

FLAG FOOTBALL 2025



CHAPPAPEELA SPORTS PARK
PRESENTATION

WELCOME AND THANK YOU!

THANK YOU FOR COACHING!

336 ATHLETES

32 TEAMS

4 AGE DIVISIONS



WHY ARE YOU HERE???



ONE TEAM. ONE MISSION. ALL FOR THE KIDS.



ONE TEAM CULTURE

YOUR SUCCESS = ALL OF OUR SUCCESS

- RESPECT AND SUPPORT ONE ANOTHER
WE'RE ALL CSP COACHES.
- SHARE IDEAS, GAME STRATEGIES,
DRILLS.
- HELP OPPOSING PLAYERS UP.
- HELP ANOTHER TEAM WHEN NEEDED.



"IRON SHARPENS IRON"



THE MISSION...

The game is about the kids...

- *The structure and teaching increases as the ages increase, but our mission is about creating an environment for youth players to participate in flag football and enjoy the game.*

FUN & SAFETY!!

50% mandatory play rule for recreation sport-ALL SEASON LONG!

As coaches, you are role models to these youth athletes.



COACHES EXPECTATIONS & CONDUCT

- Lead by example: wear CSP coach shirt; no profanity or negative behavior
- Encourage good sportsmanship from players and parents
- No yelling at referees or opposing teams
- Report inappropriate behavior to CSP staff immediately
- All fans must remain behind the boundary lines

Disciplinary Notes:

- 2 unsportsmanlike conduct penalties = ejection
- Repeated coach or parent violations may result in suspension




COMMUNICATIONS

Any questions, contact Randy Nelson (Randy@playcsp.com)

Background Checks- NEW!!!

- 1- Email invitation
- 2- Create/activate account
- 3- Complete assigned tasks

User ^	Role	Status	
 Samantha Carson samantha@playcsp.com	Admin	None assigned ⌚	⋮

Emails, Remind App and PowerUp emailer

Remind App code: Text **@cspffb25** to 81010

Coaches are responsible for communicating with their team.

Introduce yourself, team name and practice time

Reach out by Friday, August 29th



Hello,

Hammond Area Recreation District #1 has invited you to complete your profile and requirements with Ankored

Ankored is the compliance platform that Hammond Area Recreation District #1 uses to manage your individual requirements you need to complete in order to participate.

All required waivers, forms, documents (and more!) will be collected directly through your Ankored profile and must be completed in a timely manner for you to participate.

Activate your account and get started!

[Activate account](#)

Thanks,

The Ankored Team



SCHEDULE AND KEYDATES

REGULAR SEASON

SEPTEMBER 9TH - Practices begin

SEPTEMBER 23RD - Scrimmage night

SEPTEMBER 25TH - Games Begin

SEPTEMBER 30TH - MillerFoto team pictures

OCTOBER 28TH - Last regular season game/
Fun night (4-5)

PLAYOFFS

OCTOBER 30TH - NOVEMBER 6TH

Nov. 13th - CHAMPIONSHIP NIGHT

Nov. 18TH - ALL-STAR NIGHT

PLAYER OF THE WEEK:

- 1 nomination per team each week
- 1-2 athletes per age division will be selected by CSP Staff



RULES AND MORE...

If you have any questions regarding rules, contact
Randy@playcsp.com

Game Play Overview:

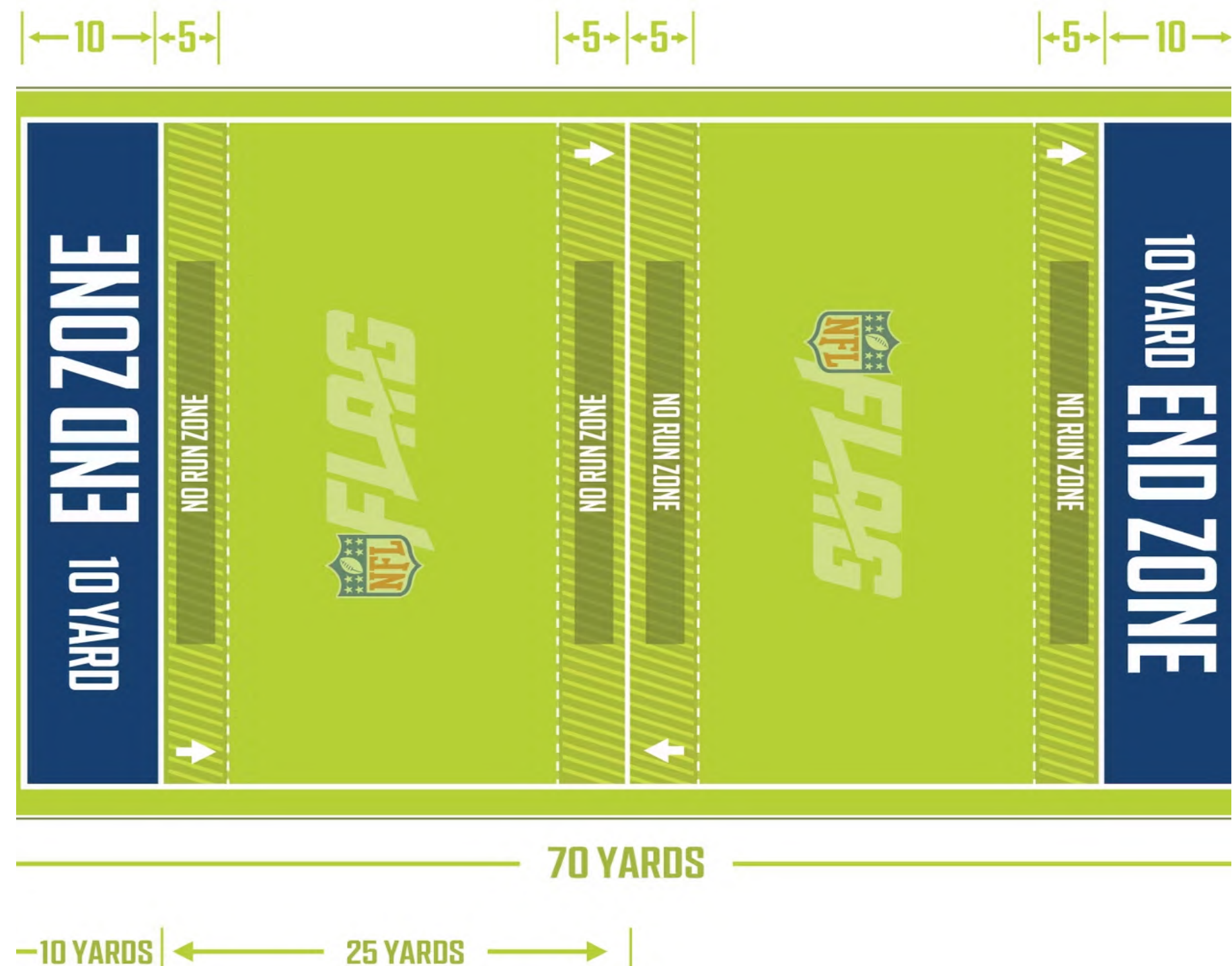
- 50-minute games (2 x 25 min halves)
- 4 downs to midfield, then 4 downs to score
- Interceptions are live (except on conversions)
- No fumbles: ball is dead where feet were

Peewee division

- (4-5): No run zones do not apply; all plays allowed

No-Run Zones: (6U and up)

- 5 yards before midfield and end zone
- Only forward pass plays allowed
- Handoffs in NRZ must lead to a forward pass.



General Gameplay Rules

If you have any questions regarding rules, contact

Randy@playcsp.com

- 7-SEC PASS CLOCK FOR QB
- 1 RUSHER (10 YARDS OFF LOS)
- FLAG GUARDING = SPOT FOUL (10 YDS & LOSS OF DOWN)
- NO DIVING, JUMPING, OR FLAG OBSTRUCTION
- ONLY 1 COACH ON FIELD (6U+); MUST EXIT BEFORE SNAP
- ALL PLAYERS MUST PLAY AT LEAST 50%
- 4-5: 6 PLAYERS ON FIELD (INCL. CENTER)
- 6-11: 7 PLAYERS ON FIELD (INCL. CENTER)



DIVISIONS AND PLAYER REQUESTS

COACHING GUIDELINES

- Coaches must follow **NFL FLAG** philosophies, guidelines, and code of conduct.
- On-field coaching is allowed according to division rules.
- All coaches must exit the field **before the snap**.
- Sideline coaches must remain on their **assigned side**.

COACH LIMITS BY DIVISION

- **4/5 Division** – 4 coaches total (max 2 on field, 2 on sideline)
- **6 Division** – 3 coaches total (max 1 on field, 2 on sideline)
- **7/8 & 9/11 Divisions** – 3 coaches total (max 1 on field, 2 on sideline)

REQUEST POLICY

- Requests include **friend and coach requests**. (5MAX excluding 4-5 division)
- Designed to balance honoring requests with **fair and even team rosters**.



PRACTICE/GAME DAY PROTOCOL

RANDY NELSON –PROGRAMS SPECIALIST

***FLAG FOOTBALL LEAD**

RYAN DAWSEY – PROGRAMS SPECIALIST

***FLAG FOOTBALL ASSISTANT**

SAM CARSON – PROGRAMS DIRECTOR

CSP tent at concessions is the hub for issues

**CSP TENT WILL BE SET UP RIGHT NEXT TO
CONCESSION STAND. "RED DOT ON MAP"**

PRACTICE EQUIPMENT:

Equipment will be given out at practice

GAME DAY:

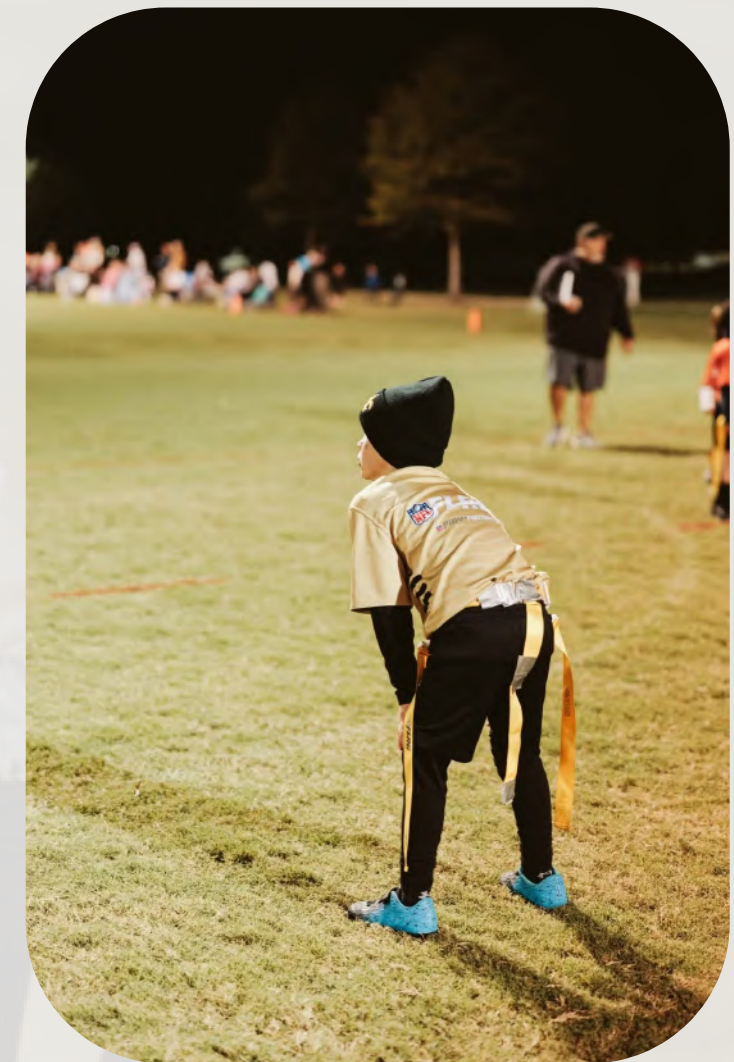
Arrive early: inspect flags/uniforms

Coin flip at start; offense begins at 5-yard line



GAME DAY UNIFORM REQUIREMENT

- Tennis shoes or cleats only – no metal cleats
- Mouthguard required at all times
- Shirts must stay tucked in
- Shorts/pants must have no pockets
- Flags cannot match short color
- Flag belts must have 2 flags attached
- Coaches must tell families what color shorts to buy



TEAM JERSEYS 2025

CINCINNATI BENGALS



SEATTLE SEAHAWKS



NEW ORLEANS SAINTS



PHILADELPHIA EAGLES



BALTIMORE RAVENS



NEW ENGLAND PATRIOTS



JACKSONVILLE JAGUARS



INDIANAPOLIS COLTS



BUFFALO BILLS



MIAMI DOLPHINS



CAROLINA PANTHERS



LAS VEGAS RAIDERS



PITTSBURGH STEELERS



SPIRIT STORE-AKA BIG CARTEL

2025 FLAG FOOTBALL SPIRIT SHIRTS

Head Coaches:

Will receive their coach shirt and team jersey bags.

Assistant Coaches:

- Must email Randy@playcsp.com to request an assistant coach shirt.
- Cost: \$15 (pay after background check approval)
- Request deadline: Sept. 10
- Orders placed only after background check clears
- Purchase links will be emailed to parents



Any questions regarding our spirit store
lara@playcsp.com



RESOURCES

Visit our coaches resources page on our website
www.playcsp.com

- Practice plans
- Rules
- Timelines
- Schedule
- How to use PowerUp
- How to Coach Kids resources

On Field resources

- Wear CSP coaches shirt
 - Assistant Coaches shirts \$15-request deadline: September 9th
 - Must have cleared background check prior
- Equipment will be given out at practice
- End of the Season Coaches' meal provided by Buddies



WHAT'S TO COME?

Meeting Recap email: Practice schedule & Rosters active for coaches.

Spirit Store email: Store opening

Contact Team members: Deadline Friday, August 29th

Game Schedule: Created in a couple weeks & shared on PowerUp



THANK YOU!





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