

LITURGY THIS WEEK

ORDINARY TIME

Please note - there is no 12 noon Mass Monday 14 Sep. due to the Requiem Mass for Fr Bernie Frize at 11am.

MONDAY 14 SEP – The Exaltation of the Holy Cross

07:00 AM Holy Mass

11:00 AM Requiem Mass for Fr Bernie Frize

TUESDAY 15 SEP – Our Lady of Sorrows

07:00 AM Holy Mass

12:00 NN Holy Mass

WEDNESDAY 16 SEP – Sts Cornelius, pope, martyr & Cyprian, bishop, martyr

07:00 AM Holy Mass

12:00 NN Holy Mass

02:00 PM Funeral Mass for Mary Beeby

THURSDAY 17 SEP– Weekday, Ordinary Time 24

07:00 AM Holy Mass

12:00 NN Holy Mass

FRIDAY 18 SEP– Weekday, Ordinary Time 24

07:00 AM Holy Mass

09:15 AM Holy Mass

02:00PM Funeral Mass for Joachim Hempel

05:30 PM Holy Mass

SATURDAY 19 SEP - Weekday, Ordinary Time 24

08:00 AM OLA Chapel TM (1962 Missal)

09:00 AM Holy Mass

06:00 PM Holy Mass of Sunday

SUNDAY 20 SEP - 25TH SUNDAY in ORDINARY TIME

08:00 AM Holy Mass of Sunday

10:00 AM Holy Mass of Sunday

11:00 AM Solemn Mass with Choir (Latin Chant)

04:30 PM Solemn Vespers & Benediction

05:30 PM Holy Mass of Sunday

SACRAMENT OF RECONCILIATION (Cathedral)

30 MINUTES BEFORE MASS (for 20 mins) as well as

FRIDAY 04:45 – 05:15 PM

SATURDAY 09:45 – 10:15 AM & 05:00 – 05:45 PM

Cathedral Parish Child & Vulnerable Adults Protection and Safeguarding Statement

Commitment to Safety

Our parish is dedicated to creating a safe, respectful, and welcoming environment for all, especially children and vulnerable adults.

Zero Tolerance for Abuse

We have a strict zero-tolerance policy for any form of abuse, neglect, or exploitation of children or vulnerable adults.

Compliance with Safeguarding Standards

Our parish follows the National Catholic Safeguarding Standards, Integrity in Our Common Mission, and adheres to the NSW Child Safe Standards to ensure our practices are aligned with best-practice safeguarding principles.

The Diocesan Safeguarding Policy is available on the Diocesan & Parish websites, in the Parish Office and in the Cathedral foyer.

Parish Safeguarding is a shared responsibility & feedback from both children & adults is welcomed & encouraged.

Feedback can be made through Parish email or the Diocesan website

Parish Safegurading Contact: Ms Tina Clarke (Parish Secretary)

IN YOUR CHARITY,PLEASE PRAY FOR OUR:

RECENTLY DECEASED: Fr Bernie Frize (Funeral Mass Monday 14 September 11am in the Cathedral), Mary Beeby (Funeral Mass Wednesday 16 September, 2pm in the Cathedral), Joachim Hempel (Funeral for Joachim Hempel Friday 18 2pm in the Cathedral), Elaine McLennon, Anne Wyborn (Funeral in Cathedral Thursday 10 Sep at 2pm), John Morris, Sr Margaret Blackford OP (Newcastle), Mel McGoldrick (Alstonville), Jan Taylor (Maclean)

DEATH ANNIVERSARIES: John de Bavay, Daphne Brazel, Brian O’Connell, Graham Johnson, Kathleen Partridge, John Fitzgerald, Des Latham

PERPETUAL INTENTIONS: The Holy Souls in Purgatory, Michael O’Connor, Pam O’Connor, Joyce Heferen, Christine Nugent

SICK: Brian Scott, Anne Bacigalupo, Albert Holmes, Liam English, Colin Ahoy, Kourtney Holzhauser, Fr Bernie Frize, Aaron Lucas, Robert Loh, Kelemete Hefe, Brian Bible, Craig Elliott, Eric McLeod, Paul-ine Godschalk, Estela & Nelson Segovia, Joseph Hanna, Kristine Se-villa, James Righetti, Lisa Hallman, Elizabeth Williams, Cristina Arel-lano, Billy Steller, Ben & Jessie Hanson, Maria Grezl, Wili Suluma, Mary Peter, Carmen & John Gallagher, Bob Watson, Ferg Watson, Raymond Watson, Robert Watson, Maureen Campbell, Ann Haydon, Irene & Leigh Owen, Robyn Keogh, Robert Markeljic, Don Armatage, Molly Burke, Melissa Gamblen, Hannah Whitton, Tom Britt, Danny Jones, Aeron Ryan, Blake Ross, Frederic Kelmeyer, Silvia & Ralph Bowles.

PLEASE NOTE: Due to privacy legislation, names of the sick/ deceased can only be published with permission of the sick person him/herself or the immediate family members of the deceased.

13 SEPTEMBER, 24TH SUNDAY in ORDINARY TIME					
	6PM	8AM	10AM	11AM	5:30PM
Welcomer	T Rice	P Stier	T Rimpici	A Pike	Turley
Reader 1	W Clark	F Miron	NBrennan	L Quast	P Turley
Reader 2	C Doherty	N Ramazani	J Turner	MVanGend	R Camilleri
PoF	A May	C Stephen	M Suluma		J Maher
ExMin	Clergy	Clergy	Clergy	Clergy	Clergy
20 SEPTEMBER, 25TH SUNDAY in ORDINARY TIME					
	6PM	8AM	10AM	11AM	5:30PM
Welcomer	WClark	M Barry	T Rimpici	A Pike	Chin
Reader 1	J Carson	J Toakley	A Dinh	L Quast	N Chin
Reader 2	P Boston	A Rogers	K Frazier	MVanGend	J Chin
PoF	D Fittler	F Miron	R Menz		D Roff
ExMin	Clergy	Clergy	Clergy	Clergy	Clergy

SUPPORTING OUR PRIESTS & PARISH

1ST COLLECTION (cash or eft only)

(supports the clergy: food, housekeeping, annual retreat & monthly stipend)

Account Name: St Mary’s Presbytery Account

BSB: 082-105 Acc. No: 001023527

2ND COLLECTION (cash, eft or tap & go - credit card)

(supports the Cathedral Parish: insurance, employees’ salary, repair & mainte-nance, office and church requisites, utilities, etc)

Account Name: St Mary’s Cathedral Parish

BSB: 082-105 Acc. No: 001006225

(Ref: Planned Giving Number and/or your name)

Thank you for your support!

WEEKLY COLLECTION		
	Actual	Current Target
1st Collection	\$2,596.00	\$2,114.00
2nd Collection	\$5,496.50	\$5,500.00

In the interests of child safety & Parish Safeguarding, please ensure that your children are accompanied when leaving the Cathed-ral during Mass to go to the toilet or for any other reason.

Saints Mary & Joseph Cathedral Parish Armidale

PARISH - 132 DANGAR St (PO Box 2025), ARMIDALE 2350, PH 6772 2218

E: armidaleparish@armidale.catholic.org.au W: www.smjcathedral.org.au

Administrator: Rev Fr Paul Chandler PhD | frpchandler@armidale.catholic.org.au

Assistant Priest: Rev Fr Ernie Matibag OSJ | frmatibag@armidale.catholic.org.au

Parish Secretary Ms Tina Clarke | Office Hours: Mon-Fri 9am-1pm

Principal, St Mary’s Catholic Primary School: Mrs Belinda Burton

Principal, O’Connor Catholic College: Mr Philip Gibney

Parish Finance Council Chair: Mrs Fiona Miron

Most Reverend Peter Mel Murphy Ph.D | Bishop of Armidale

CHANCERY - UNIT 3/31 BARNEY ST (PO Box 93) ARMIDALE

P: 67718700 | E: chancery@armidale.catholic.org.au | W: www.armidale.catholic.org.au



September - Month of the Seven Sorrows of Mary & the Holy Cross

24TH SUNDAY IN ORDINARY TIME (A/2) 13TH SEPTEMBER 2026

SAFEGUARDING SUNDAY

ENTRANCE ANTIPHON

Cf. Sir 36: 18

Give peace, O Lord, to those who wait for you, that your prophets be found true. Hear the prayers of your servant, and of your people Israel.

FIRST READING

Ecclesiasticus 27:33-28:9

Resentment and anger, these are foulthings, and both are found with the sinner. He who exacts vengeance will experience the vengeance of the Lord, who keeps strict account of sin. Forgive your neighbour the hurt he does you, and when you pray, your sins will be forgiven. If a man nurses anger against another, can he then demand compassion from the Lord? Showing no pity for a man like himself, can he then plead for his own sins? Mere creature of flesh, he cherishes resentment; who will forgive him his sins? Remember the last things, and stop hating, remember dissolution and death, and live by the commandments. Remember the commandments, and do not bear your neighbour ill-will; remem-ber the covenant of the Most High, and overlook the offence.

RESPONSORIAL PSALM

Psalm 102(103):1-4,9-12

R: The Lord is kind and merciful: slow to anger, and rich in compassion.

My soul, give thanks to the Lord all my being, bless his holy name. My soul, give thanks to the Lord and never forget all his blessings. R:

It is he who forgives all your guilt, who heals every one of your ills, who redeems your life from the grave, who crowns you with love and compassion. R: His wrath will come to an end; he will not be angry for ever. He does not treat us according to our sins nor repay us according to our faults. R: For as the heavens are high above the earth so strong is his love for those who fear him. As far as the east is from the west so far does he remove our sins. R:

SECOND READING

Romans 14:7-9

The life and death of each of us has its influence on others; if we live, we live for the Lord; and if we die, we die for the Lord, so that alive or dead we belong to the Lord. This explains why Christ both died and came to life: it was so that he might be Lord both of the dead and of the living.

GOSPEL ACCLAMATION

John 13:34

Alleluia, alleluia! I give you a new commandment: love one another as I have loved you. Alleluia.

GOSPEL

Matthew 18:21-35

Peter went up to Jesus and said, ‘Lord, how often must I forgive my brother if he wrongs me? As often as seven times?’ Jesus answered, ‘Not seven, I tell you, but seventy-seven times.

‘And so the kingdom of heaven may be compared to a king who decided to settle his accounts with his servants. When the reckoning began, they brought him a man

who owed ten thousand talents; but he had no means of paying, so his master gave orders that he should be sold, to-gether with his wife and children and all his possessions, to meet the debt. At this, the servant threw himself down at his master’s feet. “Give me time” he said “and I will pay the whole sum.” And the servant’s master felt so sorry for him that he let him go and cancelled the debt. Now as this servant went out, he hap-pened to meet a fellow servant who owed him one hundred denarii; and he seized him by the throat and began to throttle him. “Pay what you owe me” he said. His fellow servant fell at his feet and im-plored him, saying, “Give me time and I will pay you.” But the other would not agree; on the contrary, he had him thrown into prison till he should pay the debt. His fellow servants were deeply distressed when they saw what had happened, and they went to their master and reported the whole affair to him. Then the master sent for him. “You wicked servant,” he said “I cancelled all that debt of yours when you appealed to me. Were you not bound, then, to have pity on your fellow servant just as I had pity on you?” And in his anger the master handed him over to the torturers till he should pay all his debt. And that is how my heavenly Father will deal with you unless you each forgive your brother from your heart.’

COMMUNION ANTIPHON

Cf. Ps 41: 2-3

Like the deer that yearns for running streams, so my soul is yearning for you, my God; my soul is thirsting for God, the living God.

NEWS / ANNOUNCEMENTS

VERSO L'ALTO - FOR YOUNG CATHOLIC ADULTS

Exploring the heights of our Catholic faith under the patronage of St Pier Giorgio Frassati. Fortnightly in the **Ursula Room** 7-9pm. Holy Rosary, faith formation, refreshments.

Next gathering **Mon 14 September**.

STUDY GROUP with Bishop Peter Murphy on the **"Mere Christianity" by CS Lewis** (BYO copy) Wednesday evenings, 7:30 - 8:30 pm in the Ursula Room (Chancery Building). Please contact the Chancery Office for any enquiries on 67718700.

MASS OFFERINGS FOR SPECIAL INTENTIONS

The suggested donation for a Mass offering is now \$20. If you would like a Mass offered for a special intention, envelopes are available in the Cathedral foyer and at the Parish Office.

EUCCHARISTIC ADORATION

Our Lady of the Angels Chapel: 8am- 8pm Monday-Friday and overnight Friday from 8pm- Saturday 8am- a total of 72 hours a week. Rostered Adorers are needed to cover all hours. Please contact the Armidale Adoration Team on:

armidaleadoration@gmail.com or 0459 089 778.

HOLY FACE DEVOTION | Tuesday at 5:45 pm in the Parish Prayer Room .

FISHERS OF MEN PRAYER GROUP | meets in the Parish Meeting Room, Mondays 5:30-7:00pm. For enquiries contact Nirmal on 0430871064 .

HOME ROSARIES | If you would like to attend or host a home rosary or receive a home visit by the Legion of Mary, please contact Kathy 0417023704 or Barbara 0408235877. Location is not advertised for privacy purposes.

FIVE FIRST SATURDAYS DEVOTION

Next gathering **5th Sept. at 9.30am**

Marian devotion on the first Saturday of each month immediately after the 9am Mass in the Cathedral. This devotion has been part of our parish for 20 years. It was asked for by Our Lady when she appeared to Ven. Lucia in 1925 and again in 1930. The devotion is an act of reparation to the Immaculate Heart of Mary and she promised to assist those who make this devotion at the hour of death. She also taught us at Fatima to pray the Rosary for peace and an end to war.

GUILD OF ST ANNE | Women of the parish caring for the sacred vestments and the cleaning of the altar linen. The Guild meets fortnightly at 12:45 pm in the Parish Centre on Wednesday Any enquiries or questions can be directed to Kathy McCartney 0418 465 996



HOPE Volunteers Needed

HOPE Kitchen Armidale is looking to start in early 2027. We are looking for a few more volunteers to either help with cooking a meal on an evening or serving a meal during lunchtime—it would only take around 1-2 hours of your time. There will be an information session on October followed by training towards the end of the year. Contact George on george@adig.com.au



The requiem Mass for the repose of the soul of Father Bernie Frize will be held 11am on Monday 14 September, 2026 at Ss Mary & Joseph's Cathedral, Armidale. The funeral will be livestreamed through Piddington's website link to follow.

After the committal at the Armidale cemetery you are welcome to join the clergy & family for light refreshments at the Armidale Services Club, 137 Dumaresq Street, Armidale

Father Bernard Frize

4 September, 1938 - 29 August, 2026
Ordained to the priesthood 23 July, 1963
May he rest in peace

CENTACARE NEW ENGLAND NORTHWEST – SEEKING EXTERNAL COMMITTEE MEMBERS

Centacare NENW are seeking External Committee members. These are exciting opportunities for local professionals who are passionate about contributing to the governance of a well-respected not-for-profit organisation serving communities across the New England Northwest region.

External Committee Members provide valuable advice, expertise and local perspectives to support effective decision-making, strong governance and positive organisational outcomes. Committee meetings are generally held online and occur approximately **3–6 times per year**.

The positions are listed on SEEK and can be found following these links:

People Quality and Safety Committee <https://au.seek.com/job/94505266>

Governance & Remuneration Committee <https://au.seek.com/job/94505267>

Finance, Audit & Risk Management Committee <https://au.seek.com/job/94505268>

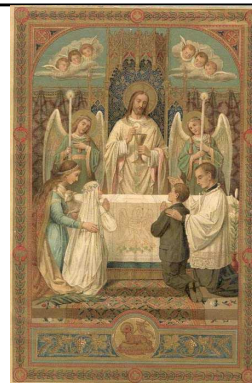
Catholic Culture & Identity Committee <https://au.seek.com/job/94505271>



First Holy Communion Day

Congratulations to our First Holy Communion Candidates for 2026

Lucy Abbott
Francesco Bello
Isla Bournes
Matilda Bramble
Eliza Clark
Charlie Crowley
Leanna Curaming
Alexander Duff
Tariq Dunne
Olivia Franklin
Sophia Holmes



Emmi Hourigan
Barney Macrae
James Paull
Max Paull
Annelie Polain
Vivienne Schaefer
Harlan Smith
Evan Sojo
Gabriella Wekesa
Stella Whalley

"I am the bread of life.. and my flesh is real" says Jesus

John 6:48,55

How to receive Holy Communion to make you holier!

- ✓ be a practising Catholic;
- ✓ be free of mortal sin;
- ✓ [Confessions before Mass and other times];
- ✓ be fasting for one hour beforehand;
- ✓ be prayerful in your thanksgiving.

HOLY PURITY x 3

- of body - sensual drives
- of mind - thoughts in the mind
- of soul - desires of the heart

Purity of mind makes for holiness of body, insists Augustine. Thus, what really matters is not the holiness of one's state of life but one's interior disposition. The following are the three game tactics for the integration of purity:

- Know yourself: flaws & all;
- Be not deceived;
- Avoid all temptations.



Thank you to all the parish supporters of our Vinnies Community Sleepout held on 28th August. Twenty five people slept rough at Sport UNE and we raised \$38,000. This money helps provide local practical assistance through Freeman House's Start Fresh Community Connections program. Our monster raffle draw was made and we thank all those who donated prizes to this event. Donations can still be made until the end of September.

Scan the QR code or visit <https://my.fundraise.vinniesnsw.org.au/armidale-vinnies-community-sleepout-2026>



Holy Hour for Parents and Children

Tuesdays 9-10am
Our Lady of the Angels Chapel

A special hour of Eucharistic Adoration for Parents and Children.
Includes short time of guided prayer.