

LITURGY THIS WEEK

ORDINARY TIME

MONDAY 7 SEP – Weekday, Ordinary Time 23

07:00 AM Holy Mass

12:00 NN Holy Mass

TUESDAY 8 SEP – The Nativity of the Blessed Virgin Mary

07:00 AM Holy Mass

12:00 NN Holy Mass

WEDNESDAY 9 SEP – Weekday, Ordinary Time 23

07:00 AM Holy Mass

12:00 NN Holy Mass

THURSDAY 10 SEP – Weekday, Ordinary Time 23

07:00 AM Holy Mass

10:30 AM Mass at Autumn Lodge Chapel

12:00 NN Holy Mass

FRIDAY 11 SEP – Weekday, Ordinary Time 23

07:00 AM Holy Mass

09:15 AM Holy Mass

05:30 PM Holy Mass

SATURDAY 12 SEP - Weekday, Ordinary Time 23

08:00 AM OLA Chapel TM (1962 Missal)

09:00 AM Holy Mass

06:00 PM Holy Mass of Sunday

SUNDAY 13 SEP - 24TH SUNDAY in ORDINARY TIME

08:00 AM Holy Mass of Sunday

10:00 AM Holy Mass of Sunday

11:00 AM Solemn Mass with Choir (Latin Chant)

04:30 PM Solemn Vespers & Benediction

05:30 PM Holy Mass of Sunday

SACRAMENT OF RECONCILIATION (Cathedral)

30 MINUTES BEFORE MASS (for 20 mins) as well as

FRIDAY 04:45 – 05:15 PM

SATURDAY 09:45 – 10:15 AM & 05:00 – 05:45 PM

Cathedral Parish Child & Vulnerable Adults Protection and Safeguarding Statement

Commitment to Safety

Our parish is dedicated to creating a safe, respectful, and welcoming environment for all, especially children and vulnerable adults.

Zero Tolerance for Abuse

We have a strict zero-tolerance policy for any form of abuse, neglect, or exploitation of children or vulnerable adults.

Compliance with Safeguarding Standards

Our parish follows the National Catholic Safeguarding Standards, Integrity in Our Common Mission, and adheres to the NSW Child Safe Standards to ensure our practices are aligned with best-practice safeguarding principles.

The Diocesan Safeguarding Policy is available on the Diocesan & Parish websites, in the Parish Office and in the Cathedral foyer.

Parish Safeguarding is a shared responsibility & feedback from both children & adults is welcomed & encouraged.

Feedback can be made through Parish email or the Diocesan website

Parish Safegurading Contact: Ms Tina Clarke (Parish Secretary)

WEEKLY COLLECTION		
	Actual	Current Target
1st Collection	\$2,870.00	\$2,114.00
2nd Collection	\$4,962.00	\$5,500.00



The requiem Mass for the repose of the soul of Father Bernie Frize will be held 11am on Monday 14 September, 2026 at Ss Mary & Joseph's Cathedral, Armidale

The funeral will be livestreamed through Piddington's website link to follow

After the committal at the Armidale cemetery you are welcome to join the clergy & family for light refreshments at the Armidale Services Club, 137 Dumaresq Street, Armidale

Father Bernard Frize

4 September, 1938 – 29 August, 2026

Ordained to the priesthood 23 July, 1963

May he rest in peace

IN YOUR CHARITY,PLEASE PRAY FOR OUR:

RECENTLY DECEASED: Fr Bernie Frize (Funeral Mass Monday 14 September 11am in the Cathedral), Mary Beeby (Funeral Mass Wednesday 16 September, 2pm in the Cathedral), Elaine McLennon, Anne Wyborn (Funeral in Cathedral Thursday 10 Sep at 2pm), John Morris, Sr Margaret Blackford OP (Newcastle), Mel McGoldrick (Alstonville), Jan Taylor (Macleans), Margaret Wood

DEATH ANNIVERSARIES: Brian Burton, Allan Hooker, Shirley Hickey, Teresa Lopez

PERPETUAL INTENTIONS: The Holy Souls in Purgatory, Michael O'Connor, Pam O'Connor, Joyce Heferen, Christine Nugent

SICK: Brian Scott, Anne Bacigalupo, Albert Holmes, Liam English, Colin Ahoy, Kourtney Holzhauser, Fr Bernie Frize, Aaron Lucas, Robert Loh, Kelemete Hefe, Brian Bible, Craig Elliott, Eric McLeod, Pauline Godschalk, Estela & Nelson Segovia, Joseph Hanna, Kristine Sevilla, James Righetti, Lisa Hallman, Elizabeth Williams, Cristina Arellano, Billy Steller, Ben & Jessie Hanson, Maria Grezl, Wili Suluma, Mary Peter, Carmen & John Gallagher, Bob Watson, Ferg Watson, Raymond Watson, Robert Watson, Maureen Campbell, Ann Haydon, Irene & Leigh Owen, Robyn Keogh, Robert Markeljic, Don Armatage, Molly Burke, Melissa Gamblen, Hannah Whitton, Tom Britt, Danny Jones, Aeron Ryan, Blake Ross, Frederic Kelmeyer, Silvia & Ralph Bowles.

6 SEPTEMBER, 23RD SUNDAY in ORDINARY TIME					
	6PM	8AM	10AM	11AM	5:30PM
Welcomer	MCarson	J Toakley	T Rimpici	A Pike	Steller
Reader 1	P Boston	C Stephen	K Frazier	L Quast	J Chin
Reader 2	KMcMahon	J Toakley	R Menz	MVanGend	D Roff
PoF	D Fittler	A Rogers	P Hordern		J Roff
ExMin	CKhan	Clergy	Clergy	Clergy	Clergy
13 SEPTEMBER, 24TH SUNDAY in ORDINARY TIME					
	6PM	8AM	10AM	11AM	5:30PM
Welcomer	T Rice	P Stier	T Rimpici	A Pike	Turley
Reader 1	W Clark	F Miron	NBrennan	L Quast	P Turley
Reader 2	C Doherty	N Ramazani	J Turner	MVanGend	R Camilleri
PoF	A May	C Stephen	M Suluma		J Maher
ExMin	Clergy	Clergy	Clergy	Clergy	Clergy

SUPPORTING OUR PRIESTS & PARISH

1ST COLLECTION (cash or eft only)

(supports the clergy: food, housekeeping, annual retreat & monthly stipend)

Account Name: St Mary's Presbytery Account

BSB: 082-105 Acc. No: 001023527

2ND COLLECTION (cash, eft or tap & go - credit card)

(supports the Cathedral Parish: insurance, employees' salary, repair & maintenance, office and church requisites, utilities, etc)

Account Name: St Mary's Cathedral Parish

BSB: 082-105 Acc. No: 001006225

(Ref: Planned Giving Number and/or your name)

Thank you for your support!

Saints Mary & Joseph Cathedral Parish Armidale

PARISH - 132 DANGAR St (PO Box 2025), ARMIDALE 2350, PH 6772 2218

E: armidaleparish@armidale.catholic.org.au W: www.smjccathedral.org.au

Administrator: Rev Fr Paul Chandler PhD | frpchandler@armidale.catholic.org.au

Assistant Priest: Rev Fr Ernie Matibag OSJ | frmatibag@armidale.catholic.org.au

Parish Secretary Ms Tina Clarke | Office Hours: Mon-Fri 9am-1pm

Principal, St Mary's Catholic Primary School: Mrs Belinda Burton

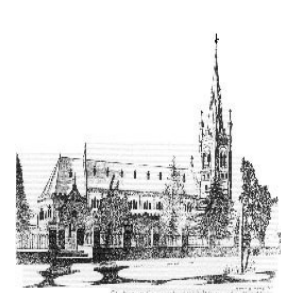
Principal, O'Connor Catholic College: Mr Philip Gibney

Parish Finance Council Chair: Mrs Fiona Miron

Most Reverend Peter Mel Murphy Ph.D | Bishop of Armidale

CHANCERY - UNIT 3/31 BARNEY ST (PO Box 93) ARMIDALE

P: 67718700 | E: chancery@armidale.catholic.org.au | W: www.armidale.catholic.org.au



September - Month of the Seven Sorrows of Mary & the Holy Cross

23RD SUNDAY IN ORDINARY TIME (A/2) 6TH SEPTEMBER 2026

ENTRANCE ANTIPHON

Ps 118: 137, 124

You are just, O Lord, and your judgement is right; treat your servant in accord with your merciful love.

FIRST READING

Ezekiel 33:7-9

The word of the Lord was addressed to me as follows: ‘Son of man, I have appointed you as sentry to the House of Israel. When you hear a word from my mouth, warn them in my name. If I say to a wicked man: Wicked wretch, you are to die, and you do not speak to warn the wicked man to renounce his ways, then he shall die for his sin, but I will hold you responsible for his death. If, however, you do warn a wicked man to renounce his ways and repent, and he does not repent, then he shall die for his sin, but you yourself will have saved your life.’

RESPONSORIAL PSALM

Psalms 94(95):1-2,6-9

R: O that today you would listen to his voice! Harden not your hearts.

Come, ring out our joy to the Lord; hail the rock who saves us.

Let us come before him, giving thanks, with songs let us hail the Lord. R:

Come in; let us bow and bend low; let us kneel before the God who made us: for he is our God and we the people who belong to his pasture, the flock that is led by his hand. R:

O that today you would listen to his voice! ‘Harden not your hearts as at Meribah, as on that day at Massah in the desert when your fathers put me to the test; when they tried me, though they saw my work.’ R:

SECOND READING

Romans 13:8-10

Avoid getting into debt, except the debt of mutual love. If you love your fellow men you have carried out your obligations. All the commandments: You shall not commit adultery, you shall not kill, you shall not steal, you shall not covet, and so on, are summed up in this single command: You must love your neigh-

bour as yourself.

Love is the one thing that cannot hurt your neighbour; that is why it is the answer to every one of the commandments.

GOSPEL ACCLAMATION 2 Corinthians 5:19

Alleluia, alleluia!

God was in Christ, to reconcile the world to himself; and the Good News of reconciliation he has entrusted to us. Alleluia!



GOSPEL Matthew 18:15-20

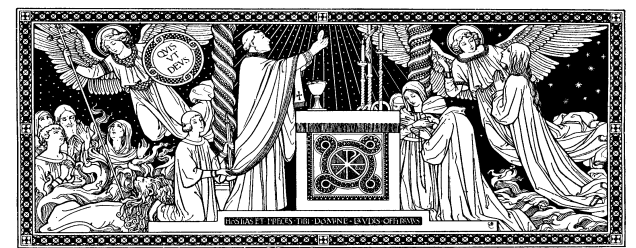
Jesus said to his disciples: ‘If your brother does something wrong, go and have it out with him alone, between your two selves. If he listens to you, you have won back your brother. If he does not listen, take one or two others along with you: the evidence of two or three witnesses is required to sustain any charge. But if he refuses to listen to these, report it to the community; and if he refuses to listen to the community, treat him like a pagan or a tax collector.

‘I tell you solemnly, whatever you bind on earth shall be considered bound in heaven; whatever you loose on earth shall be considered loosed in heaven.

‘I tell you solemnly once again, if two of you on earth agree to ask anything at all, it will be granted to you by my Father in heaven. For where two or three meet in my name, I shall be there with them.’

COMMUNION ANTIPHON Cf. Ps 41: 2-3

Like the deer that yearns for running streams, so my soul is yearning for you, my God; my soul is thirsting for God, the living God.



In the interests of child safety & Parish Safeguarding, please ensure that your children are accompanied when leaving the Cathedral during Mass to go to the toilet or for any other reason.

NEWS / ANNOUNCEMENTS

FIRST HOLY COMMUNION

At next Sunday's Masses 21 children will receive Holy Communion for the first time. At Saturday 6pm Mass there will be 18 first communicants and at 11am there will be 3. Let us pray for them.

MAJOR REPAIRS IN THE CATHEDRAL

On Tuesday 8th and Wednesday 9th September, the electrical switchboard of the Cathedral will be entirely replaced. This is necessary because of a higher phase of power needed and brought into the building after last year's power outage.

On these days, there will be no power in the Cathedral (no lights, no microphones, no heating) but Mass will be celebrated as usual.

There is no disruption to the schedule.

VERSO L'ALTO - FOR YOUNG CATHOLIC ADULTS

Exploring the heights of our Catholic faith under the patronage of St Pier Giorgio Frassati. Fortnightly in the Ursula Room 7-9pm. Holy Rosary, faith formation, refreshments.

Next gathering **Mon 7 September.**

STUDY GROUP with Bishop Peter Murphy on the **"Mere Christianity" by CS Lewis** (BYO copy) Wednesday evenings, 7:30 - 8:30 pm in the Ursula Room (Chancery Building). Please contact the Chancery Office for any enquiries on 67718700.

MASS OFFERINGS FOR SPECIAL INTENTIONS

The suggested donation for a Mass offering is now \$20. If you would like a Mass offered for a special intention, envelopes are available in the Cathedral foyer and at the Parish Office.

EUCCHARISTIC ADORATION

Our Lady of the Angels Chapel: 8am- 8pm Monday-Friday and overnight Friday from 8pm- Saturday 8am- a total of 72 hours a week. Rostered Adorers are needed to cover all hours. Please contact the Armidale Adoration Team on:

armidaleadoration@gmail.com or 0459 089 778.

HOLY FACE DEVOTION | Tuesday at 5:45 pm in the Parish Prayer Room .

FISHERS OF MEN PRAYER GROUP | meets in the Parish Meeting Room, Mondays 5:30-7:00pm. For enquiries contact Nirmal on 0430871064 .

HOME ROSARIES | If you would like to attend or host a home rosary or receive a home visit by the Legion of Mary, please contact Kathy 0417023704 or Barbara 0408235877. Location is not advertised for privacy purposes.

FIVE FIRST SATURDAYS DEVOTION

Next gathering **5th Sept. at 9.30am**

Marian devotion on the first Saturday of each month immediately after the 9am Mass in the Cathedral. This devotion has been part of our parish for 20 years. It was asked for by Our Lady when she appeared to Ven. Lucia in 1925 and again in 1930. The devotion is an act of reparation to the Immaculate Heart of Mary and she promised to assist those who make this devotion at the hour of death. She also taught us at Fatima to pray the Rosary for peace and an end to war.

GUILD OF ST ANNE | Women of the parish caring for the sacred vestments and the cleaning of the altar linen. The Guild meets fortnightly at 12:45 pm in the Parish Centre on Wednesday and the next meeting is Wednesday 26 August. Any enquiries or questions can be directed to Kathy McCartney 0418 465 996



Women's Breakfast

Saturday 12th September 8.30am at The Cottage Restaurant. **Guest Speaker: Wendy Clark.**

Cost: \$29.00

Please confirm your attendance by making payment to:

Name: Majellan Mothers Club.

BSB: 082-105, ACC: 001061469

RSVP: 7th Sept.2026

Enquires: Margaret Carson – 0488 776 610

or Glenda Fittler – 0427 332 954



2026 Dick Franklin Memorial Lecture

Gwyn McClelland: 'For Jesus and Japan: Nagasaki and discourses of Love and Loyalty'

Today, there are approximately 1 to 2 million Christians in Japan, but many Australians know little about the presence of Christianity in Japan, particularly the experience of Japanese Christians in the aftermath of the atomic bombing of Nagasaki on August 9, 1945. At the time, Nagasaki was the centre of Catholicism in Japan and the bomb fell only 500 metres from the Catholic cathedral.

Dr Gwyn McClelland is Senior Lecturer in Japanese Studies at the University of New England. An oral historian, he conducts research engaging with religious discourses in memory and history. He has published a monograph, based on an oral history of Catholic atomic bombing survivors, entitled 'Dangerous Memory in Nagasaki: Prayers, Protests and Catholic Survivor

Narratives' (Routledge 2019). He is currently engaged in a separate oral history project interviewing the descendants of Hidden Christians on the Goto Islands, one hundred kilometres off Nagasaki City.

Date: Tue Sept 8, 2026 7:00 pm - 8:30 pm

Location: Armidale Uniting Church
114 Rusden St, Armidale

Contact: Sandy Boucher aboucher@une.edu.au

HAPPY FATHER'S DAY !

GOD IS A FATHER

Holy Scripture presents fatherhood

- 1) as guardian - who protects his own;
- 2) as provider - who sees to their physical and spiritual needs;
- 3) as teacher - who instructs and forms his children by word, deed and example.



GREAT TRUTHS THAT MIDDLE AGED DADS HAVE LEARNT

- 1) Raising teenagers is like nailing jelly to a tree.
- 2) Wrinkles don't hurt.
- 3) Families are like fudge... mostly sweet, with a few nuts.
- 4) Today's mighty oak is just yesterday's nut that held its ground.
- 5) Laughing is good exercise. It's like jogging on the inside.
- 6) Middle age is when you choose your cereal for the fibre not the toy.

LITE HUMOUR

After Father's Day some boys were boasting of their dads at school. One boy said that his dad was so fast that when he kicks a football he sprints across the oval to catch it. Another boy said that his dad was a plumber and can make water go real fast upside down in pipes. The last boy said that his dad who works for the Shire Council is the fastest because when they finish work at 4 pm he gets home at 2.30pm!

Fraternal Correction

is a work of mercy, that is an act of love !

Our Lord reminds us in the Gospel of one of the seven spiritual works of mercy called fraternal correction. Some today are afraid to correct others lest they be seen as judgmental. Others say it is not their place to admonish people. Yet if we are given incorrect change at the supermarket we do willingly correct! Also people correct us on matters of health and we think nothing of it, indeed, sometimes we are grateful. So why not correct somebody in matters that concern their soul and salvation. It is not necessarily judgmental to correct another for what they have actually done - the media does so! Provided we do not judge WHY they acted in a particular manner we are not being judgmental.

Jesus gave us THREE RULES for fraternal correction

1. Correct the individual kindly in private.
2. If they pay no attention take one or two others with you to substantiate the claim.
3. If they still pay no attention then report them to the Church, Police or other authority, so that they are made to correct their behaviour.



Volunteers Needed

HOPE Kitchen Armidale is looking to start in early 2027. We are looking for a few more volunteers to either help with cooking a meal on an evening or serving a meal during lunchtime—it would only take around 1-2 hours of your time. There will be an information session on October followed by training towards the end of the year. Contact George on george@adig.com.au



Come Adore the Lord in Eucharistic Adoration!

"Spend as much time as possible in front of the Blessed Sacrament and He will fill you with His strength and power" ~ Mother Teresa

Can you commit to a Holy Hour each week and be a Guardian of the Blessed Sacrament?

- **Monday:** 12pm, 2pm, 7pm
- **Tuesday:** 10am, 12pm, 2pm, 6pm
- **Wednesday:** 9am, 12pm, 5pm
- **Thursday:** 9am, 12pm
- **Friday:** 8am, 5pm, 6pm, 11pm
- **Saturday:** 12am, 4am

CONTACT

Armidale Adoration Team:
armidaleadoration@gmail.com
0459 089 778



Holy Hour for Parents and Children

Tuesdays 9-10am
Our Lady of the Angels Chapel

*A special hour of Eucharistic Adoration for Parents and Children.
Includes short time of guided prayer.*