

Bbodysmart - T&Cs 2026

1. General

- By booking, attending, or participating in any class, session, course, or service provided by Bbodysmart Pilates Studio (“the Studio”), you confirm that you have read, understood, and agree to be bound by these Terms & Conditions.
- The Studio reserves the right to amend these Terms & Conditions at any time. The most current version will always be available on our website.

2. Session Validity

- All purchased sessions, class credits, or memberships must be used within the stated contract or validity period and cannot be extended, transferred, carried over, refunded, or credited, unless required by law.

3. Bookings and Cancellations

- All classes and sessions are subject to a strict 24-hour cancellation policy.
- Clients are solely responsible for cancelling or rescheduling bookings via the Studio’s booking system.
- Cancellations made with less than 24 hours’ notice will be charged in full and the session will be deducted.
- Failure to attend a booked session (“no-show”) will result in loss of that session or applicable charge.
- This policy enables the Studio to manage limited class capacity as a small business, and your cooperation is appreciated.

4. Memberships and Subscription Cancellation

- Where services are purchased on a recurring membership or subscription basis:
- A minimum of four (4) weeks' written notice is required to cancel.
- Cancellation within 12 months of the original sign-up date may result in an early termination administration fee, as outlined at the point of purchase.
- Membership fees already paid are non-refundable, except where required under UK consumer law.

5. Timetable, Teachers, and Studio Changes

- The Studio reserves the right to:
- Change class times, teachers, or services at short notice where reasonably necessary.
- Cancel classes due to unforeseen circumstances.
- Where this occurs, clients will be offered an alternative session or credit, at the Studio's discretion.

6. Health, Medical Conditions, and Client Responsibility

- By participating in any class or session, you confirm that:
- You are physically and medically fit to take part in exercise.
- You have disclosed all relevant medical conditions, injuries, or limitations to the instructor before the session begins.
- You will follow all safety instructions given by Studio staff.
- If you are pregnant, recovering from injury, or under medical supervision, you agree to seek appropriate medical advice before attending.
- The Studio reserves the right to refuse participation where it reasonably believes attendance may pose a health or safety risk.

7. Use of Pilates Apparatus and Equipment

- Participation may involve the use of Pilates apparatus and studio equipment.
- By attending, you acknowledge and agree that:
- You will only use apparatus if you feel safe and physically able to do so.
- You will use equipment strictly in accordance with instructor guidance.
- You will immediately stop and inform the instructor if you feel pain, dizziness, discomfort, or unsafe at any time.
- You understand that physical exercise carries inherent risks of injury, and participation is undertaken voluntarily and at your own risk.

8. Limitation of Liability

- Nothing in these Terms excludes or limits liability for:
- Death or personal injury caused by negligence
- Fraud or fraudulent misrepresentation
- Any liability that cannot be excluded under UK law

Subject to the above:

- The Studio shall not be liable for injury, loss, or damage arising from:
- Failure to follow instructor guidance
- Use of equipment contrary to instruction
- Undisclosed medical conditions
- Normal risks associated with exercise
- Personal belongings are brought to the Studio at the client's own risk.
- The Studio accepts no responsibility for loss, theft, or damage to property.

9. Conduct and Safety

- The Studio may refuse entry or remove any person who:

- Acts in an unsafe, disruptive, abusive, or inappropriate manner
- Appears under the influence of alcohol or drugs
- Fails to follow reasonable safety instructions
- No refunds will be issued in such circumstances.

10. Data Protection

- Personal data is processed in accordance with UK GDPR and the Data Protection Act 2018.
- Please refer to our Privacy Policy for full details.

11. Governing Law

- These Terms & Conditions are governed by the laws of England and Wales, and any disputes shall be subject to the exclusive jurisdiction of the courts of England and Wales.