

6 STEPS OF A KIDNEY HEALTH SCREENING

Intake Form

Tell us about you and a brief health history

01

A1C Test

High blood sugar can indicate pre-diabetes or diabetes

02

Height & Weight

Being overweight increases your risk for kidney disease

03

Urine Sample & Analysis

High amounts of protein in urine may indicate kidneys are not filtering blood as they should.

04

Blood Pressure

Normal blood pressure is at or below 120/80

05

Results Evaluation

Review results, talk about your risk for kidney disease, get connected to safety net clinics, and receive resources

06