

BBodysmart - T&Cs 2026

- **Session validity:** All sessions must be used within the contract period and cannot be extended, transferred, or credited.
- **Cancellations:** A strict **24-hour cancellation policy** applies. Late cancellations or no-shows will be charged in full.
- **Memberships:** **Four weeks' written notice** is required to cancel. Early cancellation within 12 months may incur an administration fee.
- **Arrival & health:** Please arrive on time and inform your teacher of any **injuries, medical conditions, or pregnancy** before class.
- **Use of apparatus:** Only use equipment if you feel **safe and physically able**, and always follow instructor guidance. Stop immediately if you feel pain or discomfort.
- **Changes to classes:** Teachers and timetables may occasionally change.
- **Personal responsibility:** Participation in exercise carries **inherent risks**, and clients take part voluntarily.
- **Belongings:** Items are brought to the studio **at your own risk**.

For full details, please read our complete **Terms & Conditions** which can be made available upon written request