

MENU

100% GLUTEN FREE

BREAD

Our Bread is Made with gluten free Oats, Tapioca and Pumpkin Seeds. 100% Organic

Bread "Despensa" w/ 2.90€

• Butter • Cheese

Bread "Despensa" w/ 3.20€

• Almond Butter • Apricot Paste • Date Paste
• Hazelnut • Hazelnut w/ Cocoa Butter • Hazelnut w/ Cashew Butter
• Hummus (+0.30€) • Fresh Cheese (+0.30€) • Vegan "Cheese" (+0.30€)

Organic Bread "Despensa" (800g) 10.90€

CREPES, YOGURTS & EGGS

Crepe "Despensa" w/ Paste, Fruit and Topping 7.70€

• Almond Butter • Apricot Paste • Date Paste • Hazelnut
• Hazelnut w/ Cocoa Butter • Hazelnut w/ Cashew Butter • Honey
• Apple • Banana • Papaya • Kiwi • Mango
• Coconut Caramel • Honey

Protein Pancakes (Whey) 8.50€

W/ Banana, Raspberry, Hazelnut w/ Cocoa Butter, Coconut,
Maple Syrup and Almonds

Smoothie Bowl 6.40€

W/ Greek Yoghurt and Banana

Bowl w/ Greek Yogurt, Granola and Fruit 5.00€

• Cocoa Granola • Seeds Granola (Our granola is homemade)

Pizzalet (Baked Egg Dish) 8.50€

Bio Eggs, Chicken, Cheese, Spinach, Cherry Tomato, Onion, Parsley,
Oregano and Pepper

Omelet* w/ Cheese, Onion and Parsley 4.00€

BIO Scrambled Eggs* w/ Ghee 3.50€

*W/ a Slice of Bread +1.2€, Salad +2€

PASTRY

Pancake Cake

· Almond Paste Filling and Sweetened w/ Honey



3.80€

Hazelnut Brownie

· Sweetened w/ Coconut Sugar



3.40€

Almond and Salty Cacao Tartlet

· Almond Paste Filling, Sweetened w/ Honey and Cocoa Topping



3.50€

Orange Pie

· Sweetened w/ Coconut Sugar



3.30€

Almond Pie

· Sweetened w/ Honey and Coconut Sugar



3.30€

Carrot and Nuts Bar

· Date and Carrot Base, w/ Nuts, Seeds and Goji Berries



3.20€

Banana Bread

· Sweetened w/ Coconut Sugar



3.40€

Apple Pie

· Sweetened w/ Honey and Coconut Sugar



3.00€

Cacao Salami

· Date and Pure Cocoa Base, w/ Nuts and Goji Berries



3.00€

Cupcake

· Check Available Options and Allergens



3.50€

Chia Pudding

· Chia Seeds, Vegetable Drink, Fruit and Nuts

3.70€

ALLERGENS



VEGAN



EGGS



MILK



NUTS

BRUNCH

Crepe / Salty Crepe¹ + Scrambled Eggs
w/ "Despensa" Bread Slice + Drink +
Espresso

15.00€

Choose the Paste, Fruit and Topping for your Crepe:

- Apricot Paste • Almond Butter • Hazelnut Butter • Hazelnut w/ Cocoa Butter
- Hazelnut w/ Cashew Butter • Date Paste • Honey
- Banana • Kiwi • Apple • Papaya • Mango
- Coconut Caramel • Honey

Choose your Drink:

- Juice of the Day • Orange Juice • Tea • Kombucha • Cappuccino • Homemade Iced Tea²

Bread "Despensa" w/ Hummus,
Cherry Tomato, Olives and Vinaigrette +
Bread "Despensa" w/ Almond Butter, Banana,
Blueberries and Maple Syrup + Chia Pudding +
Vegan Sweet + Drink + Espresso ☺

17.00€

Choose your Drink:

- Juice of the Day • Orange Juice • Tea • Kombucha • Cappuccino • Homemade Iced Tea²

Brunches are fixed menus, so it is not possible to make changes

1- Salty Crepe Margherita or w/ Mozzarella
2- Subject to Availability

LUNCH

Soup of the Day 3.00€

Savoury Snack 2.70€

Meal of the Day 9.50€

Poke Bowl 12.90€

Quinoa, Protein to Choose*, Avocado, Mango, Cashews,
Sprouts, Black Sesame Seeds and Coconut Amino Sauce
*Shrimp or Halloumi Cheese

Mediterranean Tapa 6.50€

2 Slices of Bread w/ Cherry Tomato, Olives
and Feta Cheese

Savory Crepes: 9.90€

Chicken and Avocado

Mixed Greens, Tomato, Chicken, Avocado, Walnuts, Lime and Vinaigrette Sauce

Mozzarella

Mixed Greens, Tomato, Fresh Mozzarella, Pumpkin seeds, and Basil Sauce.

Farm Flavors with a Hint of Mint

Mixed Greens, Roasted Vegetables, Boiled Egg, Sesame Seeds and Yogurt and Mint Sauce

Vegetarian

Mixed Greens, Carrot, Red Onion, Mini Quinoa "Meatballs" (Sweet Potato, Quinoa,
Flaxseed, Coriander, Curry, Garlic and Sesame Seeds) and Mango Vinaigrette Sauce

Salads: 9.90€

Rustic

Spinach, Roasted Vegetables, Quinoa, Fresh Goat Cheese, Almonds and
Honey and Mustard Sauce

Halloumi

Spinach, Quinoa, Roasted Beetroot, Roasted Carrot, Purple Onion,
Cherry Tomato, Halloumi and Olive Oil

Grilled Chicken

Mixed Greens, Spinach, Cherry Tomatoes, Cucumber, Avocado, Red Onion, Chicken, Bell
Peppers and Yogurt Dressing



We can make your Salad with Vegan Cheese

DRINKS

Juice of the day (33cl) 3.20€

Orange Juice (25cl) 2.90€

Still Water (50cl) 1.60€

Sparkling Water (25cl) 1.60€

Kombucha (25cl) 3.50€

Kombucha Slightly Acidic and Has Very Light Sparkling Notes

Milkshakes (40cl):

Summer 4.50€

Oat Drink, Strawberry, Guava, Lime, and Mint

Detox 4.50€

Spinach, Banana, Mango, Lemon, Ginger and Ceylon Cinnamon

Protein - Hemp 5.00€

Almond Milk, Hemp Protein, Banana, Almond Butter, Date and Ceylon Cinnamon

Protein - Whey 5.00€

Lactose Free Milk, Natural Whey, Banana, Oats and Hazelnut Butter

Almond Milk is Homemade

VAT included at the current rate

CAFETARIA

Espresso 1.00€

Garoto (Espresso w/ a dash of Milk) 1.10€

Double Espresso 1.80€

American Coffee 1.50€

Chicory 1.90€

Natural Coffee Substitute

Coffee "Despensa" w/ 1.90€

· Bio Coconut Oil · Ghee

· Bio Coconut Oil and Ghee +0,20€

Cappuccino* 3.00€

Mocha Latte* 3.20€

Lactose-Free Milk, Coffee and Cacao

Cacao and Hazelnut Latte 4.00€

Oat Milk with Cacao and Hazelnut Paste

Matcha Latte 4.00€

Oat Milk, Matcha and Cinnamon

Salty Caramel Latte 4.00€

Almond Milk, Coffee, Coconut Caramel and Himalayan Salt

Almond Chai 4.00€

Almond Milk, Chai, Honey and Spices

Golden Milk 4.00€

Almond Milk, Honey, Fresh Ginger, Turmeric and other Spices

*W/ Almond, Coconut or Oat Milk +0.60€

TEAS AND INFUSIONS

Tea

3.00€

- For 1
- For 2 +2.00€

Melissa

Chamomile

Gorreana Hysson Green Tea

Green Tea w/ Jasmine Flowers

Green Tea w/ Goji Berries and Açai

Green Tea, Hibiscus, Rosehips, Apple Pieces, Aronia Berries, Goji Berries, Raspberry Pieces, Pomegranate Flowers and Natural Açai Flavors

1001 Nights

Black Tea, Green Tea, Mango Pieces, Marigold Flowers, Saffower, Blue Cornflower Petals and Natural Vanilla Aroma

Rooibos Almond and Cinnamon

Rooibos, Apple Pieces, Hibiscus, Rosehip, Almond Pieces, Cinnamon, Natural Lemon Flavor

Apple Cinnamon Fruit Tea

Apple, Hibiscus, Orange Peels, Cinnamon Pieces, Chrysanthemums with Natural Aromas of Apple and Cinnamon

Ayurveda

Cinnamon, Ginger, Pink Peppercorn, Cloves and Cardamom



Contains caffeine

Add 0.20€ for each Additional Cup