

LITURGY THIS WEEK

ORDINARY TIME

MONDAY 31AUG – Weekday, Ordinary Time 22

07:00 AM Holy Mass

12:00 NN Holy Mass

TUESDAY 1 SEP – Weekday, Ordinary Time 22

07:00 AM Holy Mass

12:00 NN Holy Mass

05:00 PM Holy Mass - Clergy Assembly

WEDNESDAY 2 SEP – Weekday, Ordinary Time 22

07:00 AM Holy Mass

12:00 NN Holy Mass

THURSDAY 3 SEP – St Gregory the Great, pope, doctor

07:00 AM Holy Mass

12:00 NN Holy Mass

FRIDAY 4 SEP – Weekday, Ordinary Time 22

07:00 AM Holy Mass

09:15 AM Holy Mass

10:30 AM Mass at Bupa

05:30 PM Holy Mass

SATURDAY 5SEP- Weekday, Ordinary Time 22

08:00 AM OLA Chapel TM (1962 Missal)

09:00 AM Holy Mass

06:00 PM Holy Mass of Sunday

SUNDAY 6 SEP - 23RD SUNDAY in ORDINARY TIME

08:00 AM Holy Mass of Sunday

10:00 AM Holy Mass of Sunday

11:00 AM Solemn Mass with Choir (Latin Chant)

04:30 PM Solemn Vespers & Benediction

05:30 PM Holy Mass of Sunday

SACRAMENT OF RECONCILIATION (Cathedral)

30 MINUTES BEFORE MASS (for 20 mins) as well as

FRIDAY 04:45 – 05:15 PM

SATURDAY 09:45 – 10:15 AM & 05:00 – 05:45 PM

Cathedral Parish Child & Vulnerable Adults Protection and Safeguarding Statement

Commitment to Safety

Our parish is dedicated to creating a safe, respectful, and welcoming environment for all, especially children and vulnerable adults.

Zero Tolerance for Abuse

We have a strict zero-tolerance policy for any form of abuse, neglect, or exploitation of children or vulnerable adults.

Compliance with Safeguarding Standards

Our parish follows the National Catholic Safeguarding Standards, Integrity in Our Common Mission, and adheres to the NSW Child Safe Standards to ensure our practices are aligned with best-practice safeguarding principles.

The Diocesan Safeguarding Policy is available on the Diocesan & Parish websites, in the Parish Office and in the Cathedral foyer.

Parish Safeguarding is a shared responsibility & feedback from both children & adults is welcomed & encouraged.

Feedback can be made through Parish email or the Diocesan website

Parish Safegurading Contact: Ms Tina Clarke (Parish Secretary)

In the interests of child safety & Parish Safeguarding, please ensure that your children are accompanied when leaving the Cathedral during Mass to go to the toilet or for any other reason.

ISIDORVS

SELIGVS

PROPODVVS

WENCESLAVVS

EDVARDVS

OLAVVS

GEORGIVS

FRANCISCVS

XAVVS

THOMAS

SCOTLANDVS

ROSA

STEPHANVS

HIERONYMVS

IMPDIVVS

INDOVIVS

FEDINADVS

BARBARA

SCATHIANA

ALEX

MONICA

IN YOUR CHARITY,PLEASE PRAY FOR OUR:

RECENTLY DECEASED: Anne Wybourne, Sr Margaret Blackford OP (Newcastle), Mel McGoldrick (Alstonville), Jan Taylor (Maclean), Margaret Wood, Sr Coral Hedley rsm

DEATH ANNIVERSARIES: Iris Lasker, Sebastian & Mary, Kevin Smith, Jenny Barlow

PERPETUAL INTENTIONS: The Holy Souls in Purgatory, Michael O'Connor, Pam O'Connor, Joyce Heferen, Christine Nugent

SICK: Brian Scott, Anne Bacigalupo, Albert Holmes, Liam English, Colin Ahoy, Kourtney Holzhauser, Fr Bernie Frize, Aaron Lucas, Robert Loh, Kelemete Hefe, Brian Bible, Craig Elliott, Eric McLeod, Pauline Godschalk, Estela & Nelson Segovia, Joseph Hanna, Kristine Sevilla, James Righetti, Lisa Hallman, Elizabeth Williams, Cristina Arellano, Billy Steller, Ben & Jessie Hanson, Maria Grezl, Wili Suluma, Mary Peter, Carmen & John Gallagher, Bob Watson, Ferg Watson, Raymond Watson, Robert Watson, Maureen Campbell, Ann Haydon, Irene & Leigh Owen, Robyn Keogh, Robert Markelj, Don Armatage, Molly Burke, Melissa Gamblen, Hannah Whitton, Tom Britt, Danny Jones, Aeron Ryan, Blake Ross, Frederic Kelmeyer, Silvia & Ralph Bowles.

30 AUGUST, 22ND SUNDAY in ORDINARY TIME

	6PM	8AM	10AM	11AM	5:30PM
Welcomer	W Clark	P Stier	T Rimpici	A Pike	Chin
Reader 1	C Doherty	B Mackson	R Menz	L Quast	N Chin
Reader 2	A May	F Miron	K Frazier	MVanGend	J Chin
PoF	J Carson	N Ramazani	M Suluma		D Roff
ExMin	CKhan	Clergy	Clergy	Clergy	Clergy

6 SEPTEMBER, 23RD SUNDAY in ORDINARY TIME

	6PM	8AM	10AM	11AM	5:30PM
Welcomer	MCarson	J Toakley	T Rimpici	A Pike	Steller
Reader 1	P Boston	C Stephen	K Frazier	L Quast	J Chin
Reader 2	KMcMahon	J Toakley	R Menz	MVanGend	D Roff
PoF	D Fittler	A Rogers	P Hordern		J Roff
ExMin	Clergy	Clergy	Clergy	Clergy	Clergy

SUPPORTING OUR PRIESTS & PARISH

1ST COLLECTION (cash or eft only)

(supports the clergy: food, housekeeping, annual retreat & monthly stipend)

Account Name: St Mary's Presbytery Account

BSB: 082-105 Acc. No: 001023527

2ND COLLECTION (cash, eft or tap & go - credit card)

(supports the Cathedral Parish: insurance, employees' salary, repair & maintenance, office and church requisites, utilities, etc)

Account Name: St Mary's Cathedral Parish

BSB: 082-105 Acc. No: 001006225

(Ref: Planned Giving Number and/or your name)

Thank you for your support!

WEEKLY COLLECTION

	Actual	Current Target
1st Collection	\$2,267.00	\$2,114.00
2nd Collection	\$5,319.50	\$5,500.00

Saints Mary & Joseph Cathedral Parish Armidale

PARISH - 132 DANGAR St (PO Box 2025), ARMIDALE 2350, PH 6772 2218

E: armidaleparish@armidale.catholic.org.au W: www.smjccathedral.org.au

Administrator: Rev Fr Paul Chandler PhD | frpchandler@armidale.catholic.org.au

Assistant Priest: Rev Fr Ernie Matibag OSJ | frmatibag@armidale.catholic.org.au

Parish Secretary Ms Tina Clarke | Office Hours: Mon- Fri 9am - 1pm

Principal, St Mary's Catholic Primary School: Mrs Belinda Burton

Principal, O'Connor Catholic College: Mr Philip Gibney

Parish Finance Council Chair: Mrs Fiona Miron

Most Reverend Peter Mel Murphy Ph.D | Bishop of Armidale

CHANCERY - UNIT 3/31 BARNEY ST (PO Box 93) ARMIDALE

P: 67718700 | E: chancery@armidale.catholic.org.au | W: www.armidale.catholic.org.au

September - Month of the Seven Sorrows of Mary & the Holy Cross

22ND SUNDAY IN ORDINARY TIME (A/2) 30TH AUGUST 2026

ENTRANCE ANTIPHON

Cf. Ps 85: 3, 5

Have mercy on me, O Lord, for I cry to you all the day long.

O Lord, you are good and forgiving,

full of mercy to all who call to you.

FIRST READING

Jeremiah 20:7-9

You have seduced me, Lord, and I have let myself be seduced;

you have overpowered me: you were the stronger.

I am a daily laughing-stock,

everybody's butt.

Each time I speak the word, I have to howl

and proclaim: 'Violence and ruin!'

The word of the Lord has meant for me

insult, derision, all day long.

I used to say, 'I will not think about him,

I will not speak in his name any more.'

Then there seemed to be a fire burning in my heart,

imprisoned in my bones.

The effort to restrain it wearied me,

I could not bear it.

RESPONSORIAL PSALM

Psalm 62(63):2-6,8-9

R: My soul is thirsting for you, O Lord my God.

O God, you are my God, for you I long;

for you my soul is thirsting.

My body pines for you

like a dry, weary land without water. R:

So I gaze on you in the sanctuary

to see your strength and your glory.

For your love is better than life,

my lips will speak your praise. R:

So I will bless you all my life,

in your name I will lift up my hands.

My soul shall be filled as with a banquet,

my mouth shall praise you with joy. R:

For you have been my help;

in the shadow of your wings I rejoice.

My soul clings to you;

your right hand holds me fast. R:

SECOND READING

Romans 12:1-2

Think of God's mercy, my brothers, and worship him, I beg you,

in a way that is worthy of thinking beings, by offering your

living bodies as a holy sacrifice, truly pleasing to God. Do not

model yourselves on the behaviour of the world around you, but

let your behaviour change, modelled by your new mind. This is

the only way to discover the will of God and know what is good,

what it is that God wants, what is the perfect thing to do.

GOSPEL ACCLAMATION

cf Ephesians 1:17. 18

Alleluia, alleluia!

May the Father of our Lord Jesus Christ

enlighten the eyes of our heart,

that we might see how great is the hope

to which we are called.

Alleluia!

GOSPEL

Matthew 16:21-27

Jesus began to make it clear to his disciples that he was destined

to go to Jerusalem and suffer grievously at the hands of the

elders and chief priests and scribes, to be put to death and to be

raised up on the third day. Then, taking him aside, Peter started

to remonstrate with him. 'Heaven preserve you, Lord;' he said

'this must not happen to you.' But he turned and said to Peter,

'Get behind me, Satan! You are an obstacle in my path, because

the way you think is not God's way but man's.'

Then Jesus said to his disciples, 'If anyone wants to be a

follower of mine, let him renounce himself and take up his cross

and follow me. For anyone who wants to save his life will lose it;

but anyone who loses his life for my sake will find it. What, then,

will a man gain if he wins the whole world and ruins his life? Or

what has a man to offer in exchange for his life?

'For the Son of Man is going to come in the glory of his Father

with his angels, and, when he does, he will reward each one

according to his behaviour.'

COMMUNION ANTIPHON

Ps 30: 20

How great is the goodness, Lord,

that you keep for those who fear you.

NEWS / ANNOUNCEMENTS

CLERGY ASSEMBLY - Tuesday & Wednesday this week. All clergy from around the diocese will be in Armidale for meetings. There is an extra Mass this Tuesday afternoon at 5pm in the Cathedral.

DISABLED ACCESS TO THE CATHEDRAL

Due to security reasons, please note that from Monday August 24th, Monday to Saturday inclusive,

disabled access to the Cathedral will be via the southern door **not** the door under the spire. From Monday to Saturday inclusive, the southern door will be unlocked and, if weather permits one door will be opened and latched open.

For Sunday Masses and special occasions such as funerals, the door under the spire will be opened.

Thank you for your understanding and co-operation.

FIRST HOLY COMMUNION SACRAMENTAL PROGRAM

The Parish First Holy Communion Program continues this Sunday. **For more information contact the Parish Office.**

VERSO L'ALTO - FOR YOUNG CATHOLIC ADULTS

Exploring the heights of our Catholic faith under the patronage of St Pier Giorgio Frassati. Fortnightly in the **Ursula Room** 7-9pm. Holy Rosary, faith formation, refreshments.

Next gathering Mon 7 September.

STUDY GROUP with Bishop Peter Murphy on the **“Mere Christianity”** by **CS Lewis** (BYO copy) Wednesday evenings, 7:30 - 8:30 pm in the Ursula Room (Chancery Building). Please contact the Chancery Office for any enquiries on 67718700.

MASS OFFERINGS FOR SPECIAL INTENTIONS

The suggested donation for a Mass offering is now \$20. If you would like a Mass offered for a special intention, envelopes are available in the Cathedral foyer and at the Parish Office.

EUCCHARISTIC ADORATION

Our Lady of the Angels Chapel: 8am- 8pm Monday-Friday and overnight Friday from 8pm- Saturday 8am- a total of 72 hours a week. Rostered Adorers are needed to cover all hours. Please contact the Armidale Adoration Team on: armidaleadoration@gmail.com or 0459 089 778.

HOLY FACE DEVOTION | Tuesday at 5:45 pm in the Parish Prayer Room .

FISHERS OF MEN PRAYER GROUP | meets in the Parish Meeting Room, Mondays 5:30-7:00pm. For enquiries contact Nirmal on 0430871064 .

HOME ROSARIES | If you would like to attend or host a home rosary or receive a home visit by the Legion of Mary, please contact Kathy 0417023704 or Barbara 0408235877. Location is not advertised for privacy purposes.

FIVE FIRST SATURDAYS DEVOTION

Next gathering 5th Sept. at 9.30am

Marian devotion on the first Saturday of each month immediately after the 9am Mass in the Cathedral. This devotion has been part of our parish for 20 years. It was asked for by Our Lady when she appeared to Ven. Lucia in 1925 and again in 1930. The devotion is an act of reparation to the Immaculate Heart of Mary and she promised to assist those who make this devotion at the hour of death. She also taught us at Fatima to pray the Rosary for peace and an end to war.

GUILD OF ST ANNE | Women of the parish caring for the sacred vestments and the cleaning of the altar linen. The Guild meets fortnightly at 12:45 pm in the Parish Centre on Wednesday and the next meeting is Wednesday 26 August. Any enquiries or questions can be directed to Kathy McCartney 0418 465 996

ACCESS



Women’s Breakfast

Saturday 12th September 8.30am

At The Cottage Restaurant.

Guest Speaker: Wendy Clark.

Cost: \$29.00

Please confirm your attendance by making payment to:

Name: Majellan Mothers Club.

BSB: 082-105

ACC: 001061469

RSVP: 7th Sept.2026

Enquires: Margaret Carson – 0488 776 610
or Glenda Fittler – 0427 332 954



Volunteers Needed

HOPE Kitchen Armidale is looking to start in early 2027. We are looking for a few more volunteers to either help with cooking a meal on an evening or serving a meal during lunchtime—it would only take around 1-2 hours of your time. There will be an information session on October followed by training towards the end of the year. Contact George on george@adig.com.au

MEMORANDA

- ⇒ The Will of God never takes you where the grace of God won’t protect you.
- ⇒ God doesn’t call the qualified, He qualifies the called.
- ⇒ A coincidence is when God chooses to remain anonymous.

FIND the WORD

DISCIPLE, LORD, MASS, PRAY, DAD, FATHERHOOD, CROSS,
GOD, CATHOLIC, BIBLE, SIN, JOSEPH, HEADSHIP, SOUL,
MERCY, HOST, LAMB, COAT

D	F	W	Y	T	U	C	O	A	T
L	A	M	B	L	F	A	H	S	K
M	T	D	M	V	O	T	O	P	O
E	H	E	A	D	S	H	I	P	J
R	E	D	S	D	G	O	Y	M	O
C	R	O	S	S	R	L	U	O	S
Y	H	G	Y	W	B	I	B	L	E
R	O	V	N	A	S	C	W	D	P
F	O	D	I	D	R	O	L	C	H
W	D	I	S	C	I	P	L	E	M

Get behind me Satan...

Our Lord rebuked Simon Peter and called him Satan. Satan means *adversary*. One who places obstacles in the way of divine grace. Saint Peter who had just been appointed the first pope, for reasons of compassion, wanted his will done rather than God’s will. We follow a crucified Christ not a comfortable one. The cross was the motive and purpose of God becoming Man; the cross was the culmination and glory of the Lord. It would not be taken from Him. Satan tempts us and becomes an obstacle to grace, he impedes God's will being done!

Crutch or a Cross

Some view Church as a support for those who cannot cope with living, somewhat like crutches are to the injured. Our Catholic faith is needed by us, yet in a different manner. A crutch is what one leans on but a cross rests on us. Religion is not an excuse to help us cope but a response that gives life, and life at a price. For the cross that rests on us wears down the pride, lust, selfishness, anger and envy of our egos. Gold needs fire to purify it, our souls need the cross so that we are cleansed and made holy like Christ.



Sacrifice of the Mass - we owe it all to God

CCC 1366 The Eucharist is thus a sacrifice because it re-presents (makes present) the sacrifice of the cross, because it is its memorial and because it applies its fruit. At each Mass we pray for those in Purgatory.

At Holy Mass we offer bread (food) and wine (drink) that take the place of life, Christ's life, which is offered in an unbloody manner to God the Father.

We are meant to offer ourselves with those gifts.



Come Adore the Lord in Eucharistic Adoration!

“Spend as much time as possible in front of the Blessed Sacrament and He will fill you with His strength and power” ~ Mother Teresa

Can you commit to a Holy Hour each week and be a Guardian of the Blessed Sacrament?

- **Monday:** 8am, 12pm, 2pm, 7pm
- **Tuesday:** 10am, 12pm, 2pm, 6pm
- **Wednesday:** 9am, 12pm, 5pm
- **Thursday:** 9am, 12pm
- **Friday:** 8am, 5pm, 6pm, 11pm
- **Saturday:** 12am, 4am

CONTACT

Armidale Adoration Team:
armidaleadoration@gmail.com
0459 089 778

2026 Dick Franklin Memorial Lecture

Gwyn McClelland: ‘For Jesus and Japan: Nagasaki and discourses of Love and Loyalty’

Today, there are approximately 1 to 2 million Christians in Japan, but many Australians know little about the presence of Christianity in Japan, particularly the experience of Japanese Christians in the aftermath of the atomic bombing of Nagasaki on August 9, 1945. At the time, Nagasaki was the centre of Catholicism in Japan and the bomb fell only 500 metres from the Catholic cathedral.

Dr Gwyn McClelland is Senior Lecturer in Japanese Studies at the University of New England. An oral historian, he conducts research engaging with religious discourses in memory and history. He has published a monograph, based on an oral history of Catholic atomic bombing survivors, entitled 'Dangerous Memory in Nagasaki: Prayers, Protests and Catholic Survivor Narratives' (Routledge 2019).

He is currently engaged in a separate oral history project interviewing the descendants of Hidden Christians on the Goto Islands, one hundred kilometres off Nagasaki City.

Date: Tue Sept 8, 2026 7:00 pm - 8:30 pm
Location: Armidale Uniting Church, 114 Rusden St, Armidale
Contact: Sandy Boucher aboucher@une.edu.au

Three ACTS of the MASS

MASS	Offertory	Consecration	Communion
	suffering	death	resurrection
Pasch	Holy Thursday	Good Friday	Easter Sunday



Holy Hour for Parents and Children

Tuesdays 9-10am
Our Lady of the Angels Chapel

*A special hour of Eucharistic Adoration for
Parents and Children.
Includes short time of guided prayer.*

EMERGENCY EARTHQUAKE APPEAL - COLOMBIA



Help provide emergency relief, restore vital community services, and bring hope to children and families as they recover.

 **Salesian Missions
AUSTRALIA**

