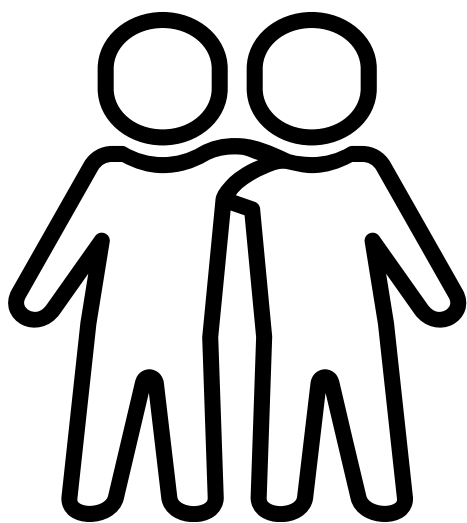


# WHAT DO YOU NEED TO KNOW ABOUT KIDNEY TRANSPLANT?

## WHAT IS A KIDNEY TRANSPLANT?

Kidney transplant is the gold standard for treatment of patients with ESKD. A kidney transplant replaces a diseased or failed kidney with a healthy one from a donor. The healthy kidney can be donated from a living or deceased donor. With a kidney transplant, a surgeon makes an incision in the lower abdomen and places the new kidney. The new kidney's artery and vein are connected to the recipient's blood vessels, and the ureter is connected to the bladder. The new kidney usually starts working within 24–48 hours, but it can take a few weeks. Kidney transplantation helps the recipient live a more normal life without the need for dialysis.

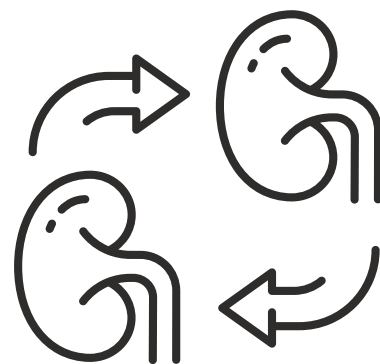


## WHAT IS A LIVING DONATION?

A living kidney donation is when a healthy person donates one of their kidneys to someone who needs a transplant. Since most people can live with just one kidney, it's possible to donate a kidney while still alive. This type of donation often comes from a family member, close friend, or even a stranger. Living donations can help people in need of a kidney transplant get one faster, rather than waiting on a list for a kidney from a deceased donor.

## HOW DO YOU GET ON THE TRANSPLANT WAITLIST?

To be added to the transplant list, first you must contact a transplant center. Then you must schedule a full health evaluation so that your transplant team can determine if you are healthy enough to undergo surgery. If the transplant team determines you are, then you will be added to the list. In order to increase your odds of receiving a match, you should consider being on the waitlist at more than one transplant center.



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