

Inspired by the true stories of trafficking survivors.

STILL HOPE

A woman with long, dark, wavy hair is shown in profile, looking upwards and to the left. She is wearing a white, ruffled, off-the-shoulder top. The background is a soft, hazy sky with light breaking through clouds, creating a hopeful and serene atmosphere.

**STILL HOPE
FREEDOM IS JUST THE BEGINNING
7 DAY DEVOTIONAL**

7 DAY DEVOTIONAL

FORGIVENESS, HEALING, REBUILDING; FOR FAMILIES AND THOSE WHO HAVE BEEN TRAFFICKED

This study uses the ESV (English Standard Version); but NKJV or ASV would be compatible.



DAY 1: STILL HOPE FOR FREEDOM

Reflection Devotional Day 1: There is still hope for freedom. You are not alone and our God in heaven is an active God who sees you and is with you in our brokenness and heartaches. He is with us every step of the way in our healing journey. In Genesis we see God hold space for Hagar as she is hopeless and runs away into the desert seeking refuge and is out of resources. God meets her where she is at and does not judge her but rather gives her supply and comforts her. Hagar herself, calls God, El Roi, the God who sees me. God truly does care about our lives and sees our every tear. There is no condemnation in his support, and he sees our hearts, rather than the outward appearance. All of us has a great debt and Jesus forgives us all, wipes away the debt, and cherishes us as his children. When we see the woman with the alabaster jar anoint Jesus's feet with oil, he holds space for her past, forgives her and even says she has great love and hospitality. When we make space for God to speak into our past, he makes a way for freedom.

VERSE(S) OF THE DAY:

- a. Luke 7:36-49
- b. Psalm 142:1
- c. Genesis 16: 13-14
- d. Genesis 21:15-21
- e. Romans 8:1-2

CLOSING PRAYER

Heavenly Father, thank you for seeing me in my time of pain and in my time of freedom. I surrender to your will and purpose over my life. I am called by your name and your child. Guide me to see myself as you see me. I thank you for cancelling my debt and giving me peace and liberty. You have made a way for me, and I ask for continued strength and wisdom as I seek what you have for me in my time of healing. Help me, Lord, where there is unbelief and unforgiveness. I cry out to you, Lord, and ask for your mercy in this season of surrender and relief. In Jesus name, Amen.

DAY 2: STILL HOPE FOR PEACE



Reflection Devotional Day 1: There is still hope for freedom. You are not alone and our God in heaven is an active God who sees you and is with you in our brokenness and heartaches. He is with us every step of the way in our healing journey. In Genesis we see God hold space for Hagar as she is hopeless and runs away into the desert seeking refuge and is out of resources. God meets her where she is at and does not judge her but rather gives her supply and comforts her. Hagar herself, calls God, El Roi, the God who sees me. God truly does care about our lives and sees our every tear. There is no condemnation in his support, and he sees our hearts, rather than the outward appearance. All of us has a great debt and Jesus forgives us all, wipes away the debt, and cherishes us as his children. When we see the woman with the alabaster jar anoint Jesus's feet with oil, he holds space for her past, forgives her and even says she has great love and hospitality. When we make space for God to speak into our past, he makes a way for freedom.

VERSE(S) OF THE DAY:

- a. 2 John 1:3
- b. 1 Peter 3:11
- c. 2 Timothy 2:21-22 (call on the Lord with peace)
- d. James 4:7
- e. Luke 15:1-7

CLOSING PRAYER

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DAY 3: STILL HOPE FOR FORGIVENESS

VERSE(S) OF THE DAY:

1. 2 Peter 2:9
2. Micah 3:3
3. Isaiah 64:8
4. Matthew 6:12
5. Psalm 68:7-10

STILL HOPE FOR FORGIVENESS: CLAY IN HIS HANDS

You are called out of the darkness and into the light. Even in our darkest moments, God walks with us and hears our cries. We are constantly being refined in the fire by the Good Silversmith, the Lord. Malachi 3, “He will sit as a refiner and purifier of silver, and he will purify the sons of Levi and refine them like gold and silver.” Forgiveness and healing takes time, but there is still hope for those things. It takes wisdom and understanding and the space to heal and feel safe again. Yet, even in our suffering we commit to looking more like Christ. For when we release our suffering to Him, we are freed from our bondage. Our captives can no longer have a hold on us when we forgive. Being the clay in the Lord’s hand or the silver in the fire, is a process, but when we surrender to the work of the Lord in us, He is mighty to save.

CLOSING PRAYER

Lord, thanks for making me more like you and walking with me during my healing. Thank you for molding me into a beautiful work of art in your hands. Help me to see how you see me, your daughter or son. Thank you for inviting me into your kingdom and to be seated with you. In Jesus’ name, Amen.



REFLECTION DEVOTIONAL

DAY 4: STILL HOPE FOR JOY IN SALVATION



VERSE(S) OF THE DAY:

1. Psalm 13:5
2. Psalm 34:18
3. John 8:36
4. Matthew 11:28-30

You are cherished and loved by God so very much. You are not condemned under Christ and are set free. God is so near to the brokenhearted and he is mighty to save. Our joy comes from this knowledge, our salvation. Our mourning turns into dancing when we realize He has never left our side or forsaken us. There is hope for your healing and God will order your steps according to the walk that is set before you. God is gentle and he has rest for you during this time in your life when you are ready for newness and restoration. Healing is for you, joy is for you, and in this season of rest He will strengthen you. In His Spirit is your release, freedom, joy, rest, and reconciliation. You are seated in heavenly places next to Jesus. Today I invite you to ask the Lord to show you His peace and his presence.

CLOSING PRAYER

God, help me see your Salvation on my life and feel you nearby. Thank you for sending your Son to set us free. I thank you, Lord, for turning my mourning into dancing with new mercies every day. Help me receive the care, love, attention, and hope I need. Direct my paths, Lord to places of living waters where I may walk in newness with you. In Jesus' name, Amen.

REFLECTION DEVOTIONAL

DAY 5: STILL HOPE FOR GROWTH

I AM FAVORED: GOD BLESSES YOU

VERSE(S) OF THE DAY:

1. Jeremiah 29:11
2. Ephesians 1:3
3. Ephesians 2:6
4. John 1:12
5. 1 Corinthians 2:16
6. Romans 8:12-17
7. Romans 8:12-17: Heirs with Christ

So then, brothers, we are debtors, not to the flesh, to live according to the flesh. For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are sons of God. For you did not receive the spirit of slavery to fall back into fear, but you have received the Spirit of adoption as sons, by whom we cry, "Abba! Father!" The Spirit himself bears witness with our spirit that we are children of God, and if children, then heirs, heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him. (ESV)

We are seated in heavenly places of God in Christ Jesus and through this relationship with Christ, we are always learning and obtaining a deeper understanding of who He is and who we are in Him. He has a plan and purpose for each of our lives and yes yours. God is making all things new in your life and teaching and molding you into a beautiful piece of art in his hands. When he refines us in His love and yes sometimes correction, we become more and more like Him until the reflection in the mirror looks like Jesus. You have a perfect Father in Heaven, that loves you so much he sent his only begotten Son so you could be a fellow heir to the throne of God. God has a plan for you of hope, restoration, and of well-ness. You can depend on Him to show you His heart and His love for you.

CLOSING PRAYER

God, help me rebuild at Your pace today. Stand guard over my heart and mind. When I am tired, remind me You are fighting for me. In Jesus' name, Amen.

REFLECTION DEVOTIONAL

DAY 6: STILL HOPE FOR PROVISION

I AM REBUILDING: GOD ESTABLISHES YOU

VERSE(S) OF THE DAY:

1. 2 Timothy 4:18
2. Psalm 132:15
3. 2 Peter 1:11
4. 1 Timothy 6:17
5. Genesis 16:13
6. 1 Kings 17:8-16
7. Matthew 1:5 (Rahab) - listed among Jesus's genealogy
8. Hebrews 11:31 (prostitute mentioned) may leave out??

God has proven over and over again to His people that he is Jehovah Jireh, their provider. Whether it was the five stones and superhuman strength to fight Goliath for David, the fishes and loaves to feed the 5,000, the parting of the Red Sea, a faith and family for Rahab, comfort for Hager, and even bread and oil to last during a famine for one poor widow, our God is a provider of all things. Genesis 16:13

So, she called the name of the LORD who spoke to her, "You are a God of seeing," for she said, "Truly here I have seen him who looks after me." (ESV) Even Hagar, in her distress and mistreatment from Abraham and Sarah, God saw her and comforted her. He made a great nation come from her womb and gave her provision in the desert. An opposing warning in the bible is Lot's wife who looked back on her story, wanting to go back. In her distress she wanted to go back to the place of judgement, shame, sin, and what the world has to offer, but God had a different plan for her family. A plan of rescue, recovery, and life abundant. We must heed this warning and as we are climbing the mountain away from our places of distress, we must trust the Lord and keep looking forward to the future. In our desert journey, sometimes it looks bleak, empty even, but as we continue our journey and the rain finally does come, we look down at the desert we walked through and all along seeds were planted along the way. Now that you are at a higher peak, you see a valley of flowers. You are a survivor. You have a story to tell. You are planting seeds that will grow later into beautiful blooms.

CLOSING PRAYER

God, help me see your plan and hold my heart as I heal. Thank you, Lord, for giving me provision and opening the storehouses of heaven for me. Lord, help me to see I am not lacking, that I have enough. Thank you, Lord, for seeing me. In Jesus' name, Amen

REFLECTION DEVOTIONAL

DAY 7: STILL HOPE FOR STRENGTH

I AM SUPPORTED: GOD IS MY STRONG TOWER

VERSE(S) OF THE DAY:

1. Philippians 4:17-19
2. 2 Corinthians 3:17
3. Romans 8:34
4. Isaiah 49:25
5. Isaiah 61:1-3
6. Nehemiah 4:20

REBUILDING

Today, remember this truth: rebuilding takes time, and you are not alone in it.

When God's people began restoring the broken wall, opposition came quickly. They were mocked, threatened, and discouraged. Still, they kept building one stone at a time.

Your healing matters. That is why resistance may feel close. Fear, doubt, exhaustion, or old voices may try to stop your progress. This does not mean you are weak. They often mean something sacred is being restored.

The people prayed, set guards, and kept working. They did not ignore the danger, but they did not let it define them either.

Some days, rebuilding looks small. Showing up. Breathing. Resting. Choosing safety. Each step counts. God speaks this promise to you today:

“Do not be afraid. Remember the Lord... Our God will fight for us.” Nehemiah 4:20

You are rebuilding, but God is defending you.

You are healing, but God is carrying what you cannot.

CLOSING PRAYER

God, help me rebuild at Your pace today. Stand guard over my heart and mind. When I am tired, remind me You are fighting for me. In Jesus' name, Amen.

RESOURCES:

ENGLISH STANDARD VERSION – BIBLE THESOURUS

ABOUT THIS RESOURCE

This resource was created by Treasured Vessels Foundation in partnership with Still Hope.

TREASURED VESSELS FOUNDATION MISSION

We exist to provide Christ-centered safe communities that restore survivors of sexual exploitation to achieve their true potential.

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