

MENU

100% GLUTEN FREE

BREAD

Our Bread is Made with Oats, Tapioca and Pumpkin Seeds. 100% Organic

Bread "Despensa" w/ 2.80€

• Butter • Cheese

Bread "Despensa" w/ 3.10€

• Almond Butter • Apricot Paste • Date Paste
• Hazelnut • Hazelnut w/ Cocoa Butter • Hazelnut w/ Cashew Butter
• Carrot Hummus (+0.30€) • Fresh Cheese (+0.30€) • Vegan "Cheese" (+0.30€)

Organic Bread "Despensa" (800g) 10.90€

CREPES, YOGURTS & EGGS

Crepe "Despensa" w/ Paste, Fruit and Topping 7.20€

• Almond Butter • Apricot Paste • Date Paste • Hazelnut
• Hazelnut w/ Cocoa Butter • Hazelnut w/ Cashew Butter • Honey
• Apple • Banana • Papaya • Kiwi • Mango
• Coconut Caramel • Honey

Protein Pancakes (Whey) 8.00€

W/ Banana, Raspberry, Hazelnut w/ Cocoa Butter, Coconut,
Maple Syrup and Almonds

Smoothie Bowl 5.90€

W/ Greek Yoghurt and Banana

Bowl w/ Greek Yogurt, Granola and Fruit 4.50€

• Cocoa Granola • Seeds Granola (We produce our Granola)

Pizzalet 7.90€

Bio Eggs, Chicken, Cheese, Spinach, Cherry Tomato, Onion, Parsley,
Oregano and Pepper

Omelet* w/ Cheese, Onion and Parsley 3.50€

BIO Scrambled Eggs* w/ Ghee 3.00€

*W/ a Slice of Bread +1.2€, Salad +2€

PASTRY

Pancake Cake

· Almond Paste Filling and Sweetened w/ Honey

3.50€

Hazelnut Brownie

· Sweeten w/ Coconut Sugar

3.20€

Almond and Salty Cacao Tartlet

· Almond Paste Filling, Sweetened w/ Honey and Cocoa Topping

3.20€

Pineapple Pie w/ Cream Cheese

· Sweeten w/ Coconut Sugar

3.10€

Matcha Deli

· Sweeten w/ Maple Syrup

3.10€

Cheesecake

· Cream and Quark Cheese Filling, Sweetened w/ Honey and Dates

3.10€

Almond Pie

· Sweeten w/ Honey and Coconut Sugar

3.10€

Carrot and Nuts Bar

· Date and Carrot Base, w/ Nuts, Seeds and Goji Berries

3.10€

Banana Bread

· Sweeten w/ Coconut Sugar

2.80€

Apple Pie

· Sweeten w/ Honey and Coconut Sugar

2.80€

Cacao Salami

· Date and Pure Cocoa Base, w/ Nuts and Goji Berries

2.80€

Muffin

· Check Available Options and Allergens

2.60€

Chia Pudding

· Chia Seeds, Vegetable Drink, Fruit and Nuts

3.70€



VEGAN



EGGS



MILK



NUTS

BRUNCH

Crepe / Salty Crepe¹ + Scrambled Eggs
w/ "Despensa" Bread Slice + Drink +
Espresso

14.00€

Choose the Paste, Fruit and Topping for your Crepe:

- Apricot Paste • Almond Butter • Hazelnut Butter • Hazelnut w/ Cocoa Butter
- Hazelnut w/ Cashew Butter • Date Paste • Honey
- Banana • Kiwi • Apple • Papaya • Mango
- Coconut Caramel • Honey

Choose your Drink:

- Juice of the Day • Orange Juice • Tea • Kombucha • Cappuccino • Homemade Iced Tea²

Bread "Despensa" w/ Guacamole,
Cherry Tomato, Olives and Vinaigrette +
Bread "Despensa" w/ Almond Butter, Banana,
Blueberries and Maple Syrup + Chia Pudding +
Vegan Sweet + Drink + Espresso ☺

16.00€

Choose your Drink:

- Juice of the Day • Orange Juice • Tea • Kombucha • Cappuccino • Homemade Iced Tea²

Brunches are fixed menus, so it is not possible to make changes

1- Salty Crepe Margherita or w/ Mozzarella

2- Subject to Availability

LUNCH

Soup of the Day 2.80€

Savoury Snack 2.50€

Meal of the Day 8.50€

Poke Bowl 11.90€

Quinoa, Protein to Choose*, Avocado, Mango, Cashewnuts,
Sprouts, Black Sesame Seeds and Coconut Amino Sauce
*Shrimp or Halloumi Cheese

Mediterranean Tapa 5.90€

2 Slices of Bread w/ Cherry Tomato, Olives
and Feta Cheese

Salty Crepes: 8.90€

Chicken and Avocado

Mixed Greens, Tomato, Chicken, Avocado, Walnuts, Lime and Vinaigrette Sauce

Mozzarella

Mixed Greens, Tomato, Fresh Mozzarella, Pumpkin seeds, and Basil Sauce.

Farm Flavors with a Hint of Mint

Mixed Greens, Roasted Vegetables, Boiled Egg, Sesame Seeds and Yogurt and Mint Sauce

Margherita

Cheese, Avocado, Tomato, Onion, Garlic, Oregano and Basil Sauce

Salads: 8.90€

Rustic

Spinach, Roasted Vegetables, Quinoa, Fresh Goat Cheese, Almonds and
Honey and Mustard Sauce

Halloumi

Spinach, Quinoa, Roasted Beetroot, Roasted Carrot, Purple Onion,
Cherry Tomato, Halloumi and Olive Oil

Summer

Mixed Greens, Watermelon, Olives, Cucumber, Cherry Tomatoes, Almonds, Marinated
Chickpeas, Feta Cheese, and Vinaigrette Sauce

Vitality w/ Chicken and Avocado

Lettuce, Spinach, Cherry Tomatoes, Chicken, Avocado, Fermented Kale, Goji,
Fried Egg and Vinaigrette Sauce



We can make your Salad with Vegan Cheese

DRINKS

Juice of the day (33cl) 3.00€

Orange Juice (25cl) 2.70€

Still Water (50cl) 1.40€

Sparkling Water (25cl) 1.40€

Kombucha (25cl) 3.00€

Kombucha Slightly Acidic and Has Very Light Sparkling Notes

Milkshakes (40cl): 4.50€

Summer

Oat Drink, Strawberry, Guava, Lime, and Mint

Detox

Spinach, Banana, Mango, Lemon, Ginger and Ceylon Cinnamon

Protein - Hemp

Almond Milk, Hemp Protein, Banana, Almond Butter, Date and Ceylon Cinnamon

Protein - Whey

Lactose Free Milk, Natural Whey, Banana, Oats and Hazelnut Butter

Almond Milk is Homemade

CAFETARIA

Espresso	1.00€
Bio Espresso	1.10€
Garoto (Espresso w/ a dash of Milk)	1.10€
Double Espresso	1.80€
American Coffee	1.50€
Chicory Natural Coffee Substitute	1.90€
Coffee "Despensa" w/ · Bio Coconut Oil · Ghee · Bio Coconut Oil and Ghee +0,20€	1.90€
Cappuccino*	2.80€
Mocha Latte* Lactose-Free Milk, Coffee and Cacao	2.90€
Matcha Latte Oat Milk, Matcha and Cinnamon	3.50€
Caramelo Matcha Latte Oat Milk, Matcha and Coconut Caramel	3,50€
Salty Caramel Latte Almond Milk, Coffee, Coconut Caramel and Himalayan Salt	3.50€
Almond Chai Almond Milk, Chai, Honey and Spices	3.50€
Golden Milk Almond Milk, Honey, Fresh Ginger, Turmeric and other Spices	3.50€

*W/ Almond, Coconut or Oat Milk +0.60€

TEAS AND INFUSIONS

Tea

2.80€

- For 1
- For 2 +1.80€

Melissa

Chamomile

Gorreana Hysson Green Tea

Green Tea w/ Jasmine Flowers

Green Tea w/ Goji Berries and Açai

Green Tea, Hibiscus, Rosehips, Apple Pieces, Aronia Berries, Goji Berries, Raspberry Pieces, Pomegranate Flowers and Natural Açai Flavors

1001 Nights

Black Tea, Green Tea, Mango Pieces, Marigold Flowers, Saffower, Blue Cornflower Petals and Natural Vanilla Aroma

Rooibos Orange and Lemon

Rooibos Tea, Orange Peels, Lemongrass and Natural Aromas of Orange and Lemon

Apple Cinnamon Fruit Tea

Apple, Hibiscus, Orange Peels, Cinnamon Pieces, Chrysanthemums with Natural Aromas of Apple and Cinnamon

Exotic Fruits

Apple Pieces, Hibiscus, Cinnamon Pieces, Papaya Pieces, Pineapple Pieces, Melon Pieces, Date Pieces, Apple Crunch with Spirulina, Mallow Flowers, Blue Cornflower Petals, and Natural Peach, Melon, and Vanilla Flavors



Contains Theine

Add 0.20€ for each Additional Cup