

EMERGING LEADERS PROGRAM

Developing the Next Generation of Leaders in Mental Health

At Greenwich Child & Adolescent Psychiatry, we believe the future of mental healthcare depends on more than exceptional clinicians, it requires innovative thinkers, creative problem-solvers, compassionate leaders, and individuals committed to improving the lives of children, adolescents, and families.

The Emerging Leaders Program is a selective mentorship and leadership development experience for undergraduate students, graduate students, and early-career professionals seeking meaningful, hands-on experience within a mission-driven healthcare organization.

More than a traditional internship, Emerging Leaders become active contributors to projects that advance mental health education, healthcare innovation, organizational growth, and community impact. Participants work alongside experienced clinicians and organizational leaders while building the professional skills, confidence, and leadership needed to make a lasting difference in their chosen fields.

Program Tracks

Participants apply to one of three specialized tracks, chosen to match their interests and career goals.

Athlete Mindset & Performance Psychology

Explore the intersection of mental health, performance psychology, leadership, and youth athletics. Participants contribute to educational initiatives, program development, athlete resources, and community outreach — helping young athletes build resilience, confidence, and peak performance on and off the field.

Ideal for students interested in:

Sports Psychology · Sports Medicine · Psychiatry & Psychology · Coaching & Leadership ·

Leadership, Operations & Innovation

Discover how a modern healthcare organization is built and sustained. Participants gain experience in organizational leadership, patient experience, systems improvement, healthcare operations, technology integration, artificial intelligence, and other initiatives shaping the future of mental healthcare.

Ideal for students interested in:

Healthcare Administration · Business · Organizational Leadership · Project Management · Healthcare Innovation · Public Health · Entrepreneurship

Media, Arts & Creative Design

Use creativity to advance mental health awareness and education. Participants collaborate on graphic design, painting, photography, videography, branding, storytelling, website development, social media, and educational resources that communicate complex mental health concepts in engaging, accessible ways.

Ideal for students interested in:

Graphic Design · Photography & Videography · Marketing & Communications · Journalism · Creative Writing · Fine Arts · Digital Media · UX/UI Design

Meet Our Emerging Leaders



Daisy Decker

Athlete Mindset & Performance Psychology Track

Senior, Lafayette College — Division I Varsity Swimmer

Daisy completed the Athlete Mindset Emerging Leaders Internship, contributing to program development and athlete resources with excellent dedication and initiative.

How to Apply

We welcome applications from motivated undergraduate students, graduate students, and early-career professionals who are eager to learn, contribute, and grow.

While academic achievement is valued, we place equal importance on curiosity, initiative, professionalism, creativity, humility, and a genuine desire to make a positive impact.

Applications are reviewed on a rolling basis as opportunities become available.

Application Materials

Please submit the following:

- A current Curriculum Vitae (CV)
- A Cover Letter (1–2 pages) describing your educational and professional background, your interest in the Emerging Leaders Program, the track you are applying for and why, and what you hope to contribute and learn
- Portfolio or Work Samples (optional, but encouraged for applicants to the Media, Arts & Creative Design track) — writing samples, photography, graphic design, video projects, websites, or other creative work
- One Letter of Recommendation from a teacher, supervisor, coach, or mentor who can speak to your character, work ethic, or leadership potential

Selection Process

Qualified applicants may be invited to interview with members of the GCAP team. Selected participants are matched with projects based on organizational priorities, individual strengths, interests, and track availability.

Submit Your Application

Please email your application materials to support@greenwichchildpsych.com with the subject line “Emerging Leaders Application — Your Name.”

Frequently Asked Questions

Is the program paid?

The Emerging Leaders Program is primarily an educational and professional development experience and is generally unpaid. Participants receive structured mentorship, meaningful project experience, networking opportunities, and the chance to build a portfolio of impactful work.

Is the program in-person, remote, or hybrid?

The program is designed to be flexible. Depending on the project and track, opportunities may be in-person or hybrid. Certain activities, such as workshops, events, or observational experiences, may require on-site participation.

What is the expected weekly commitment?

Most participants commit approximately 5–10 hours per week, with flexibility based on academic schedules, project needs, and individual goals.

What are the typical program dates?

Applications are accepted throughout the year. Most Emerging Leaders participate for approximately 4–6 weeks, although longer-term opportunities may be available for exceptional participants.

Who is eligible to apply?

We welcome applicants from a wide range of disciplines, including medicine, psychology, nursing, public health, business, communications, design, education, engineering, and related fields. We seek individuals who demonstrate initiative, professionalism, creativity, intellectual curiosity, and a commitment to improving the lives of children and families.

Can I receive academic credit?

Yes. We are happy to work with colleges and universities to support academic credit, internship requirements, practicum experiences, or independent study projects whenever permitted by the student's institution.