnerable adults. ·
Compliance with Safeguarding Standards
Our parish follows the National Catholic Safeguarding Standards, Integrity in Our Common Mission, and adheres to the NSW Child Safe Standards to ensure our practices are aligned with best-practice safeguarding principles.
The Diocesan Safeguarding Policy is available on the Diocesan & Parish websites, in the Parish Office and in the Cathedral foyer.
Parish Safeguarding is a shared responsibility & feedback from both children & adults is welcomed & encouraged.
Feedback can be made through Parish email or the Diocesan website
Parish Safegurading Contact: Ms Tina Clarke (Parish Secretary)

IN YOUR CHARITY,PLEASE PRAY FOR OUR:
RECENTLY DECEASED: Sr Coral Hedley rsm, Barry Bourke, Fr Michael Mullane, Dympna Brazier (Funeral Mass Monday 10 August 2pm in the Cathedral) , Shelley English, Fr Joe Adriano (Philippines), Ron Nixon
DEATH ANNIVERSARIES: Agnes McMillan, Jeanette Barlow, Donald Falconer, Jennifer Eather, Michael Abood, Joseph Stephen, John O’Brien
PERPETUAL INTENTIONS: The Holy Souls in Purgatory, Michael O’Connor, Pam O’Connor, Joyce Heferen, Christine Nugent
SICK: Anne Bacigalupo, Albert Holmes, Liam English, Colin Ahoy, Kourtney Holzhauser, Roger Patricks, Fr Bernie Frize, Aaron Lucas, Robert Loh, Kelemete Hefe, Brian Bible, Craig Elliott, Eric McLeod,Pauline Godschalk, Estela & Nelson Segovia, Joseph Hanna, Kristine Sevilla, James Righetti, Lisa Hallman, Elizabeth Williams, Cristina Arellano, Billy Steller, Ben & Jessie Hanson, Maria Grezl, Wili Suluma, Mary Peter, Carmen & John Gallagher, BobWatson, Ferg Watson, Raymond Watson, Robert Watson, Maureen Campbell, Ann Haydon, Irene & Leigh Owen, Robyn Keogh, Robert Markeljic, Don Armatage, Molly Burke, Melissa Gamblen, Hannah Whitton, Tom Britt, Danny Jones, Aeron Ryan, Blake Ross, Frederic Kelmeyer, Silvia & Ralph Bowles.
PLEASE NOTE: Due to privacy legislation, names of the sick/deceased can only be published with permission of the sick person him/herself or the immediate family members of the deceased.

9 AUGUST, 19TH SUNDAY in ORDINARY TIME					
	6PM	8AM	10AM	11AM	5:30PM
Welcomer	MCarson	J Toakley	T Rimpici	A Pike	Chin
Reader 1	KMcMahon	F Miron	J Turner	L Quast	R Camilleri
Reader 2	D Fittler	N Ramazani	A Dinh	MVanGend	J Maher
PoF	W Clark	C Stephen	M Suluma		N Chin
ExMin	Clergy	Clergy	Clergy	Clergy	Clergy
16 AUGUST, 20TH SUNDAY in ORDINARY TIME					
	6PM	8AM	10AM	11AM	5:30PM
Welcomer	T Rice	P Stier	T Rimpici	A Pike	Steller
Reader 1	C Doherty	A Rogers	NBrennan	L Quast	J Chin
Reader 2	A May	B Mackson	R Menz	MVanGend	D Roff
PoF	J Carson	F Miron	K Frazier		J Roff
ExMin	Clergy	Clergy	Clergy	Clergy	Clergy

SUPPORTING OUR PRIESTS & PARISH
1 ST COLLECTION (cash or eft only)
(supports the clergy: food, housekeeping, annual retreat & monthly stipend)
Account Name: St Mary’s Presbytery Account
BSB: 082-105 Acc. No: 001023527
2 ND COLLECTION (cash, eft or tap & go - credit card)
(supports the Cathedral Parish: insurance, employees’ salary, repair & maintenance, office and church requisites, utilities, etc)
Account Name: St Mary’s Cathedral Parish
BSB: 082-105 Acc. No: 001006225
(Ref: Planned Giving Number and/or your name)
Thank you for your support!

WEEKLY COLLECTION			
	Actual	Target	Difference
1st Collection	\$2,464.00	\$2,114.00	\$350.00
2nd Collection	\$4,685.00	\$6,350.00	-\$1,665.00

In the interests of child safety & Parish Safeguarding, please ensure that your children are accompanied when leaving the Cathedral during Mass to go to the toilet or for any other reason.
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Saints Mary & Joseph Cathedral Parish Armidale		
PARISH - 132 DANGAR St (PO Box 2025), ARMIDALE 2350, PH 6772 2218		
E: armidaleparish@armidale.catholic.org.au W: www.smjcathedral.org.au		
Administrator: Rev Fr Paul Chandler PhD frpchandler@armidale.catholic.org.au		
Assistant Priest: Rev Fr Ernie Matibag OSJ frmatibag@armidale.catholic.org.au		
Parish Secretary Ms Tina Clarke Office Hours: Mon-Fri 9am-1pm		
Principal, St Mary’s Catholic Primary School: Mrs Belinda Burton		
Principal, O’Connor Catholic College: Mr Philip Gibney		
Parish Finance Council Chair: Mrs Fiona Miron		
Most Reverend Peter Mel Murphy Ph.D Bishop of Armidale		
CHANCERY - UNIT 3/31 BARNEY ST (PO Box 93) ARMIDALE		
P: 67718700 E: chancery@armidale.catholic.org.au W: www.armidale.catholic.org.au		

August - Month of The Immaculate Heart of Mary & The Blessed Sacrament		
19TH SUNDAY IN ORDINARY TIME (A/2) 9TH AUGUST 2026		
ENTRANCE ANTIPHON	Cf. Ps 73: 20, 19, 22, 23	
Look to your covenant, O Lord, and forget not the life of your poor ones for ever. Arise, O God, and defend your cause, and forget not the cries of those who seek you.		Spirit assures me of it too. What I want to say is this: my sorrow is so great, my mental anguish so endless, I would willingly be condemned and be cut off from Christ if it could help my brothers of Israel, my own flesh and blood. They were adopted as sons, they were given the glory and the covenants; the Law and the ritual were drawn up for them, and the promises were made to them. They are descended from the patriarchs and from their flesh and blood came Christ who is above all, God for ever blessed! Amen.
FIRST READING	1 Kings 19:9,11-13	
When Elijah reached Horeb, the mountain of God, he went into the cave and spent the night in it. Then he was told, ‘Go out and stand on the mountain before the Lord.’ Then the Lord himself went by. There came a mighty wind, so strong it tore the mountains and shattered the rocks before the Lord. But the Lord was not in the wind. After the wind came an earthquake. But the Lord was not in the earthquake. After the earthquake came a fire. But the Lord was not in the fire. And after the fire there came the sound of a gentle breeze. And when Elijah heard this, he covered his face with his cloak and went out and stood at the entrance of the cave.		
RESPONSORIAL PSALM	Psalm 84(85):9-14	GOSPEL ACCLAMATION Ps 129:5
R: Lord, show us your mercy and love, and grant us your salvation.		Alleluia, alleluia! I hope in the Lord, I trust in his word. Alleluia!
I will hear what the Lord God has to say, a voice that speaks of peace. His help is near for those who fear him and his glory will dwell in our land. R:		GOSPEL Matthew 14:22-33
Mercy and faithfulness have met; justice and peace have embraced. Faithfulness shall spring from the earth and justice look down from heaven. R:		Jesus made the disciples get into the boat and go on ahead to the other side while he would send the crowds away. After sending the crowds away he went up into the hills by himself to pray. When evening came, he was there alone, while the boat, by now far out on the lake, was battling with a heavy sea, for there was a head-wind. In the fourth watch of the night he went towards them, walking on the lake, and when the disciples saw him walking on the lake they were terrified. ‘It is a ghost’ they said, and cried out in fear. But at once Jesus called out to them, saying, ‘Courage! It is I! Do not be afraid.’ It was Peter who answered. ‘Lord,’ he said ‘if it is you, tell me to come to you across the water.’ ‘Come’ said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. ‘Lord! Save me!’ he cried. Jesus put out his hand at once and held him. ‘Man of little faith,’ he said ‘why did you doubt?’ And as they got into the boat the wind dropped. The men in the boat bowed down before him and said, ‘Truly, you are the Son of God.’
The Lord will make us prosper and our earth shall yield its fruit. Justice shall march before him and peace shall follow his steps. R:		COMMUNION ANTIPHON Ps 147: 12, 14
SECOND READING Romans 9:1-5		O Jerusalem, glorify the Lord, who gives you your fill of finest wheat.
What I want to say now is no pretence; I say it in union with Christ – it is the truth – my conscience in union with the Holy		

NEWS/ANNOUNCEMENTS

FIRST PENANCE (Confession/Reconciliation) & FIRST HOLY COMMUNION SACRAMENTAL PROGRAM

The First Penance Program has now commenced. **For more information contact the Parish Office.**

VERSOL'ALTO - FOR YOUNG CATHOLIC ADULTS

Exploring the heights of our Catholic faith under the patronage of St Pier Giorgio Frassati. Fortnightly in the **Ursula Room** 7-9pm. Holy Rosary, faith formation, refreshments. **Next gathering Mon10 Aug**

STUDY GROUP with Bishop Peter Murphy on the **Theology of the Body (short course)**, Wednesday evenings, 7:30 - 8:30 pm in the Ursula Room (Chancery Building). Please contact the Chancery Office for any enquiries on 67718700.

MASS OFFERINGS FOR SPECIAL INTENTIONS

The suggested donation for a Mass offering is now \$20. If you would like a Mass offered for a special intention, envelopes are available in the Cathedral foyer and at the Parish Office.

EUCCHARISTIC ADORATION

Our Lady of the Angels Chapel: 8am- 8pm Monday-Friday and overnight Friday from 8pm- Saturday 8am- a total of 72 hours a week. Rostered Adorers are needed to cover all hours. Please contact the Armidale Adoration Team on: armidaleadoration@gmail.com or 0459 089 778.

HOLY FACE DEVOTION | Tuesday at 5:45 pm in the Parish Prayer Room (formerly Adoration Chapel).

FISHERS OF MEN PRAYER GROUP | meets in the Parish Meeting Room, Mondays 5:30-7:00pm. For enquiries contact Nirmal on 0430871064 .

HOME ROSARIES | If you would like to attend or host a home rosary or receive a home visit by the Legion of Mary, please contact Kathy 0417023704 or Barbara 0408235877. Location is not advertised for privacy purposes.

FIVE FIRST SATURDAYS DEVOTION

Next gathering 5th Sept. at 9.30am

Marian devotion on the first Saturday of each month immediately after the 9am Mass in the Cathedral. This devotion has been part of our parish for 20 years. It was asked for by Our Lady when she appeared to Ven. Lucia in 1925 and again in 1930. The devotion is an act of reparation to the Immaculate Heart of Mary and she promised to assist those who make this devotion at the hour of death. She also taught us at Fatima to pray the Rosary for peace and an end to war.

GUILD OF ST ANNE | Caring for the sacred vestments and the cleaning of the altar linen. Any enquiries or questions can be directed to Kathy McCartney 0418 465 996

**Come Adore the Lord
in Eucharistic Adoration!**



*"A thousand years of enjoying human
glory is not worth even an hour spent in
sweetly communing with Jesus in the
Blessed Sacrament."
~ St Padre Pio*

**Can you commit to a Holy Hour each
week and be a Guardian of the
Blessed Sacrament?**

Monday: 12pm, 2pm
Tuesday: 10am, 12pm, 2pm, 6pm
Wednesday: 9am, 12pm, 5pm
Thursday: 9am, 12pm
Friday: 5pm, 11pm
Saturday: 12am, 4am

Contact the Armidale Adoration Team:
armidaleadoration@gmail.com
0459 089 778

SOLEMNITY OF THE ASSUMPTION OF THE BLESSED VIRGIN MARY - AUGUST 15TH

This solemnity is a Holy Day of Obligation; a day on which Catholics are obliged to attend and participate in Holy Mass, in the same way as a Sunday.

There will be **four Masses** available:

Vigil Mass of the Assumption - 5:30pm Friday August 14th in the Cathedral

Mass of the Day - 7am & 9am in the Cathedral and 8am in OLA Chapel (Missa Cantata 1962 Missal)

It is important to point out that **it is not possible** to fulfill the obligation of participating in Mass for the Assumption and Mass for Sunday **by attending ONLY the 6pm Mass on Saturday**. This means that **two Masses** are required.

IMPORTANT NOTICE FOR PARISH VOLUNTEERS

If you are volunteering in a ministry that requires Safe Training, it is mandatory that you attend one of the two sessions provided in the Torreggiani Room. Thursday 20 August 5:30- 7:15pm or Friday 21 August 9:15-11:30am (this session includes Mass at 9:15 followed by morning tea. The training session starts at 10:15am. Please see the information above if you are not sure whether you need to attend. **PLEASE REGISTER** with the Parish Office of when you will be attending or if for some reason you are unavailable to attend either of these sessions so that we can make another arrangement. For any further clarification or information please contact the Parish Office 6772 2218.

NEW BELL RINGING SYSTEM

Thank you to Monica Nulley and all her helpers who organised and ran a most enjoyable Trivia Afternoon last Saturday. The winning table was from the Chancery offices. Competition was strong and a fantastic time was had by all. Our thanks go the businesses who supported this fund-raising by donating various prizes for the raffle, which was drawn towards the end of the event. Approximately \$2,400 was raised to contribute to the new and updated system for ringing the bell. This worked out well because on Monday of this week just passed, the new system was installed. It is 90% operational with only a slight delay in obtaining the Sim card needed to enable the system to be accessed remotely. A great effort by all!

ARMIDALE VINNIES COMMUNITY SLEEPOUT



will be held on 28th August at Sport UNE Gymnasium. Get involved by sleeping out rough or donating to this event. Help Vinnies break the cycle of homelessness. We have inspiring speakers and provide a warm meal for all participants. Our goal is to raise \$38,000 to go towards local practical assistance through Freeman House's Start Fresh Community Connections program.

For further information contact Scott Martin

scott.martin@vinnies.org.au

Scan the QR code or visit <https://my.fundraise.vinniesnsw.org.au/armidale-vinnies-community-sleepout-2026>



WHAT IS SAFEGUARDING?

Safeguarding is about creating and maintaining a safe environment for all people.

Its foundation is based upon the belief that each person is *created in the image and likeness of God* with inherent dignity that needs to be respected and upheld.

"We are all one family in the world. Building a community that empowers everyone to attain their full potential through each of us respecting each other's dignity, rights and responsibilities makes the world a better place to live."

St John Paul II



SAFE MINISTRY WORKSHOP HERE AT St MARY AND JOSEPH'S

The Diocesan Safeguarding team are touring the Diocese to deliver the Safe Ministry Workshop. They will be coming to our Parish on:

Thursday 20th August (5:30-7:15pm)

Friday 21st August (9:15-11:30am, including Mass)

All parishioners are welcome to attend one session, mandatory attendance is required for particular Parish volunteers and employees.

Please come along to be informed and equipped to help create a more safer and caring Parish environment.



SAFE TRAINING ATTENDANCE VOLUNTEERS WHO NEED TO ATTEND

- Sacristan
- Parish Secretary
- Parish Safeguarding Contact Person
- Parish Council member
- Parish Finance Council Member
- Choir Director
- Children's liturgy coordinator or helper
- Catechesis of the Good Shepherd leader or helper
- Adult altar server (IF children are serving)
- Sacramental Coordinator
- Youth group leader or helper
- Leader or helper in other child related ministry (eg. Mothers' Group, Sacred Music Program)
- Extraordinary ministers of the Eucharist distributing at homes or nursing homes
- Heart of Peace (HOPE) Outreach Volunteer (unless preparing food with no contact with patrons)
- Parish arranged prayer group leader/bible study leader

VOLUNTEERS WHO DO NOT NEED TO ATTEND

However, all are encouraged to attend the session as it provides good formation on how to spot indicators of harm and what to do about it in all areas of life

- Catechists who have already completed some safeguarding training (unless they are involved in another additional ministry in the parish that does require training)
- Readers
- Money collectors/counters
- Choir members
- Ushers/welcomers
- Projectionist
- Flower arrangers
- Piety store
- Extraordinary ministers doing so during Mass
- Gardener
- Cleaner

Identifying as Catholics in the 2026 Census

Australia will undertake the national Census on August 11th.

In recent years, some groups have encouraged Australians to identify with a religion only if they are actively practicing, suggesting that those who are less engaged should instead select "No Religion."

However, many people continue to identify as Catholic because it remains a fundamental part of who they are. Research consistently shows that many Australians who may not attend Mass regularly still regard their Catholic faith as an important part of their identity.

Selecting "Catholic" in the Census is more than a statistical exercise. It helps ensure that the presence and needs of the Catholic community are recognised within Australian society. Census information is used by governments, researchers and community organisations to:

- Plan schools, hospitals and community services;
- Inform the allocation of resources and funding; and
- Better understand the spiritual, cultural and social life of our nation.

An accurate picture of the Catholic community strengthens the Church's ability to advocate for the needs of our people and to continue serving communities across Australia. Every person who identifies as Catholic helps tell the story of the Church's continuing presence and mission in Australia. Your response contributes to a clearer understanding of the Catholic community, enabling the Church to better serve those in need, support families, educate future generations, and continue proclaiming the Gospel.

(This is an edited version of a letter from Rev. Dr David Ranson, Diocesan Administrator, Broken Bay Diocese to the Catholics of that diocese, and to whom we are grateful)